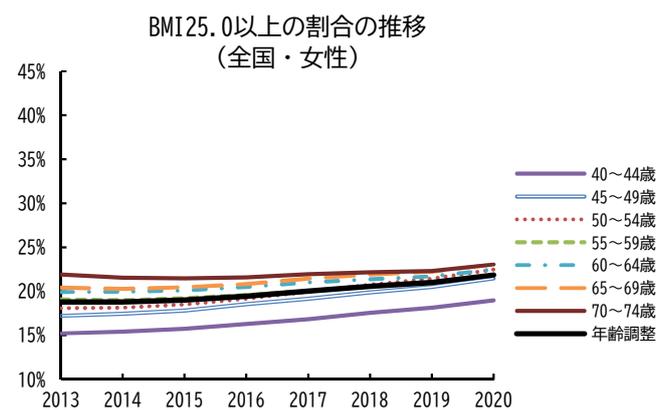
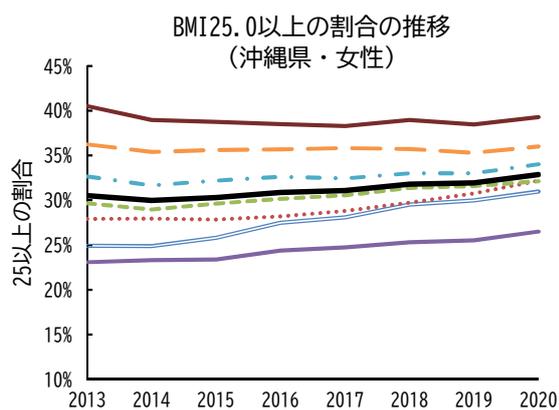
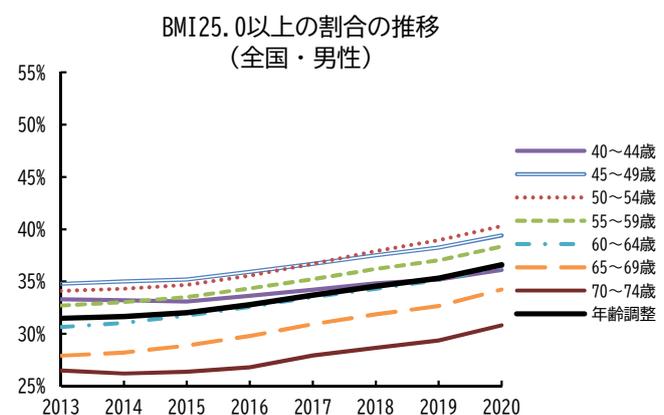
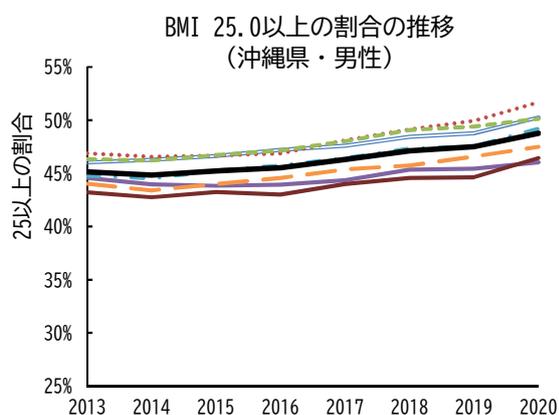
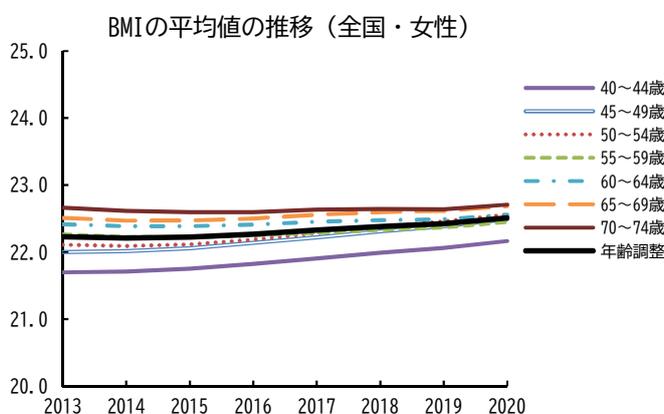
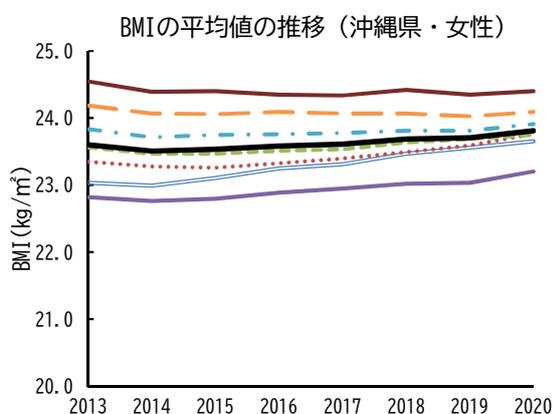
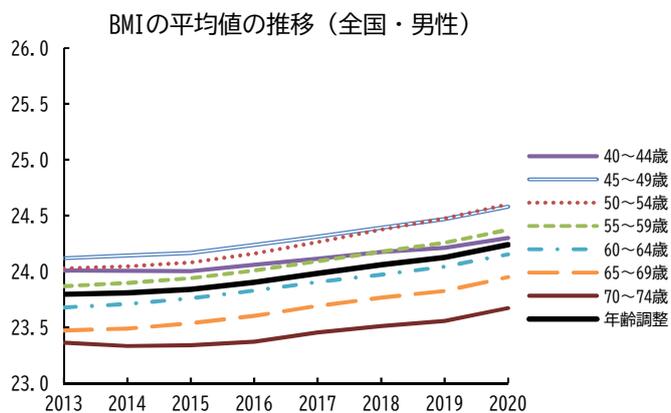
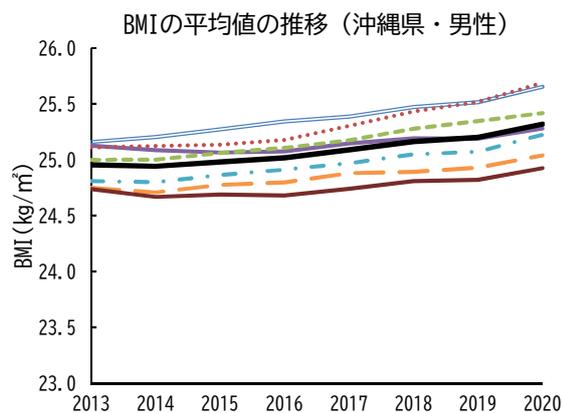
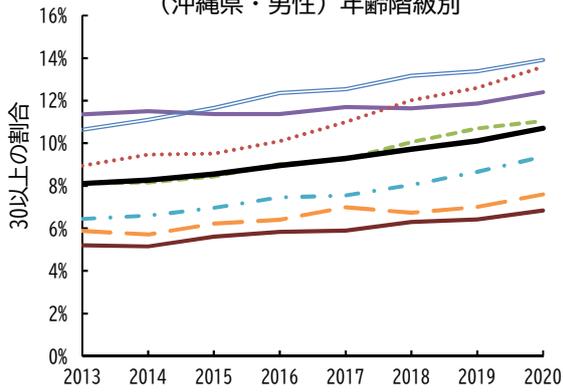


6 資料 (年齢階級別 経年推移)

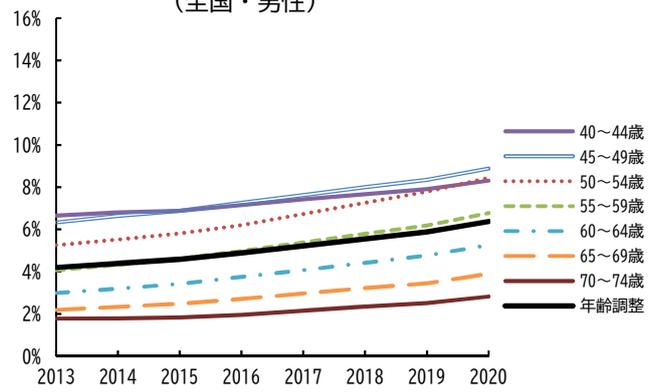
BMI



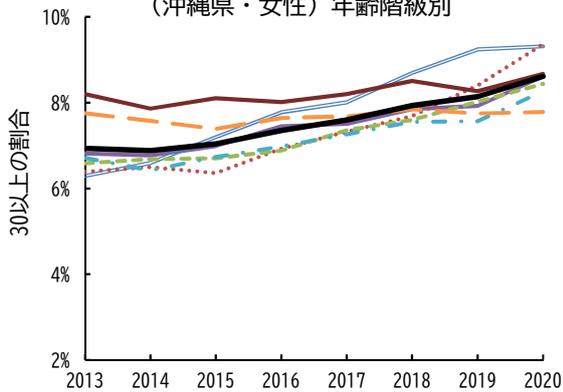
BMI30.0以上の割合の推移
(沖縄県・男性) 年齢階級別



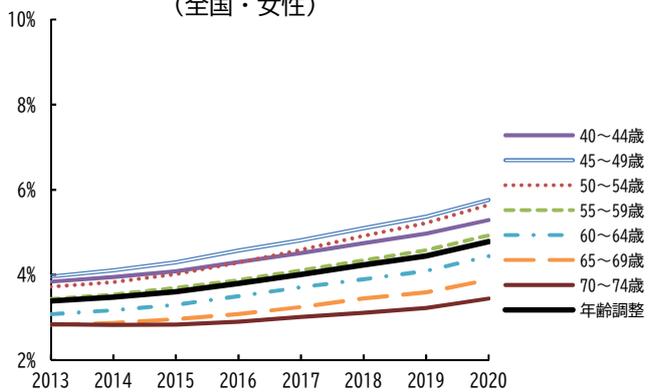
BMI30.0以上の割合の推移
(全国・男性)



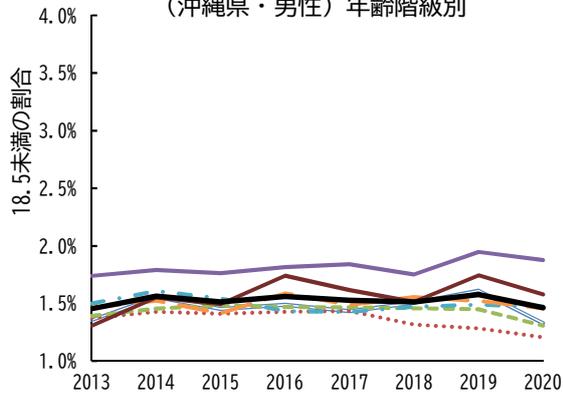
BMI30.0以上の割合の推移
(沖縄県・女性) 年齢階級別



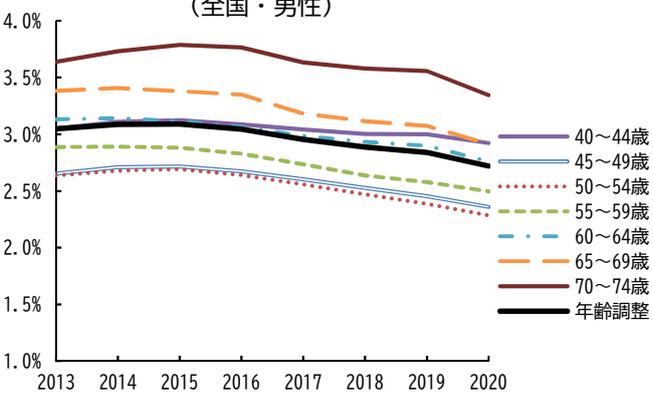
BMI30.0以上の割合の推移
(全国・女性)



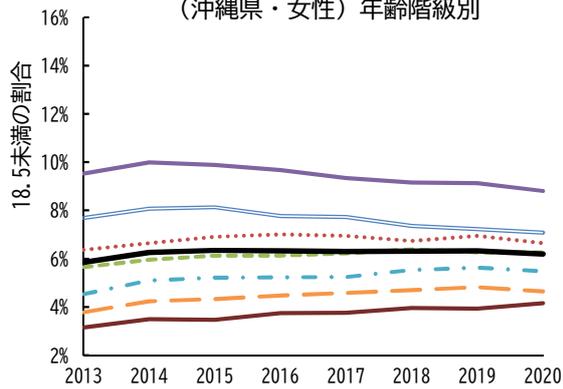
BMI18.5未満の割合の推移
(沖縄県・男性) 年齢階級別



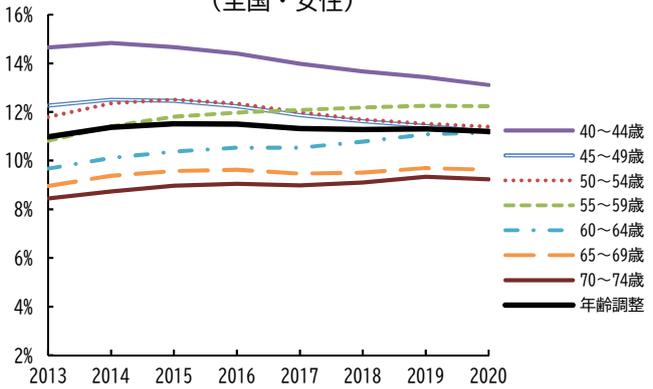
BMI18.5未満の割合の推移
(全国・男性)



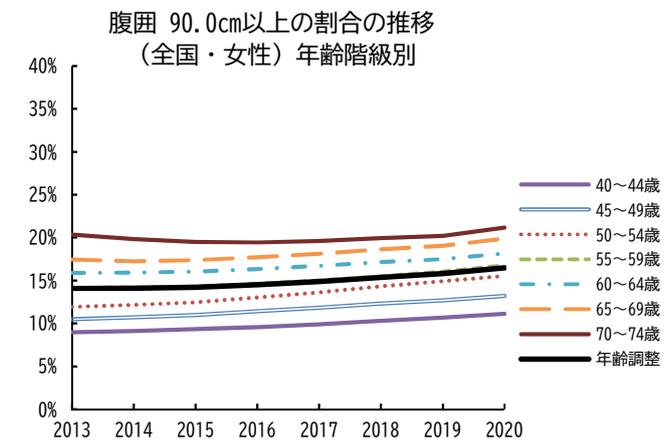
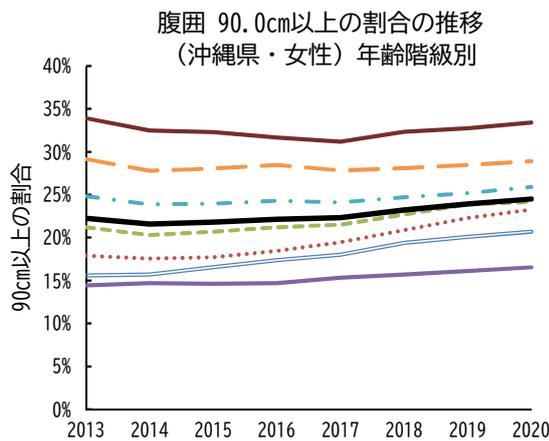
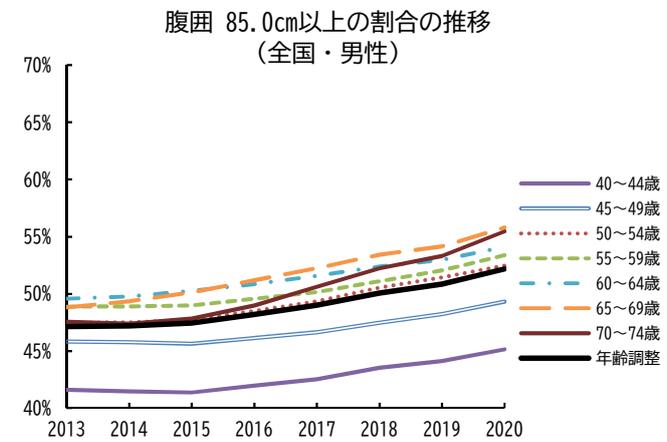
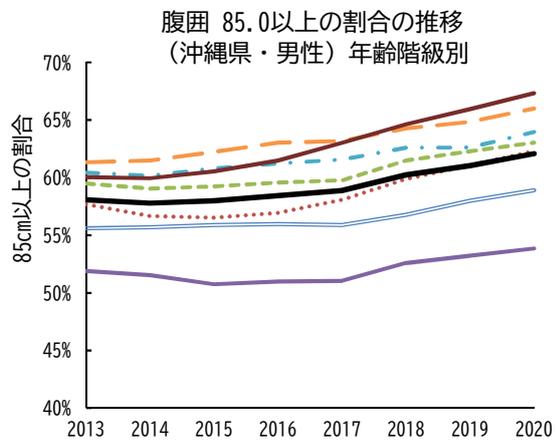
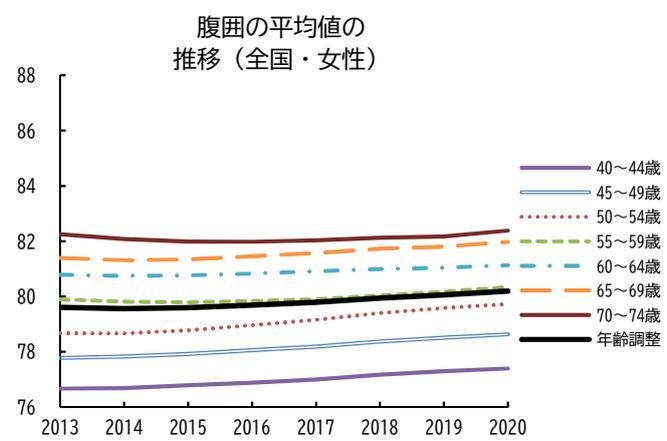
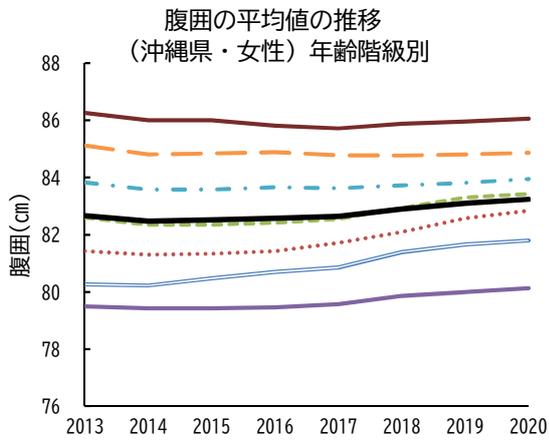
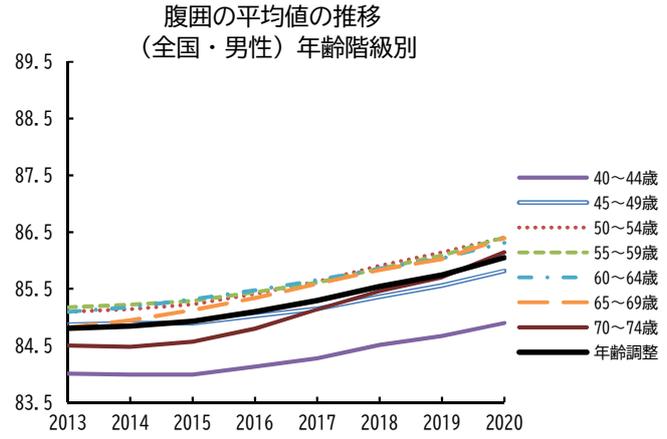
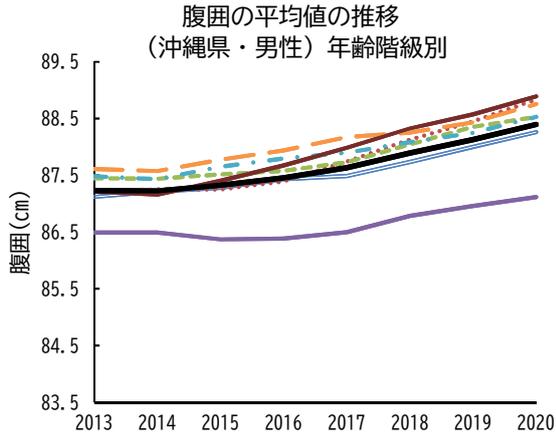
BMI18.5未満の割合の推移
(沖縄県・女性) 年齢階級別



BMI18.5未満の割合の推移
(全国・女性)

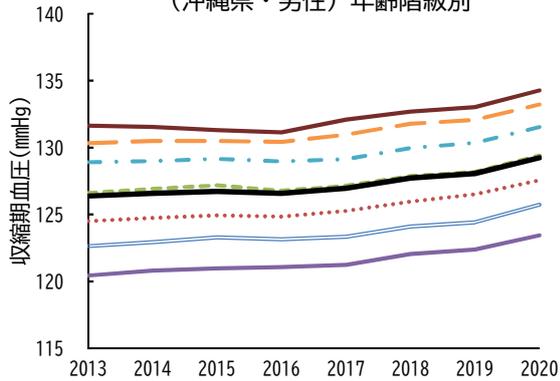


腹囲

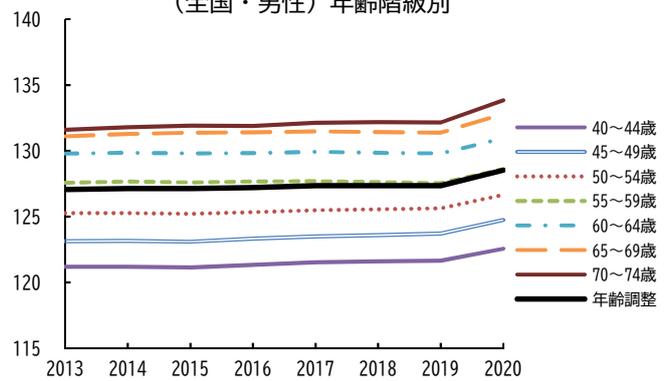


収縮期血圧

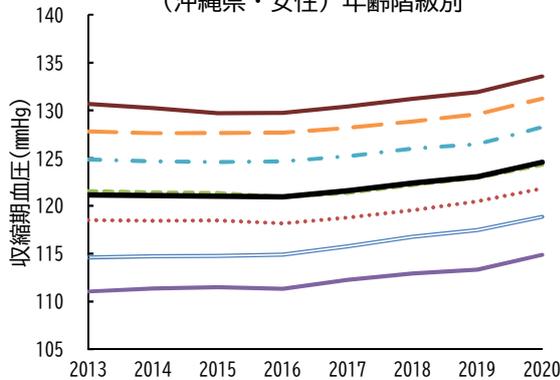
収縮期血圧の平均値の推移
(沖縄県・男性) 年齢階級別



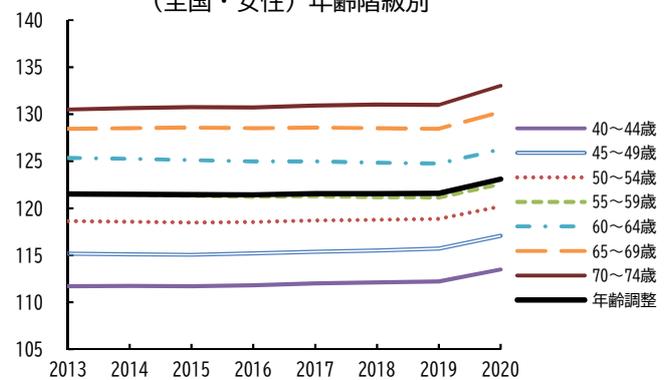
収縮期血圧の平均値の推移
(全国・男性) 年齢階級別



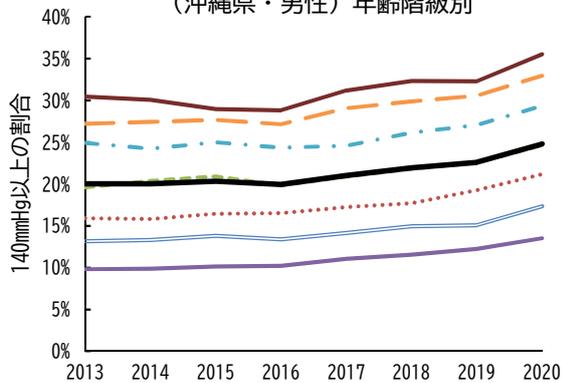
収縮期血圧の平均値の推移
(沖縄県・女性) 年齢階級別



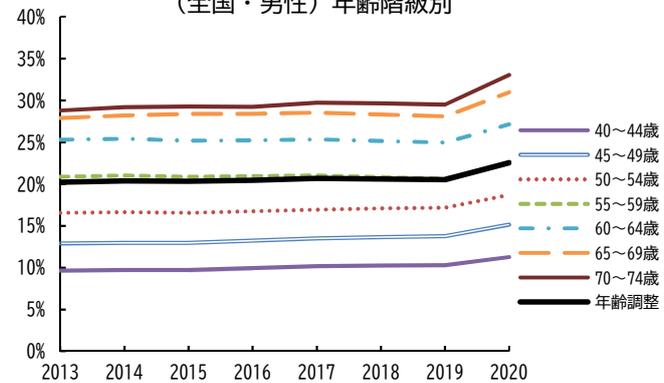
収縮期血圧の平均値の推移
(全国・女性) 年齢階級別



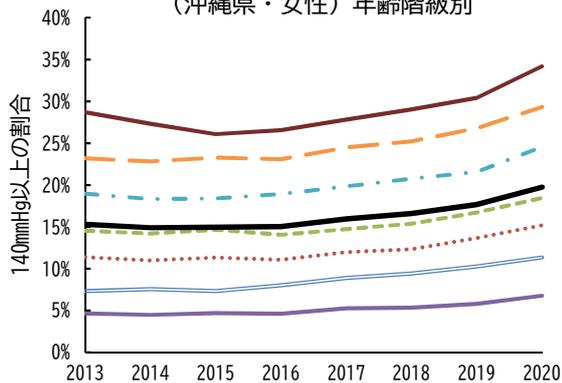
収縮期血圧140mmHg以上の割合の推移
(沖縄県・男性) 年齢階級別



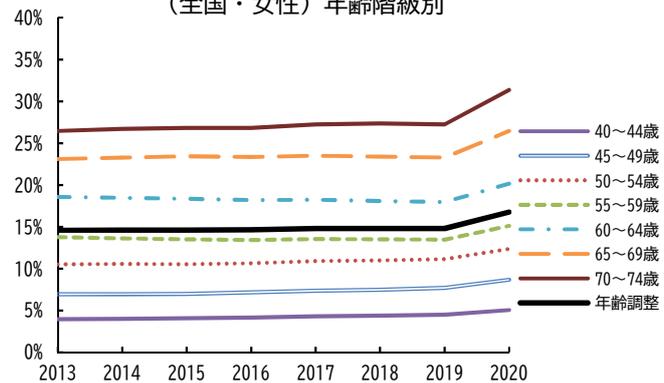
収縮期血圧 140mmHg以上の割合の推移
(全国・男性) 年齢階級別

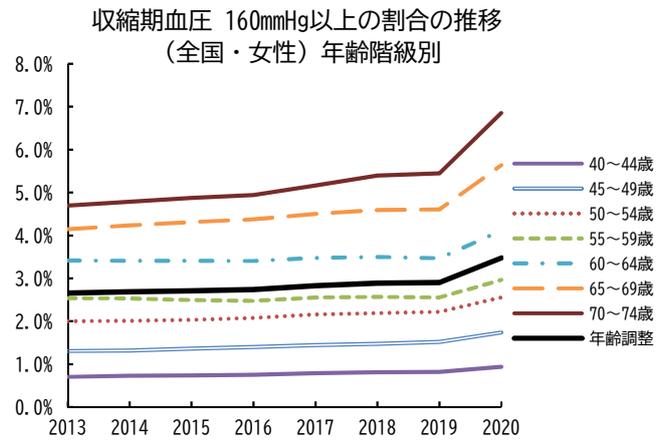
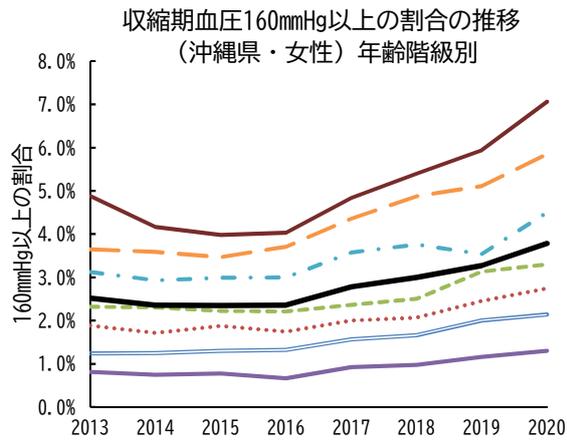
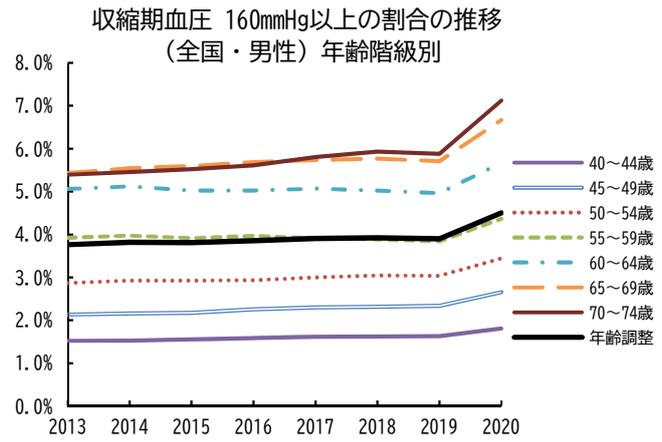
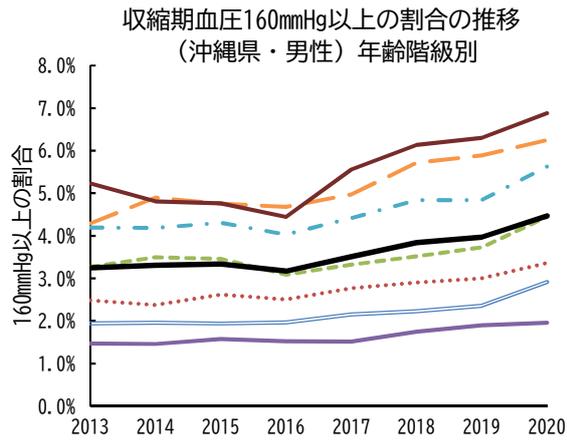


収縮期血圧140mmHg以上の割合の推移
(沖縄県・女性) 年齢階級別



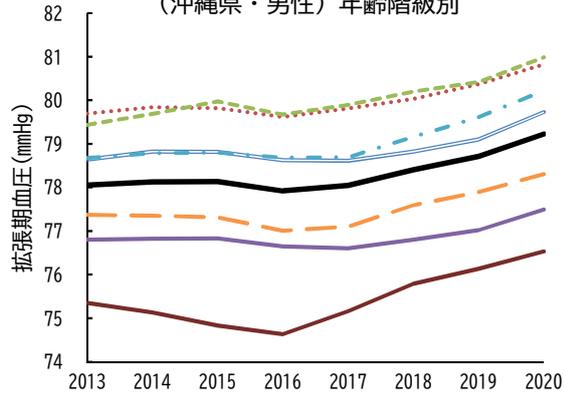
収縮期血圧 140mmHg以上の割合の推移
(全国・女性) 年齢階級別



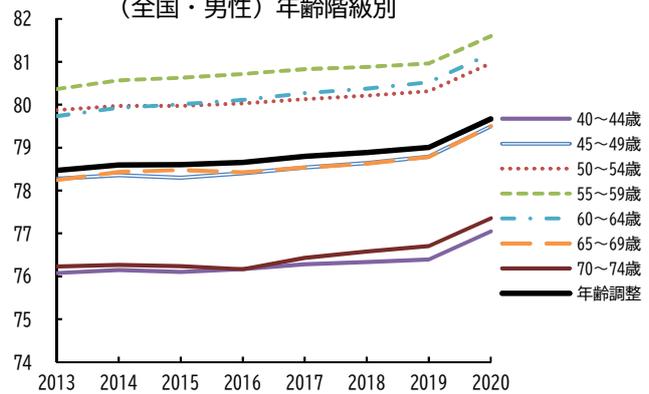


拡張期血圧

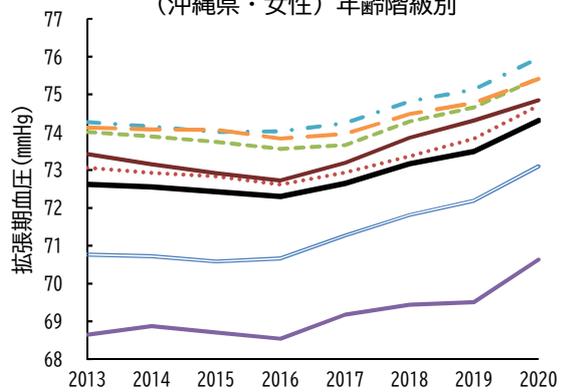
拡張期血圧 の平均値の推移
(沖縄県・男性) 年齢階級別



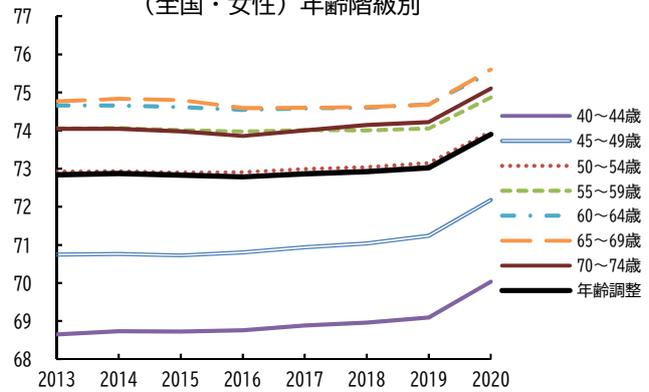
拡張期血圧 の平均値の推移
(全国・男性) 年齢階級別



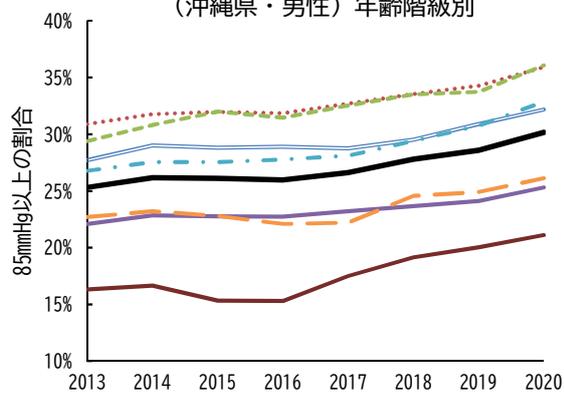
拡張期血圧 の平均値の推移
(沖縄県・女性) 年齢階級別



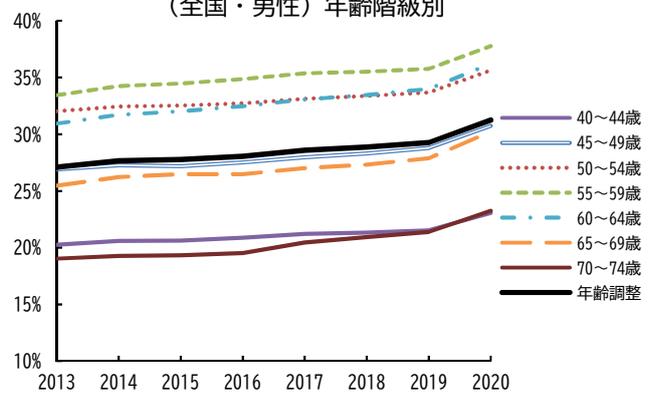
拡張期血圧 の平均値の推移
(全国・女性) 年齢階級別



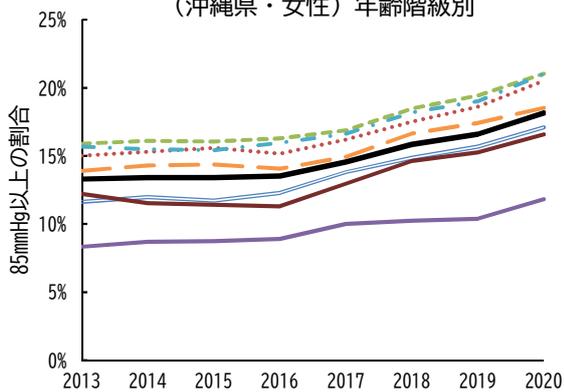
拡張期血圧 85mmHg以上の割合の推移
(沖縄県・男性) 年齢階級別



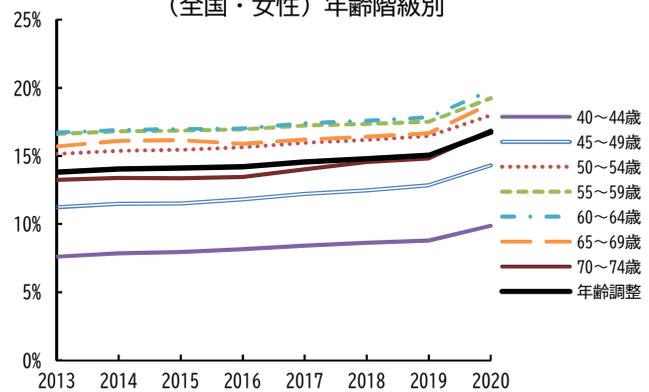
拡張期血圧 85mmHg以上の割合の推移
(全国・男性) 年齢階級別



拡張期血圧 85mmHg以上の割合の推移
(沖縄県・女性) 年齢階級別

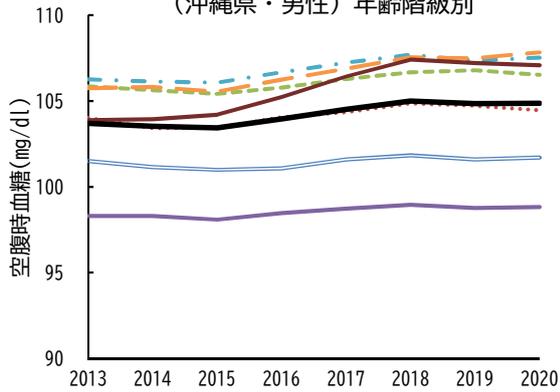


拡張期血圧 85mmHg以上の割合の推移
(全国・女性) 年齢階級別

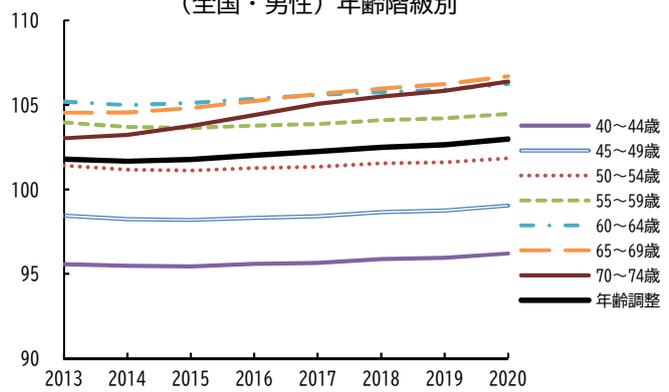


空腹時血糖

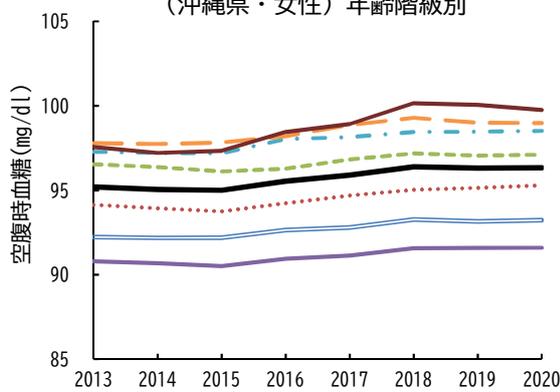
空腹時血糖の平均値の推移
(沖縄県・男性) 年齢階級別



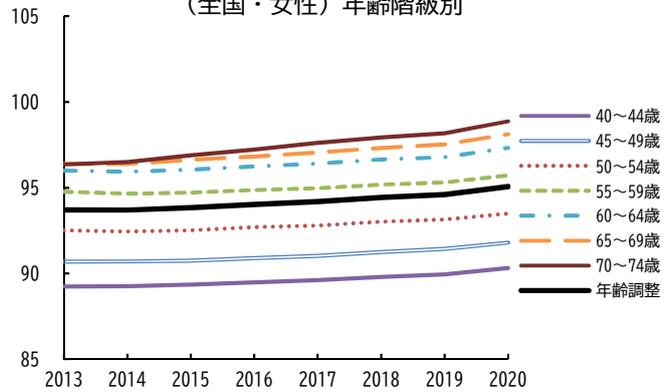
空腹時血糖の平均値の推移
(全国・男性) 年齢階級別



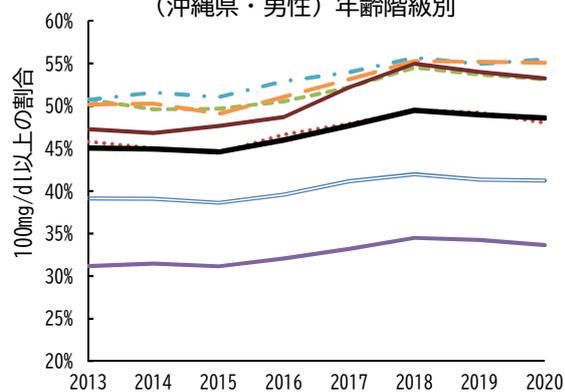
空腹時血糖の平均値の推移
(沖縄県・女性) 年齢階級別



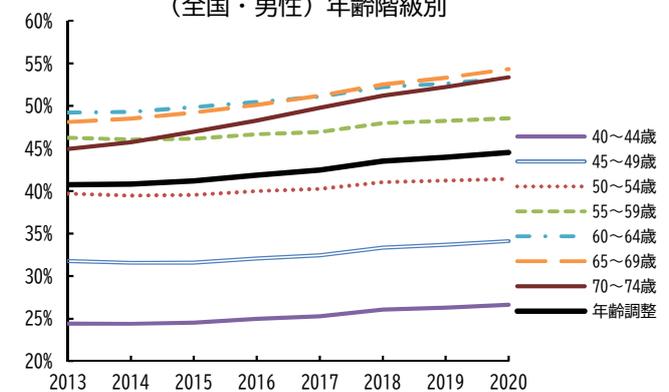
空腹時血糖の平均値の推移
(全国・女性) 年齢階級別



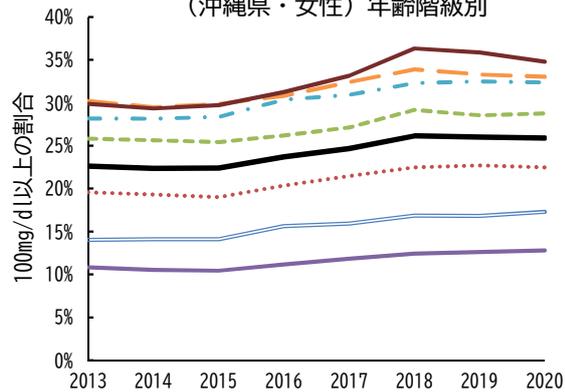
空腹時血糖 100mg/dl以上の割合の推移
(沖縄県・男性) 年齢階級別



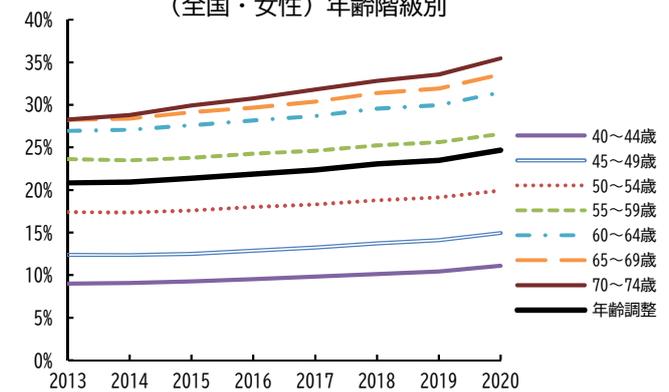
空腹時血糖 100mg/dl以上の割合の推移
(全国・男性) 年齢階級別

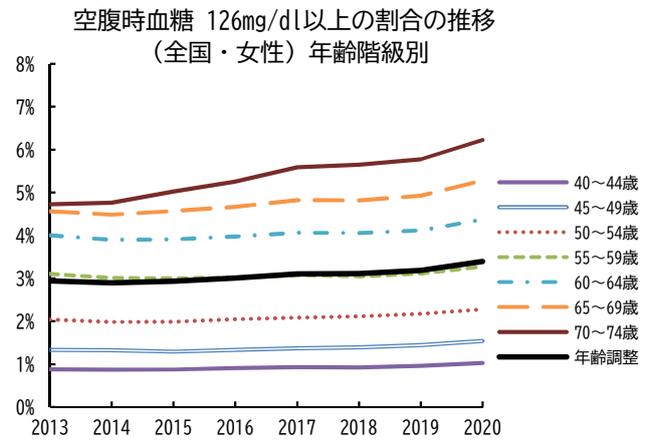
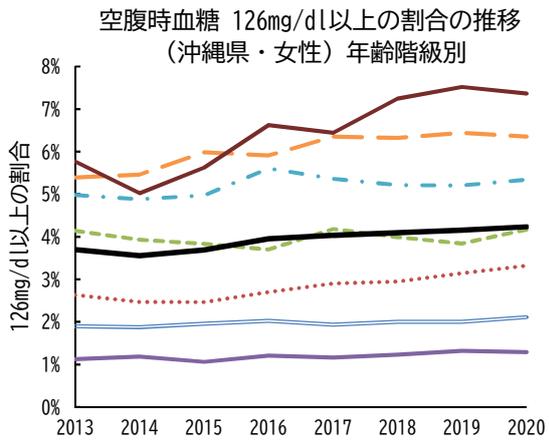
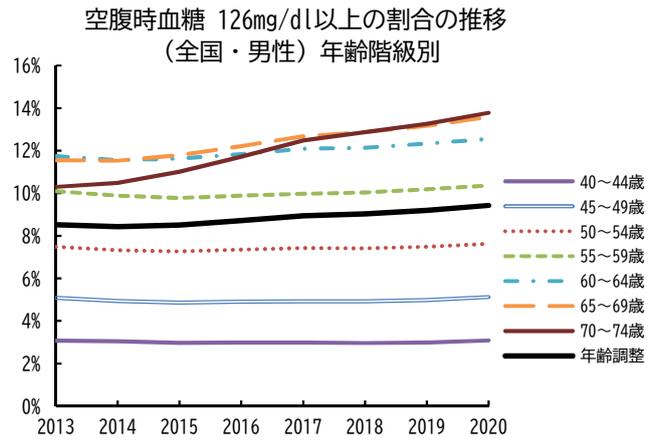
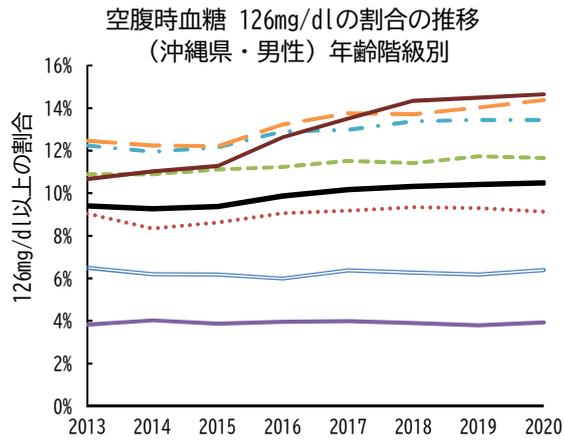


空腹時血糖 100mg/dl以上の割合の推移
(沖縄県・女性) 年齢階級別



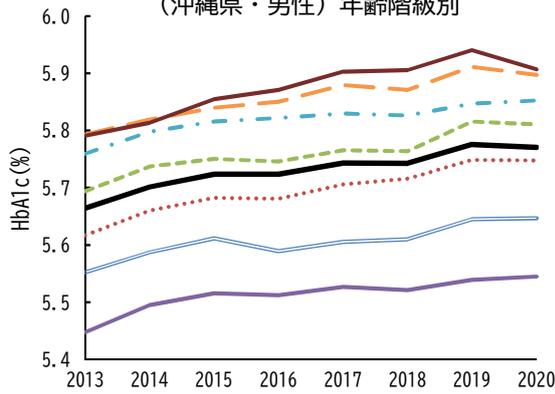
空腹時血糖 100mg/dl以上の割合の推移
(全国・女性) 年齢階級別



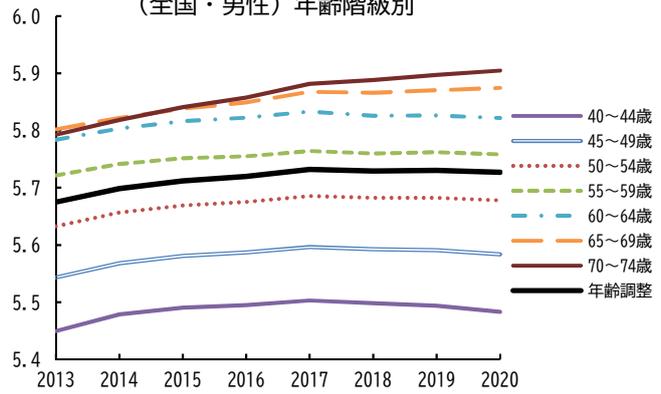


HbA1c

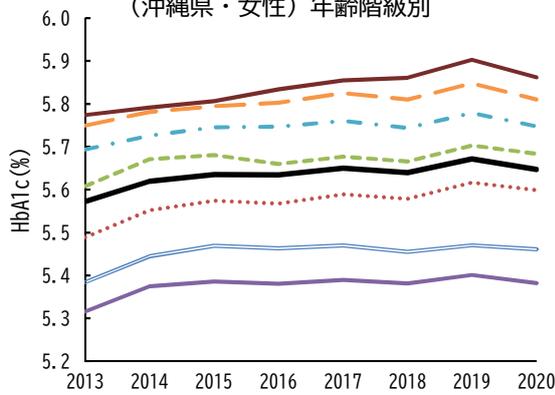
HbA1cの平均値の推移
(沖縄県・男性) 年齢階級別



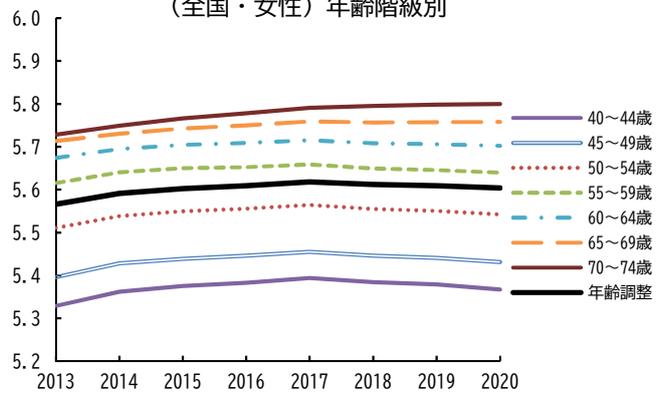
HbA1cの平均値の推移
(全国・男性) 年齢階級別



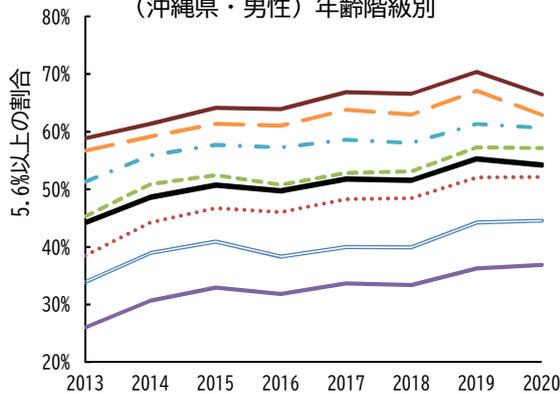
HbA1cの平均値の推移
(沖縄県・女性) 年齢階級別



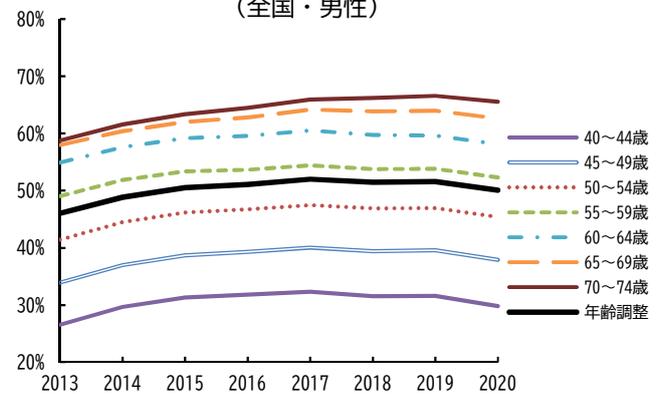
HbA1cの平均値の推移
(全国・女性) 年齢階級別



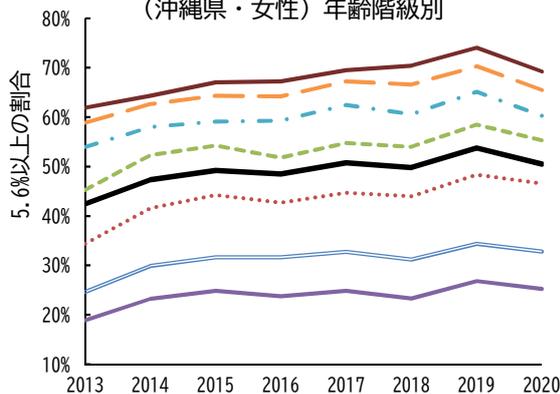
HbA1c 5.6%以上の割合の推移
(沖縄県・男性) 年齢階級別



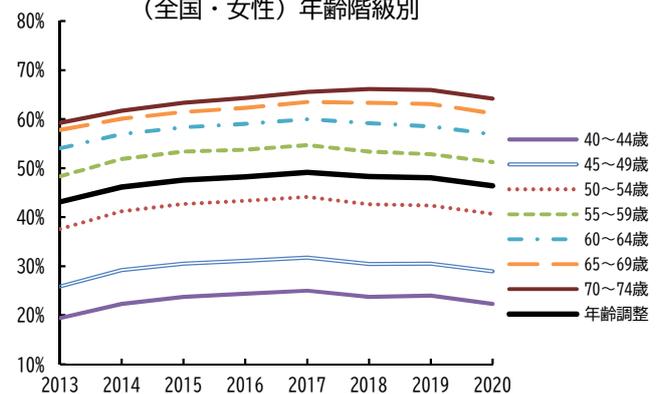
HbA1c 5.6%以上の割合の推移
(全国・男性)

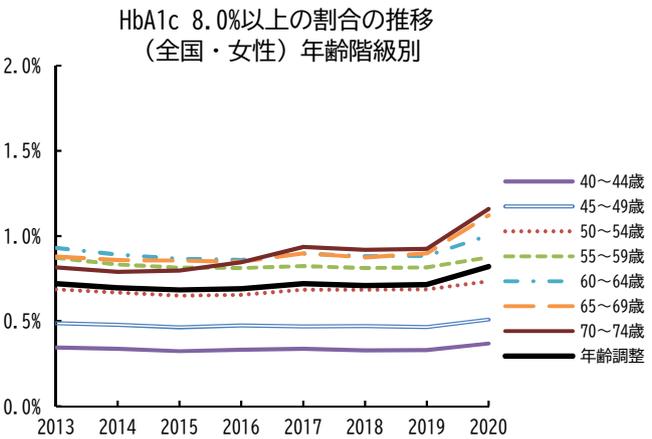
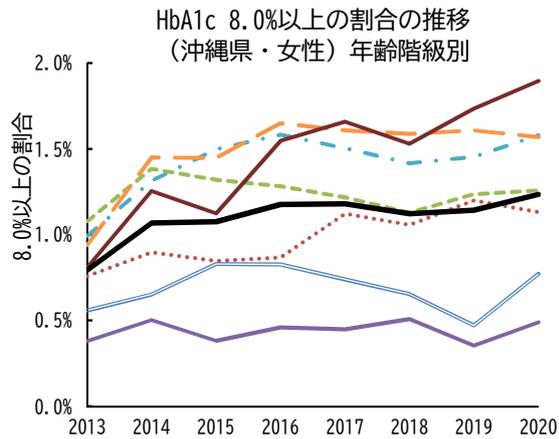
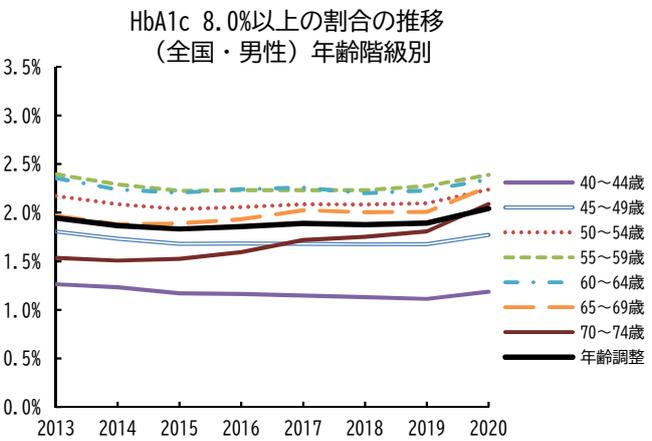
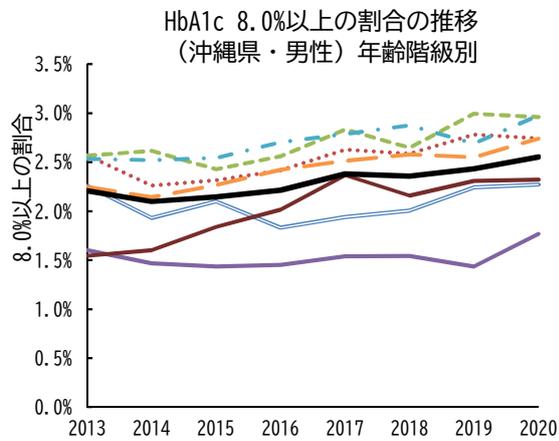
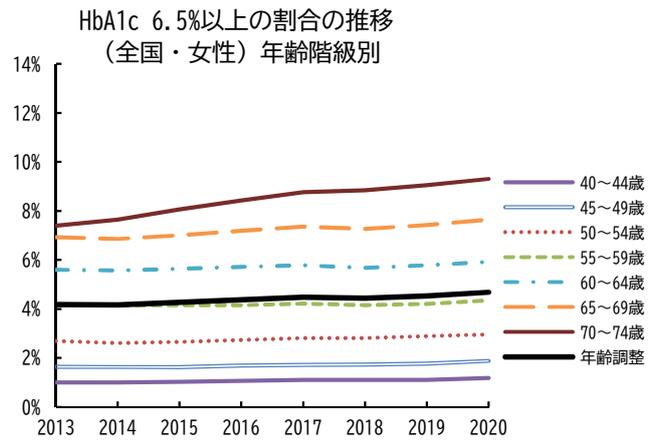
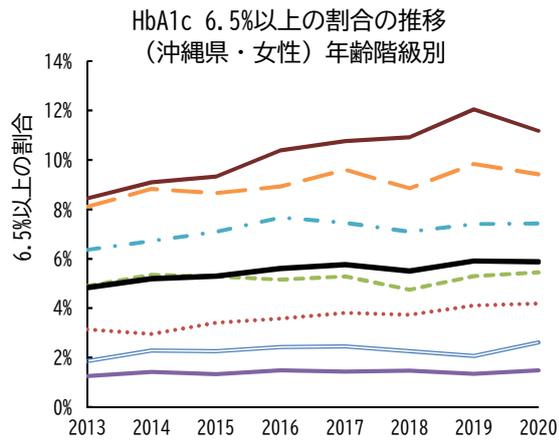
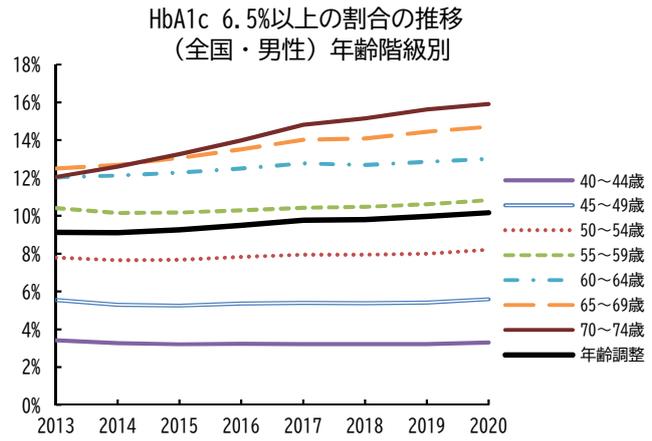
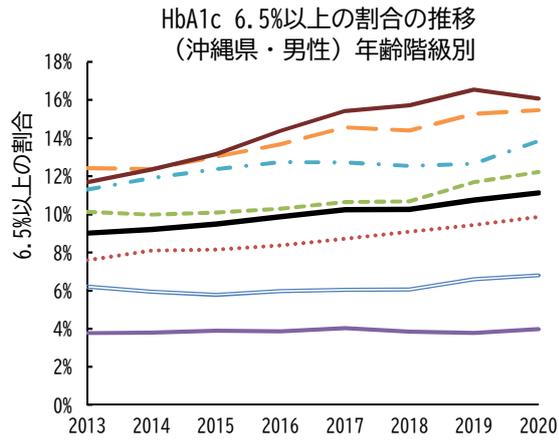


HbA1c 5.6%以上の割合の推移
(沖縄県・女性) 年齢階級別

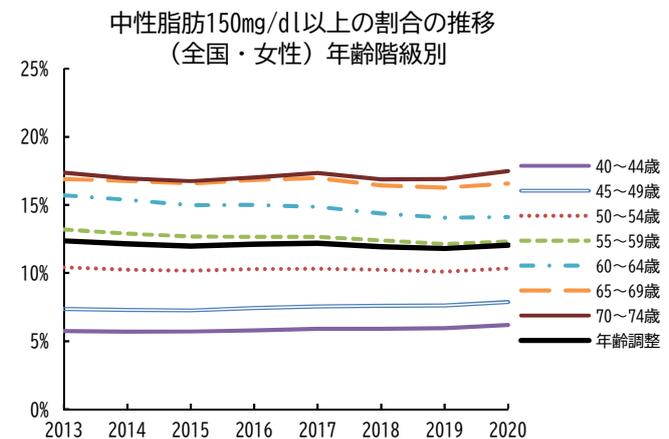
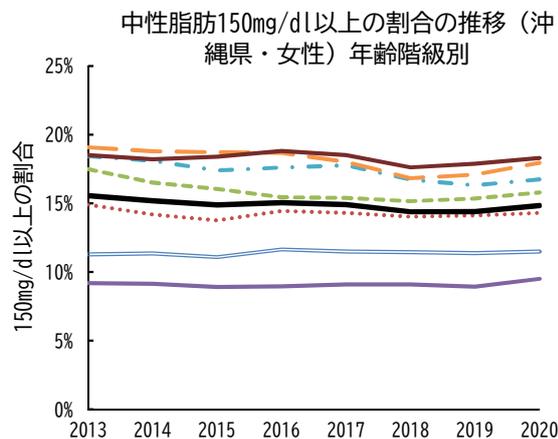
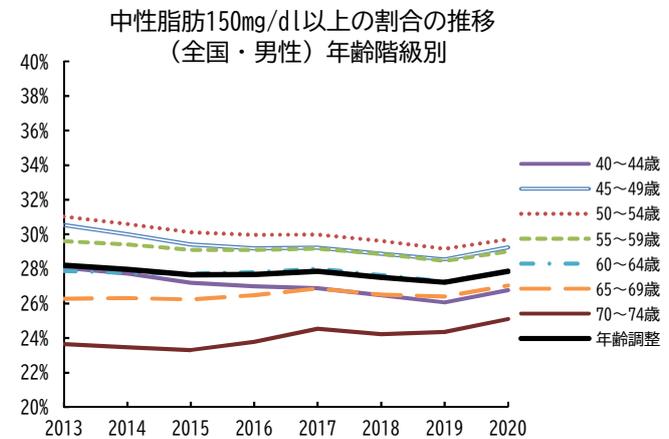
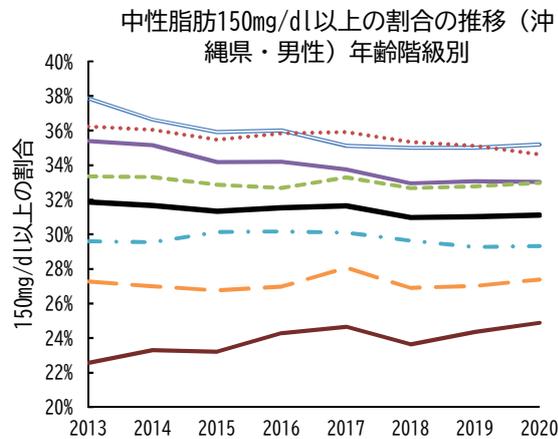
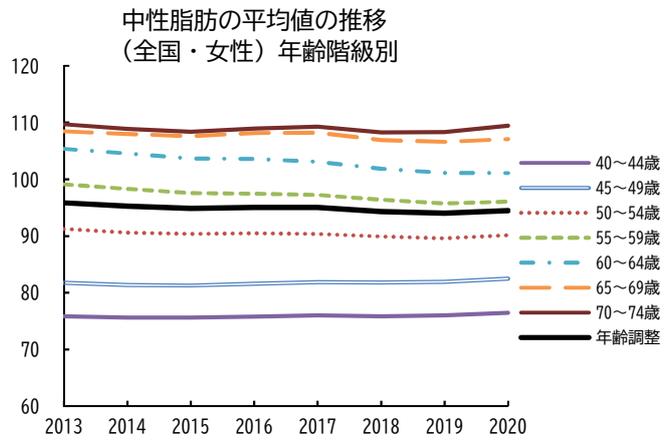
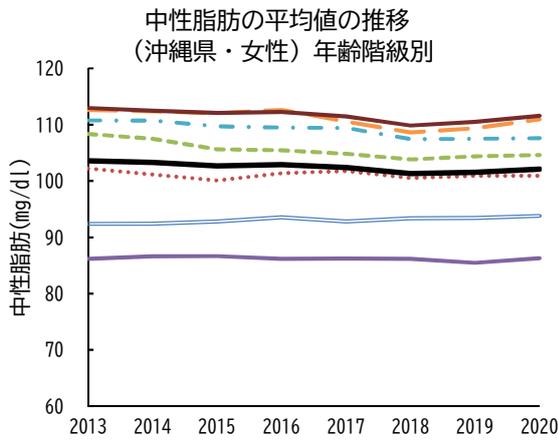
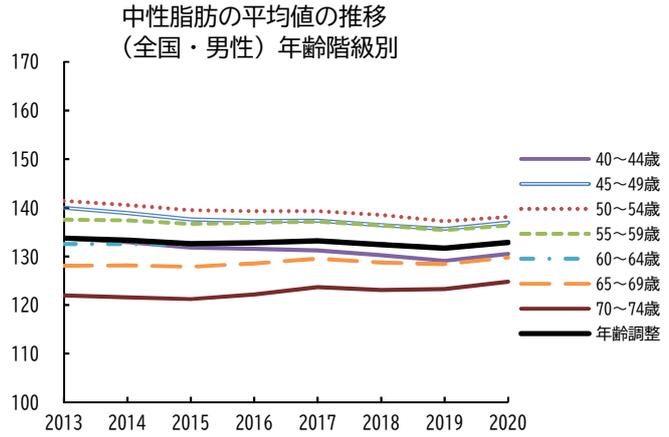
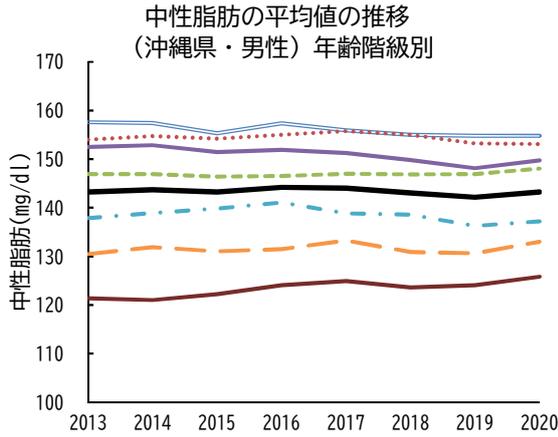


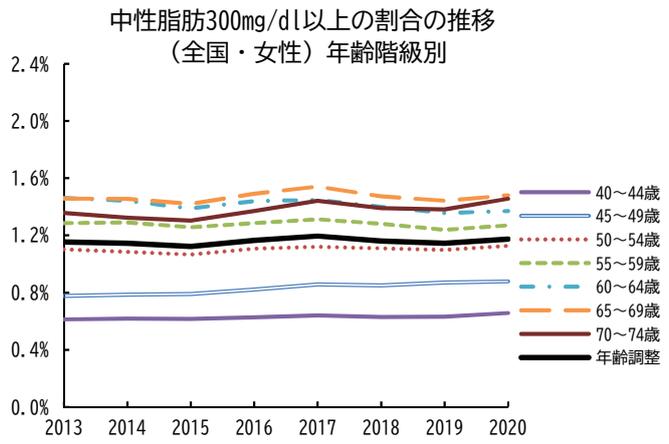
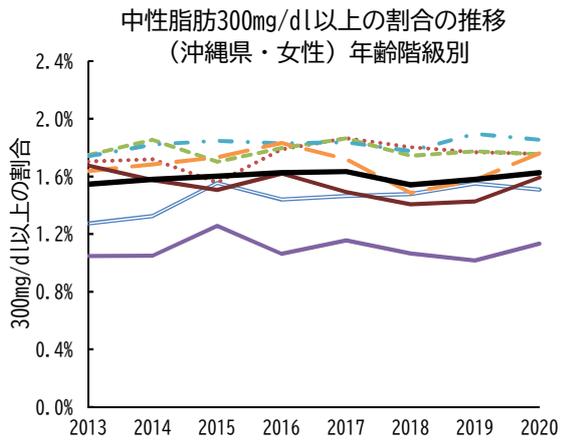
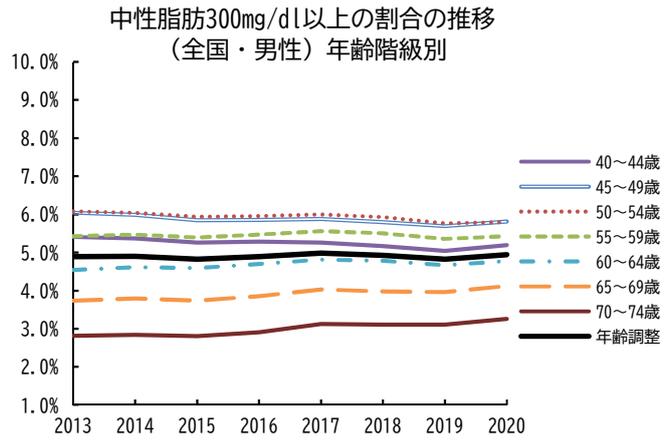
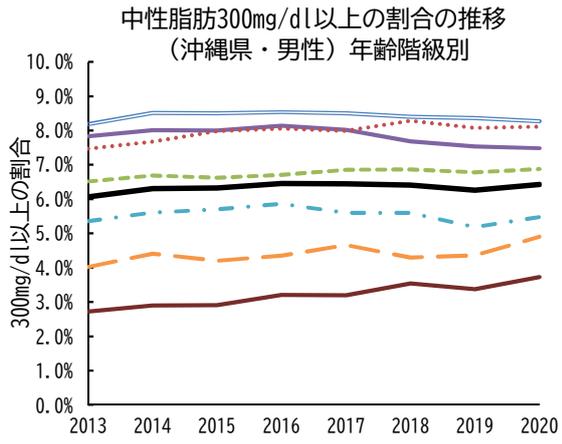
HbA1c 5.6%以上の割合の推移
(全国・女性) 年齢階級別



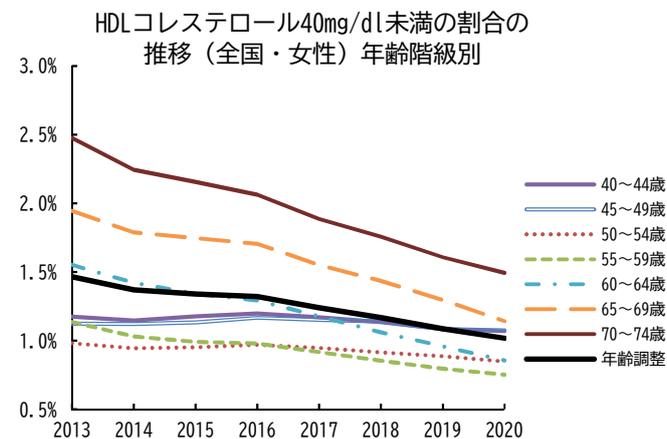
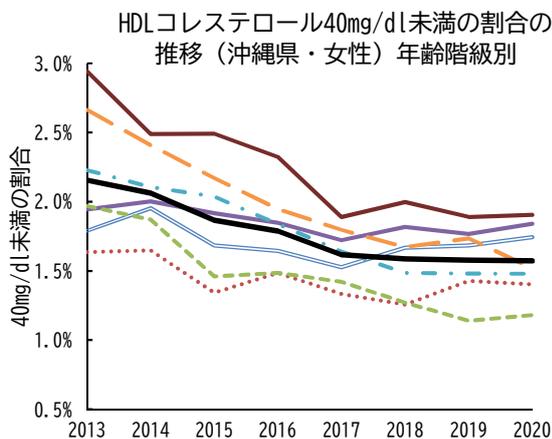
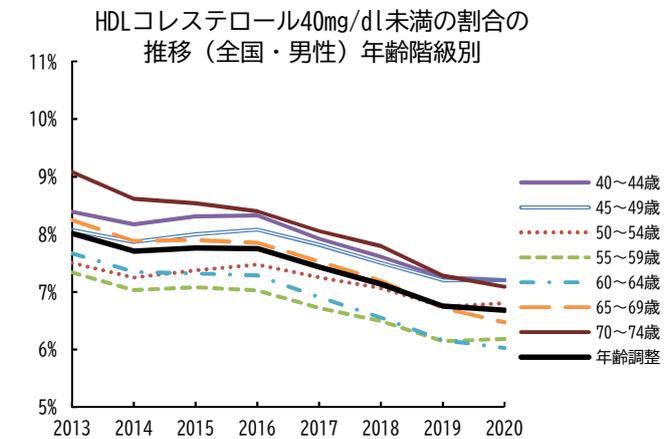
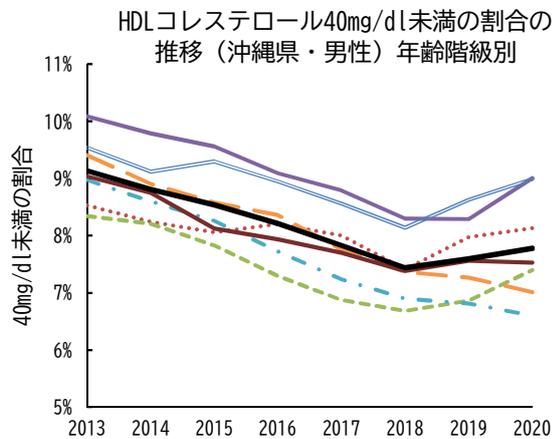
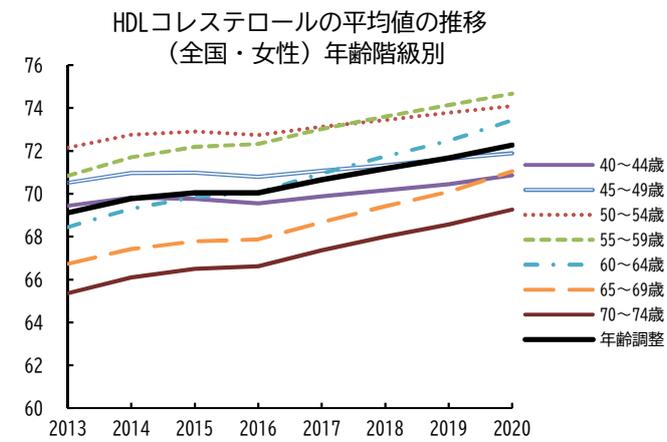
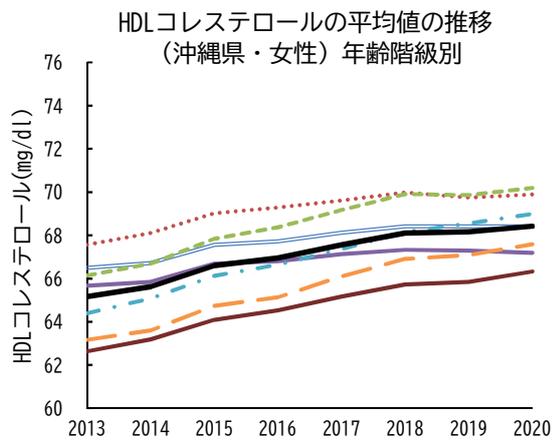
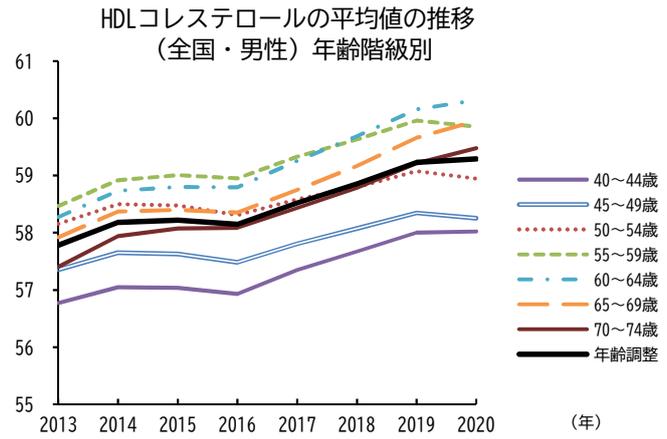
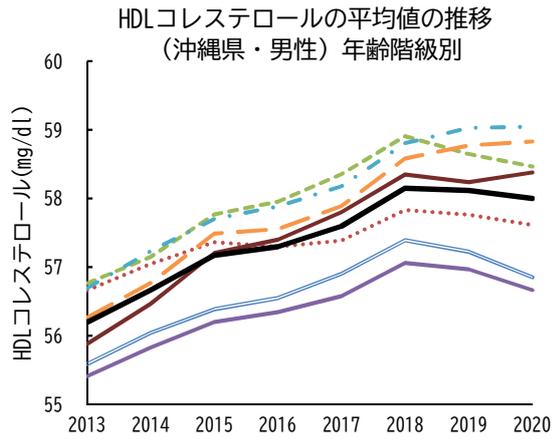


中性脂肪

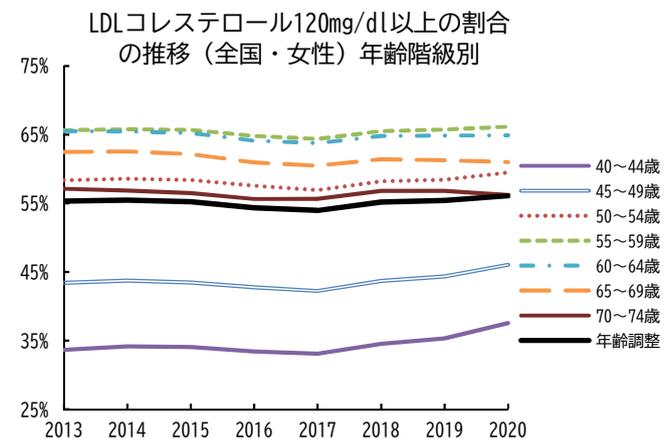
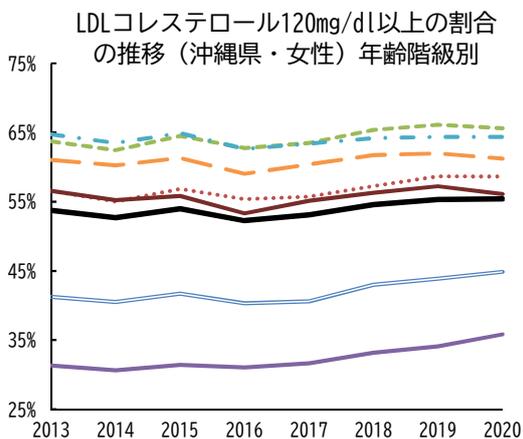
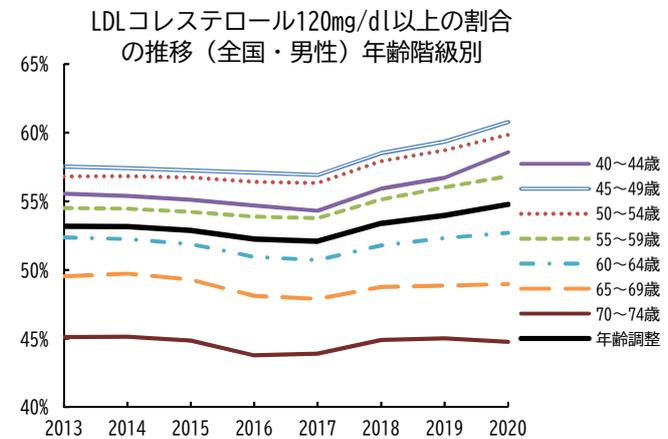
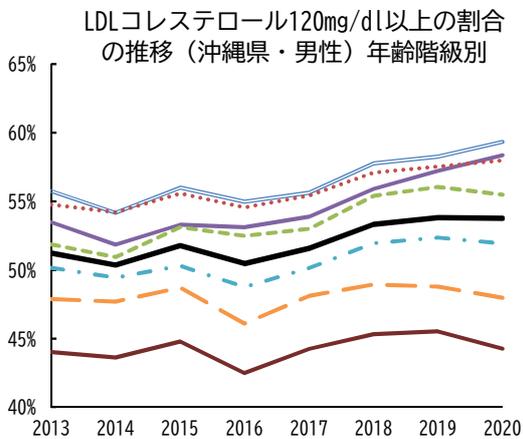
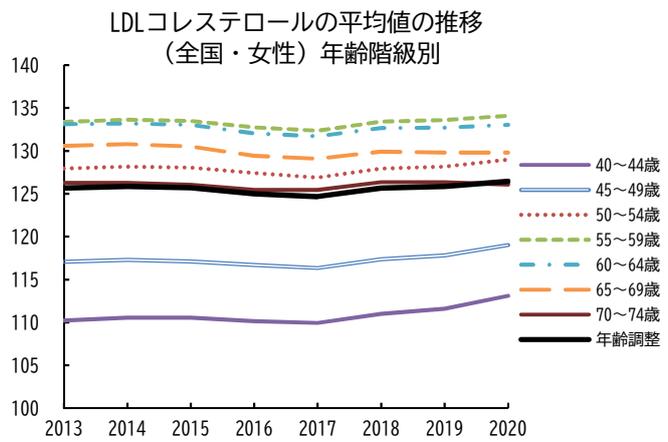
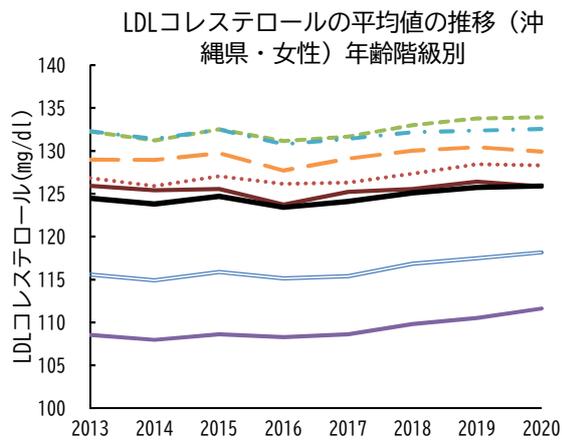
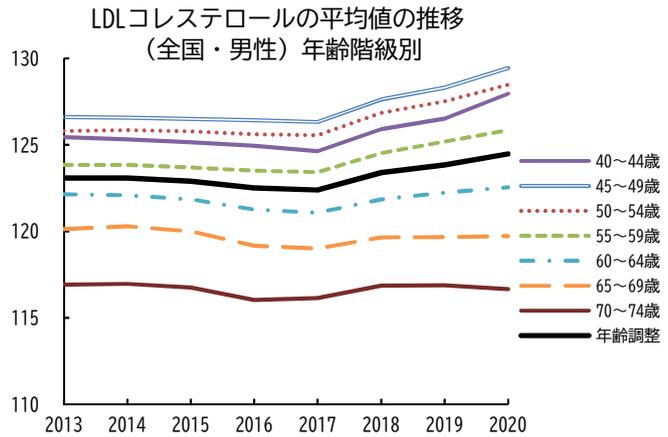
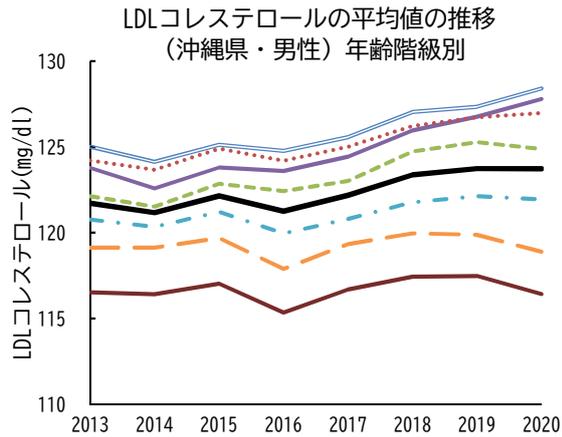


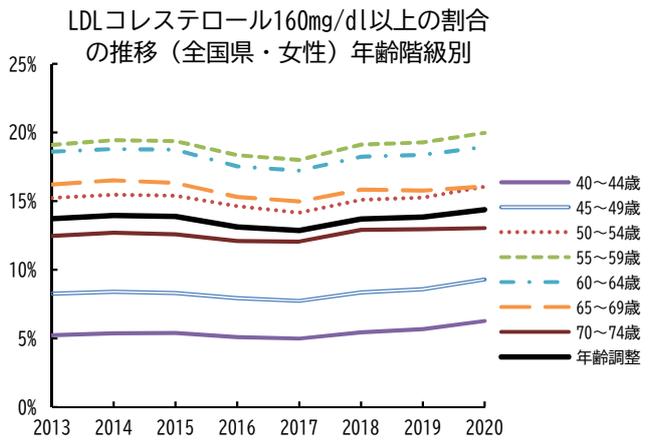
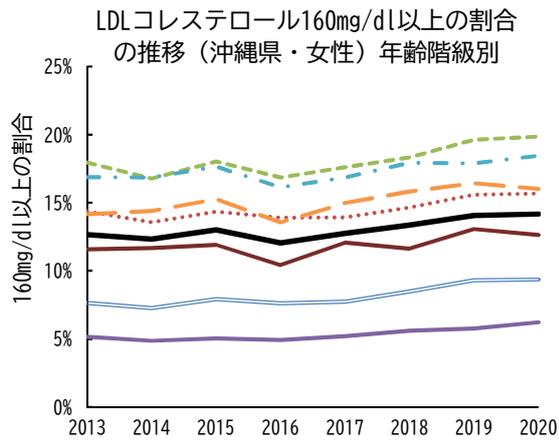
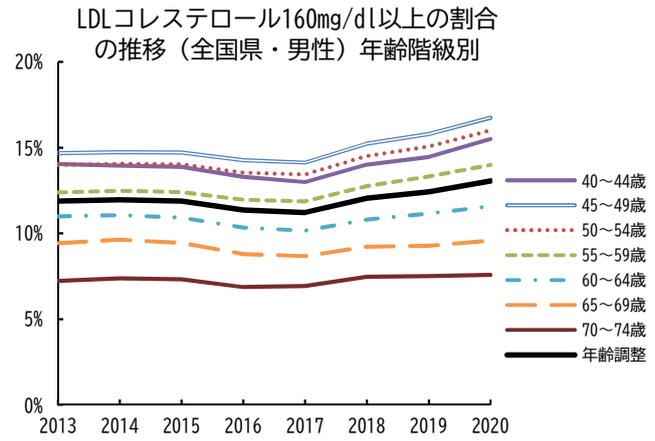
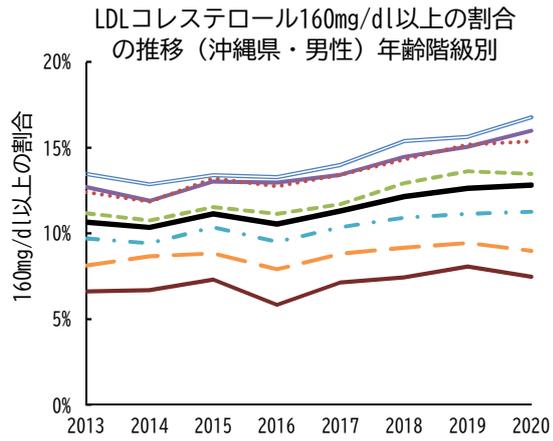


HDL コレステロール

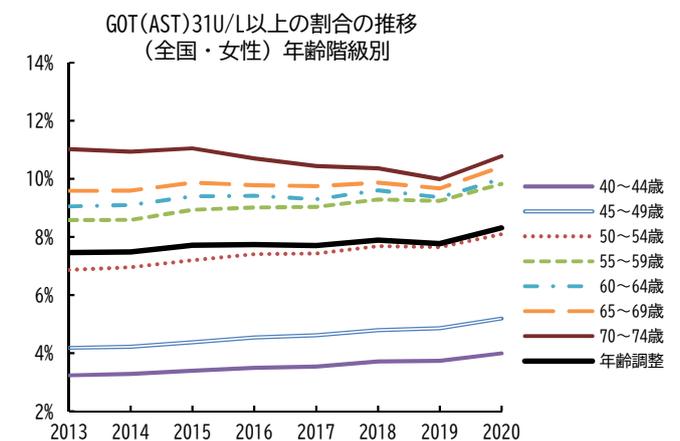
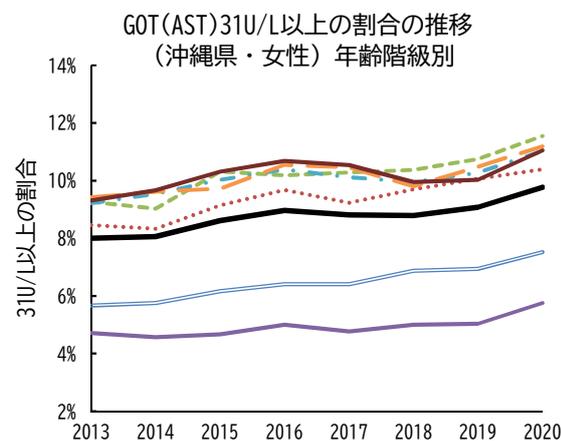
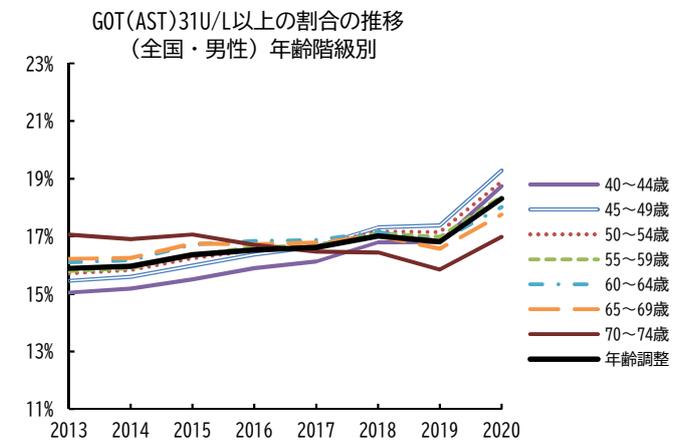
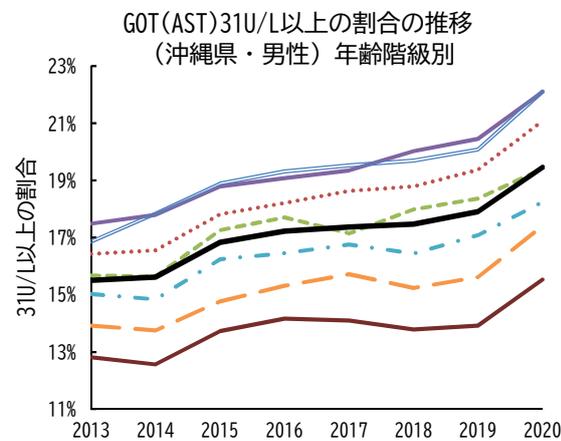
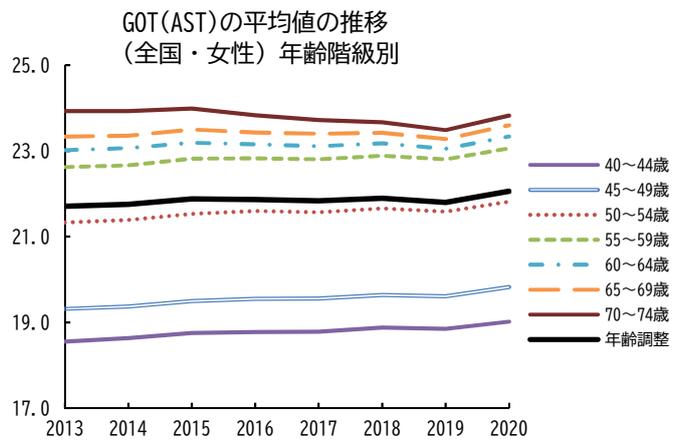
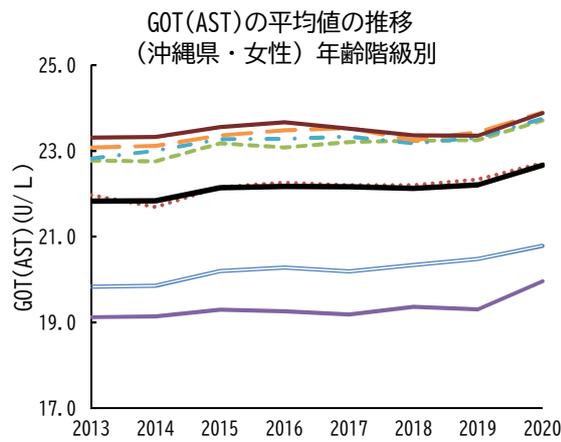
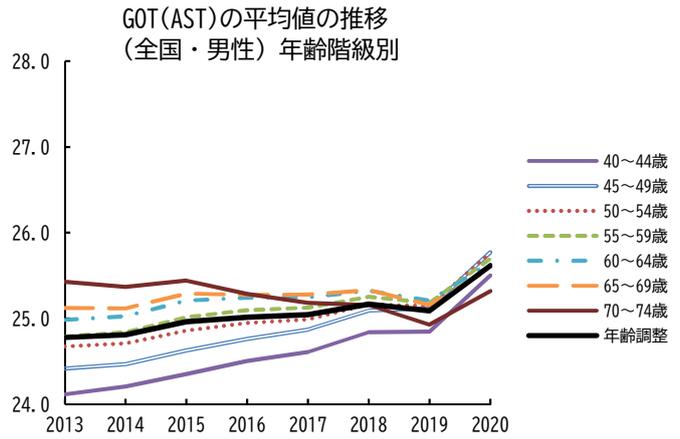
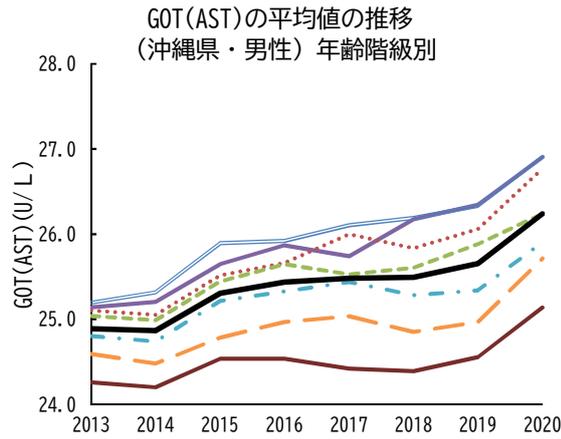


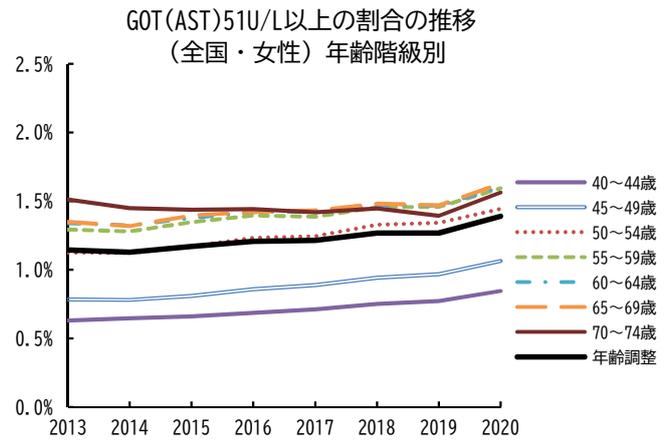
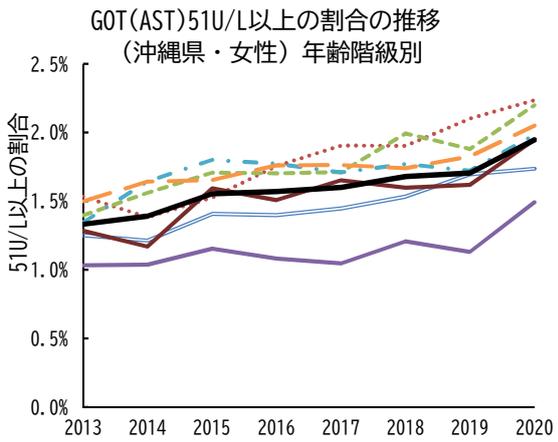
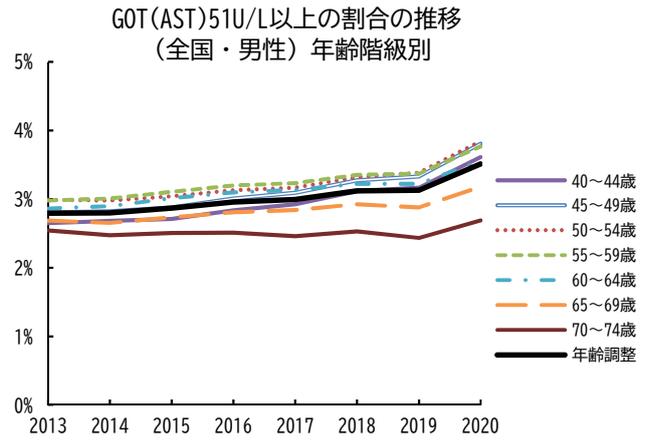
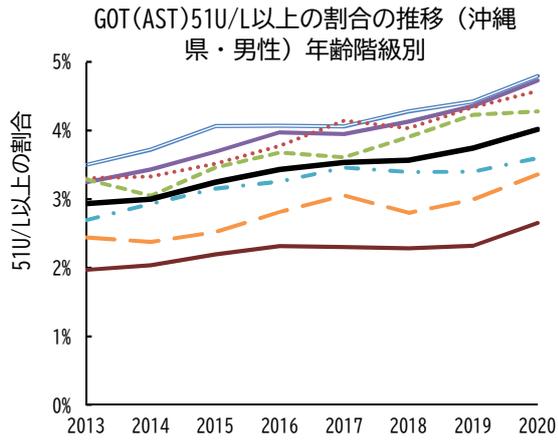
LDL コレステロール





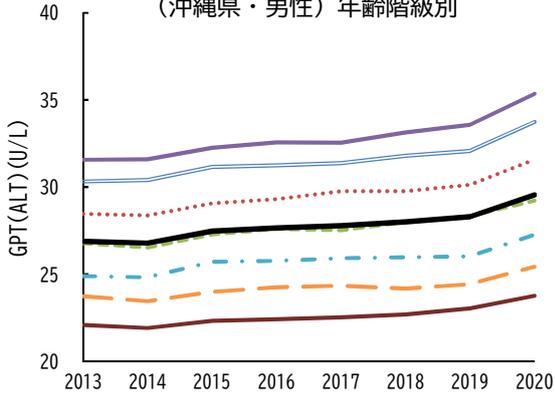
GOT(AST)



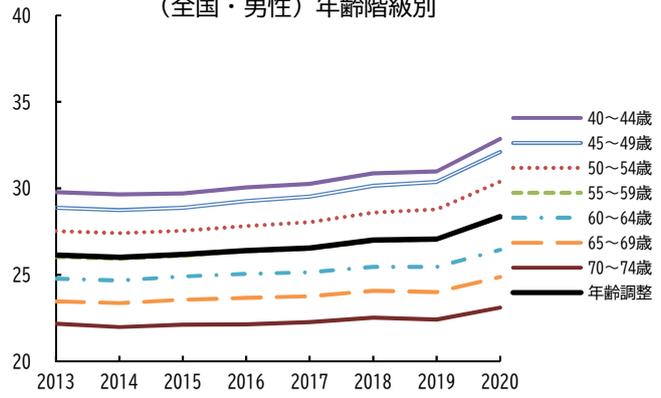


GPT(ALT)

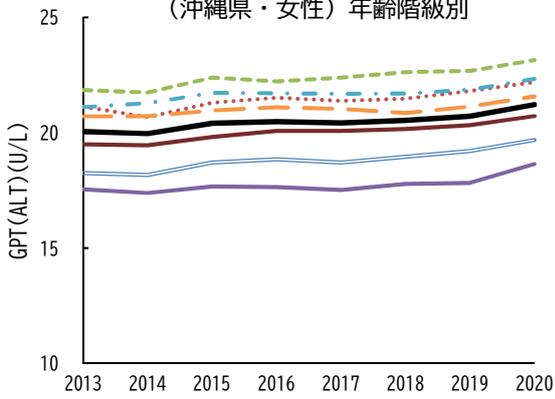
GPT(ALT)の平均値の推移
(沖縄県・男性) 年齢階級別



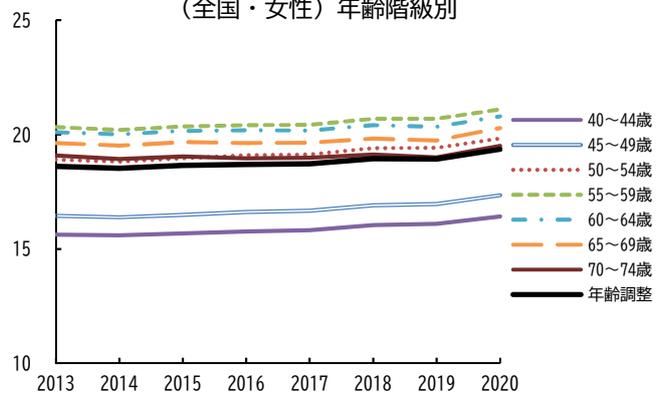
GPT(ALT)の平均値の推移
(全国・男性) 年齢階級別



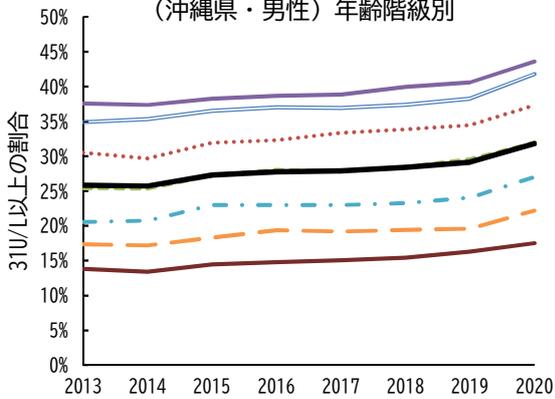
GPT(ALT)の平均値の推移
(沖縄県・女性) 年齢階級別



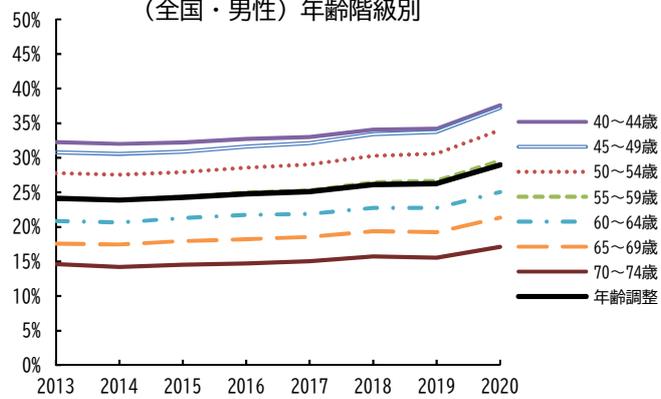
GPT(ALT)の平均値の推移
(全国・女性) 年齢階級別



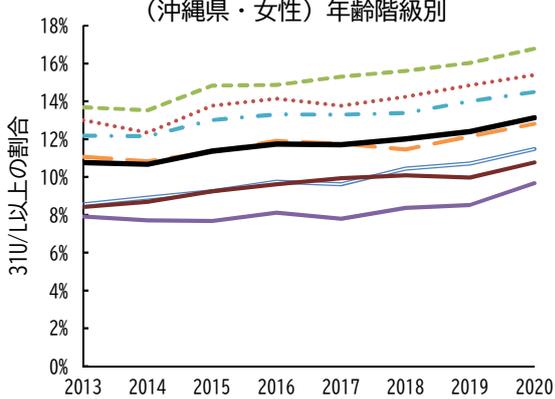
GPT(ALT)31U/L以上の割合の推移
(沖縄県・男性) 年齢階級別



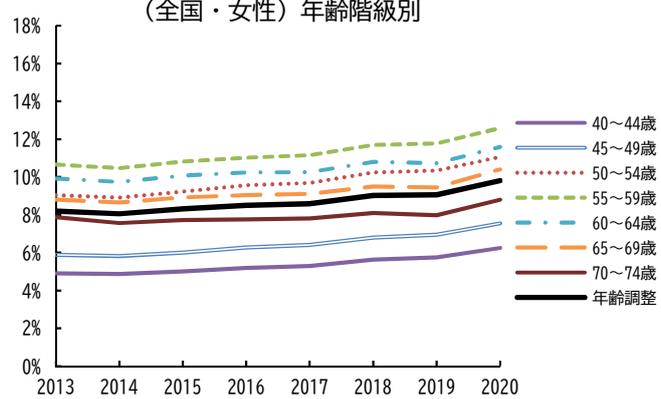
GPT(ALT)31U/L以上の割合の推移
(全国・男性) 年齢階級別

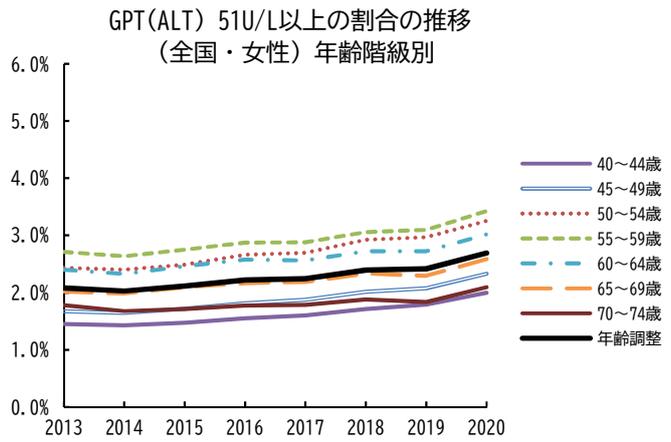
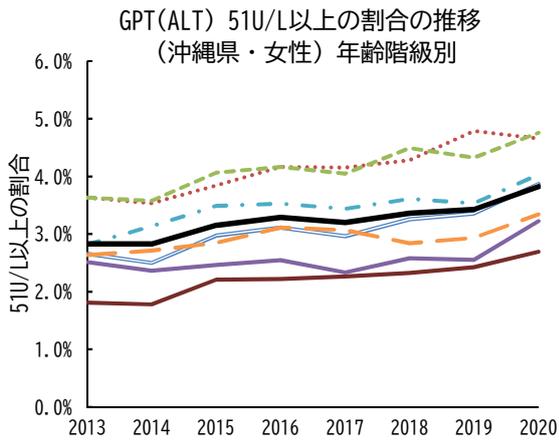
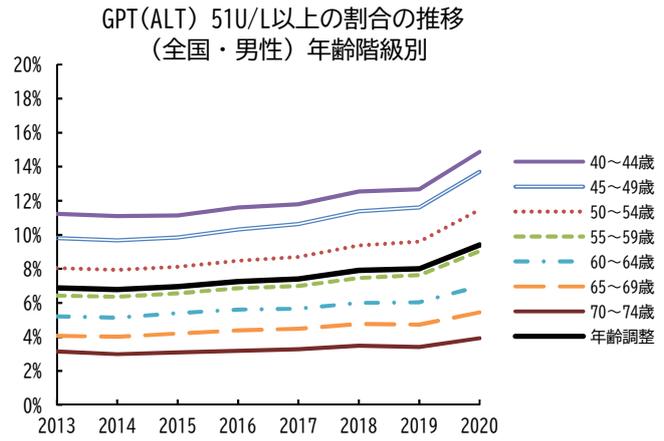
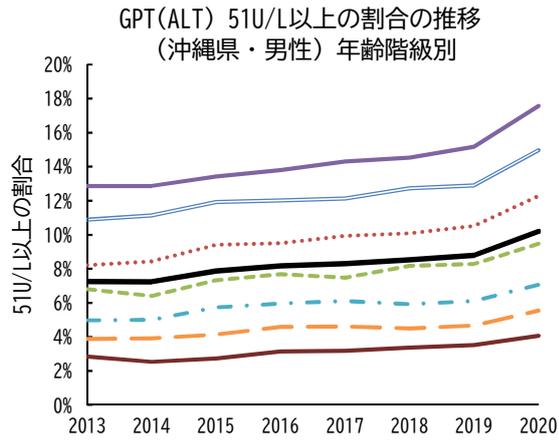


GPT(ALT)31U/L以上の割合の推移
(沖縄県・女性) 年齢階級別

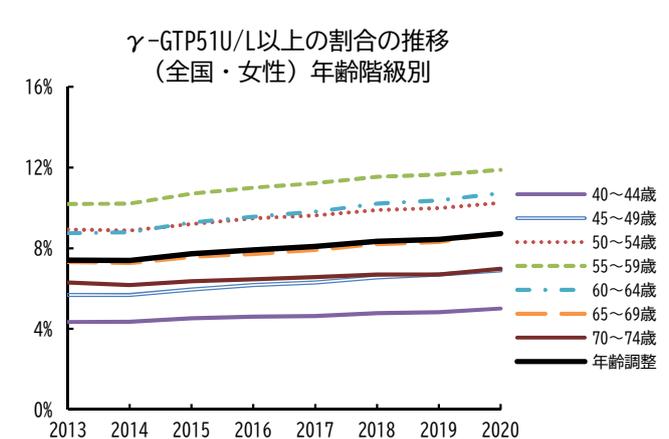
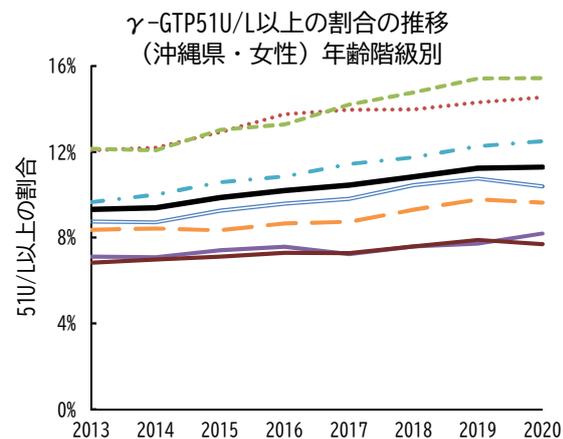
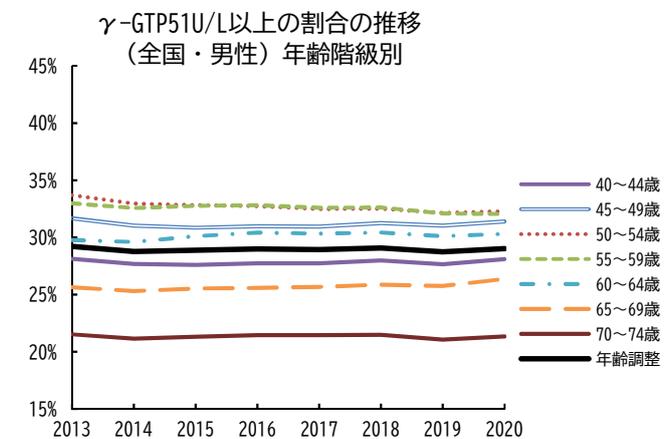
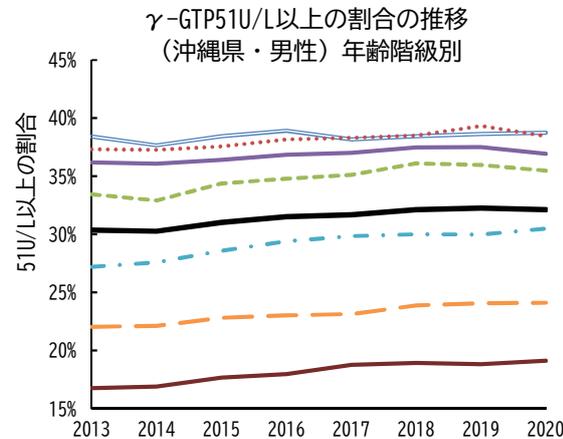
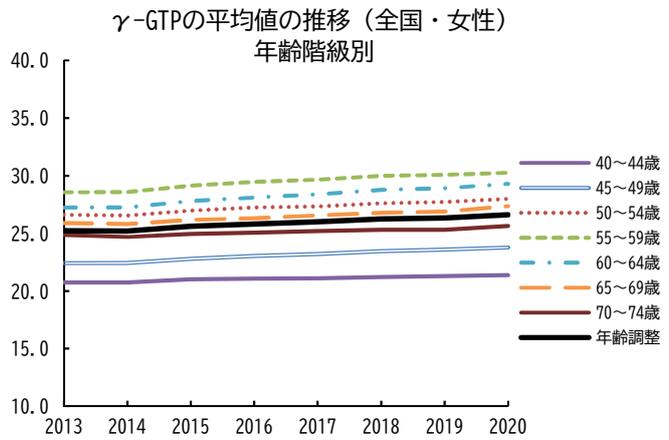
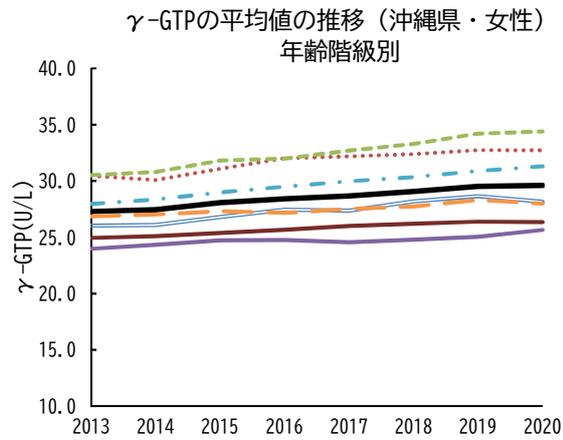
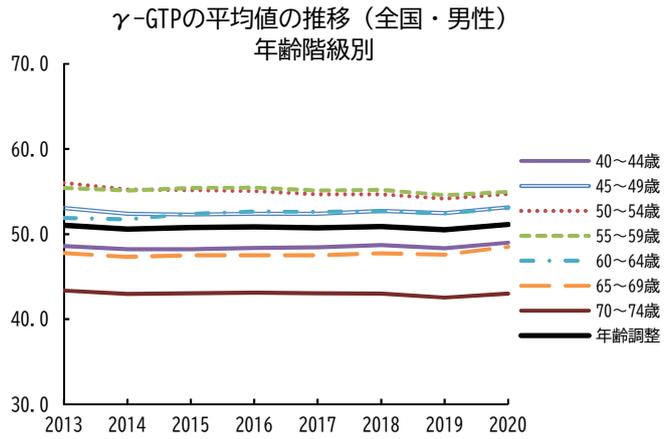
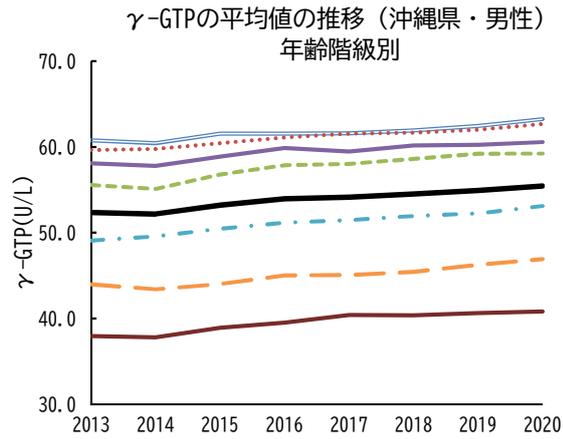


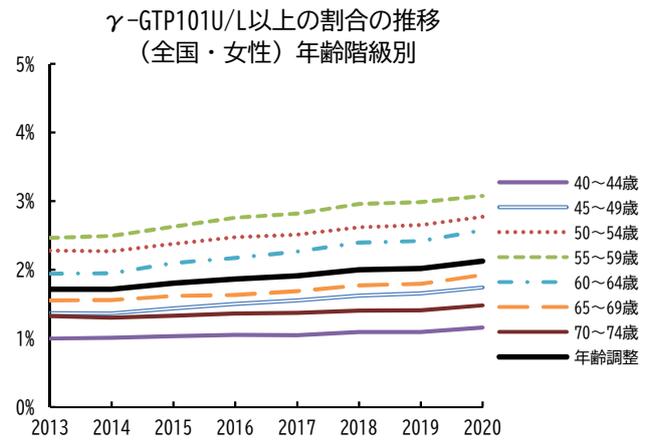
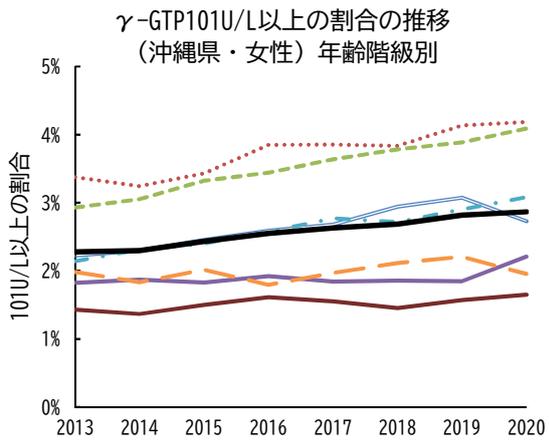
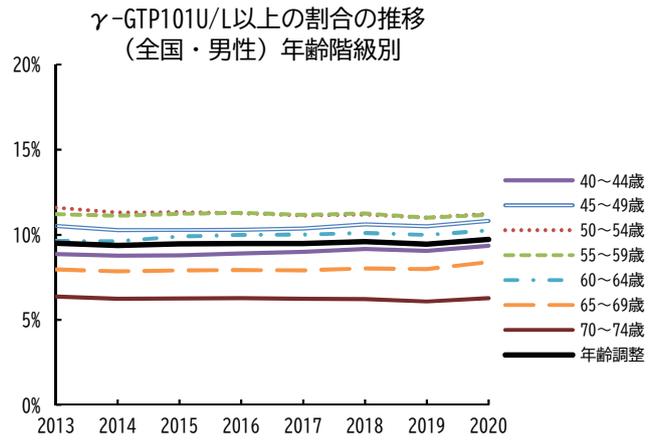
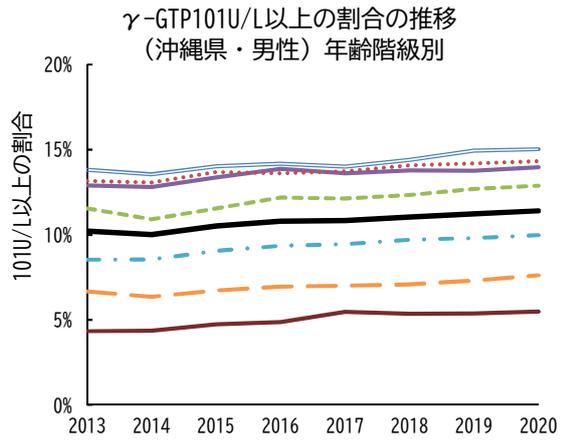
GPT(ALT)31U/L以上の割合の推移
(全国・女性) 年齢階級別



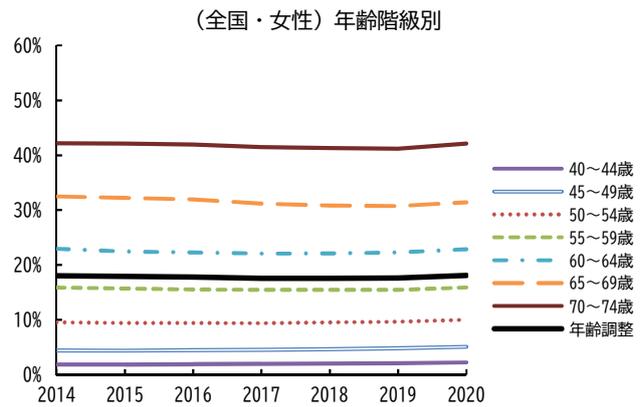
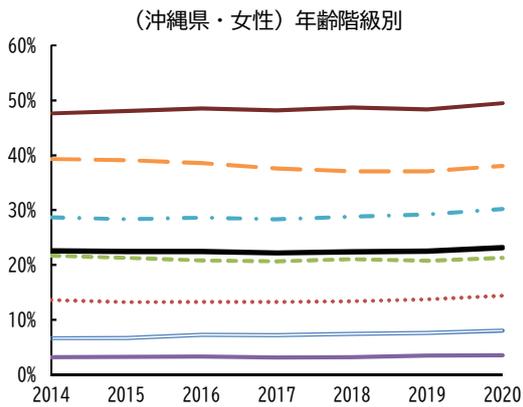
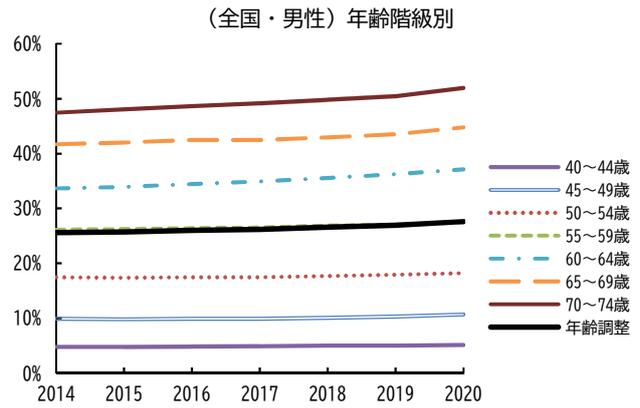
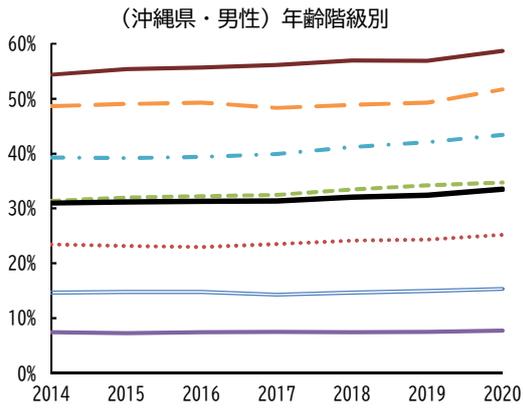


γ-GTP

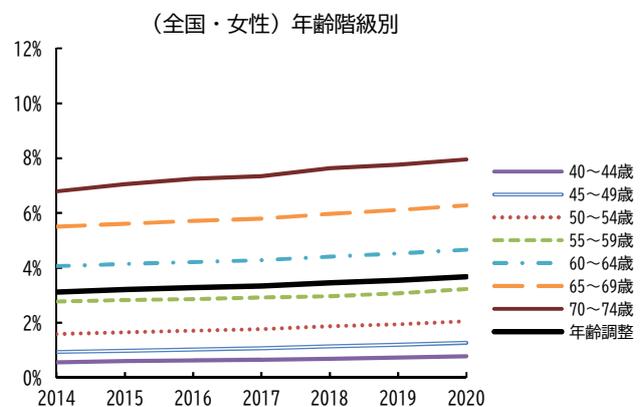
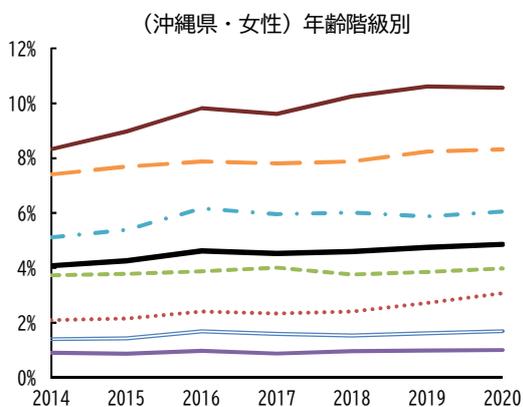
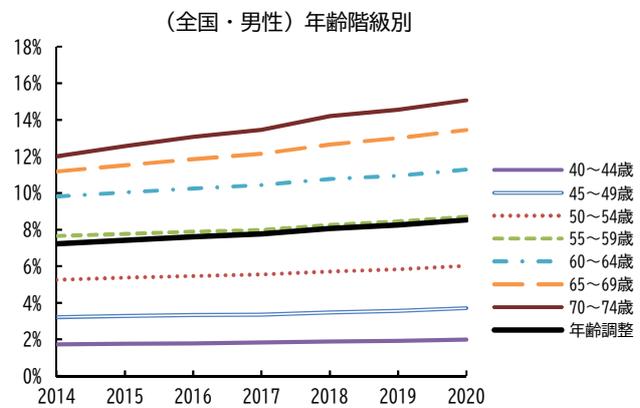
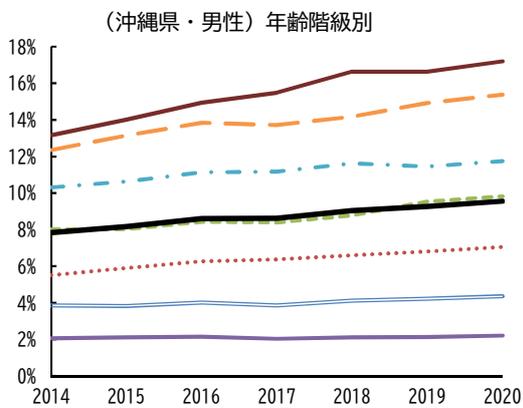




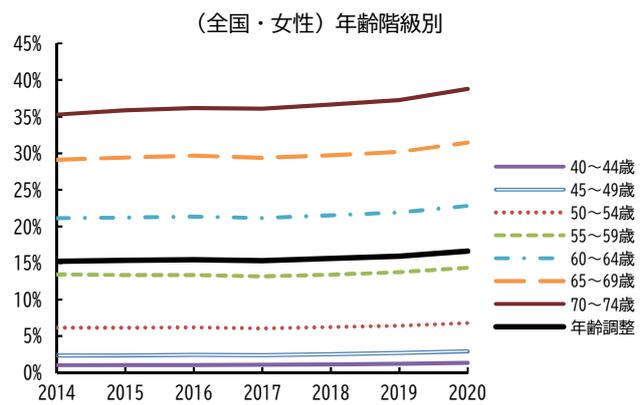
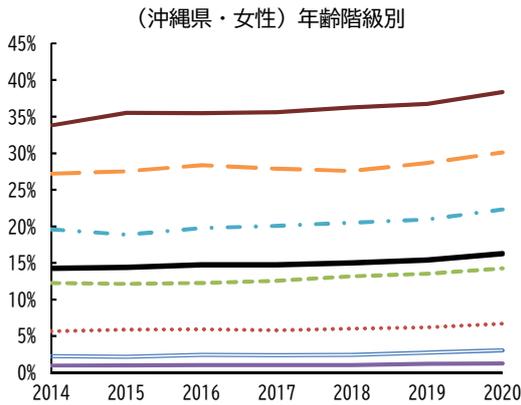
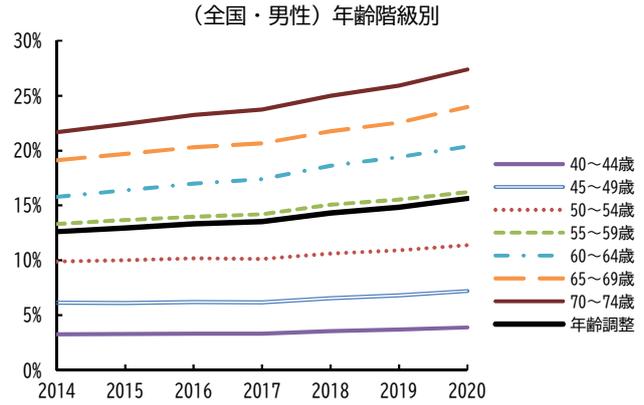
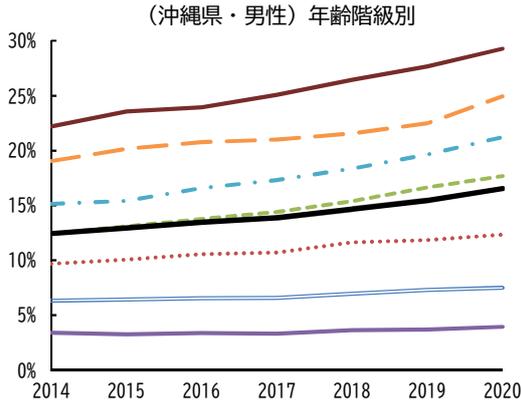
質問項目1：「血圧を下げる薬」を使用している者の割合の経年推移



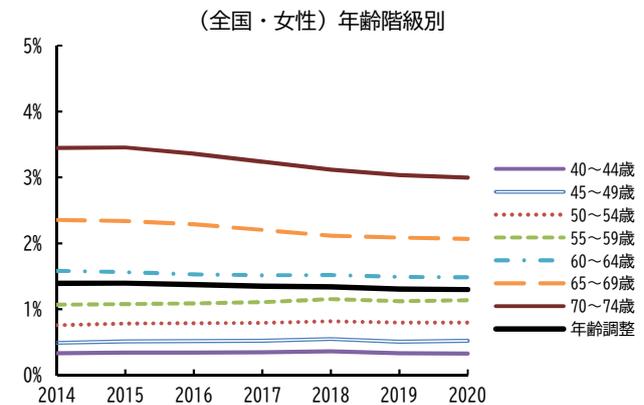
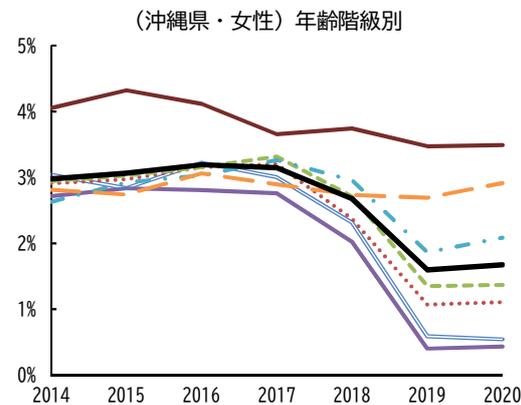
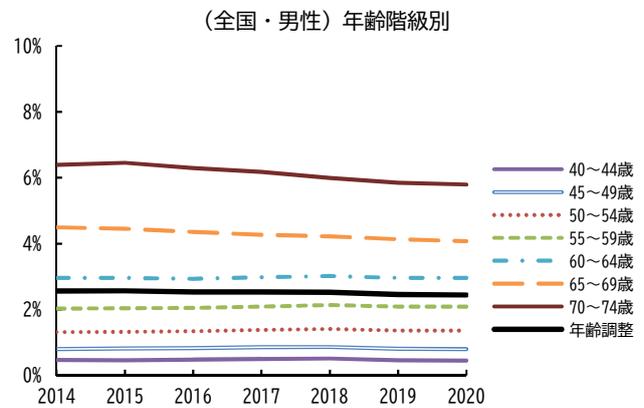
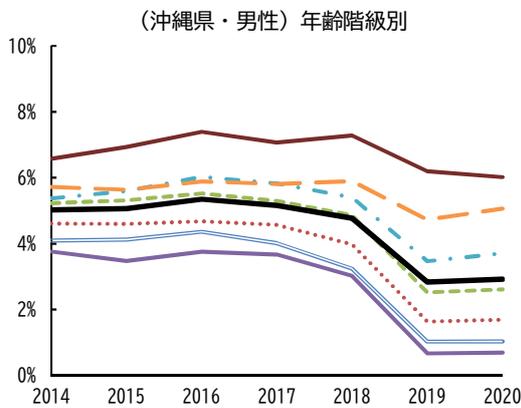
質問項目2：「血糖を下げる薬又はインスリン注射」を使用している者の割合の経年推移



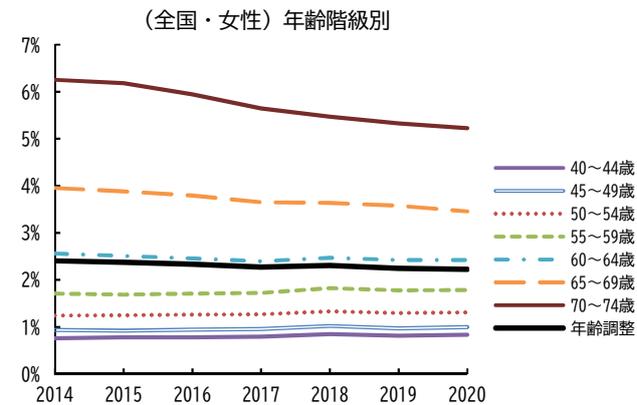
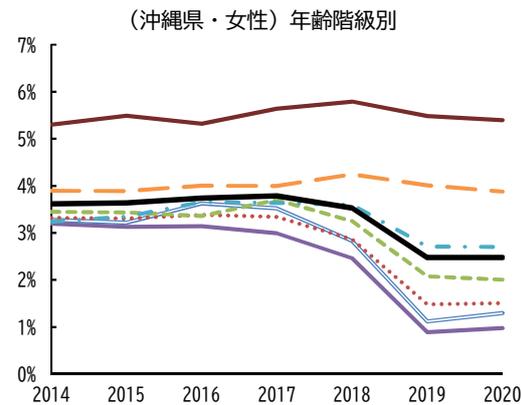
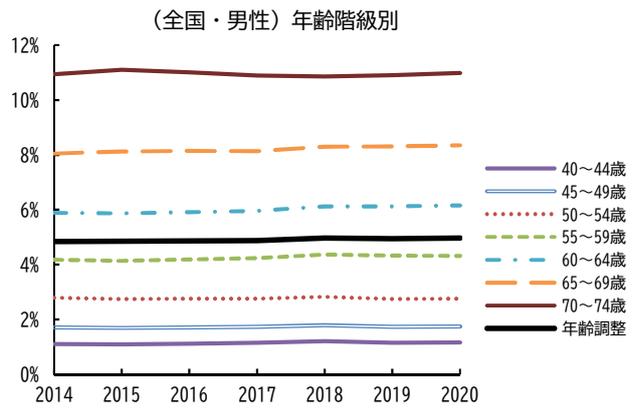
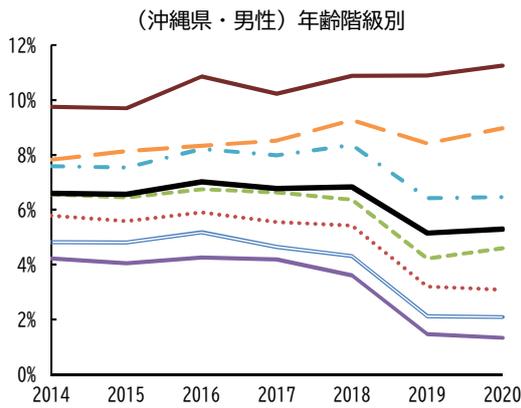
質問項目3：「コレステロールや中性脂肪を下げる薬」を使用している者の割合の経年推移



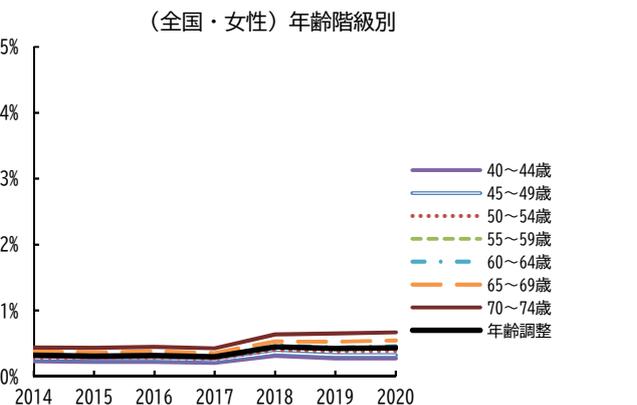
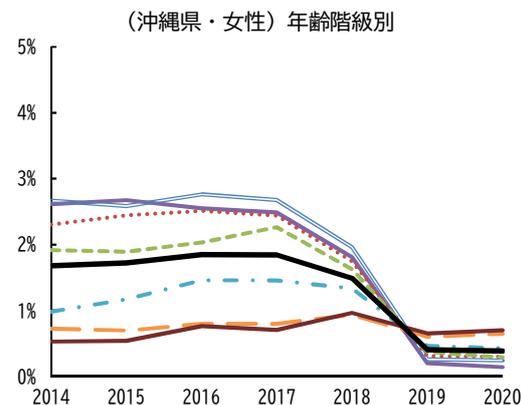
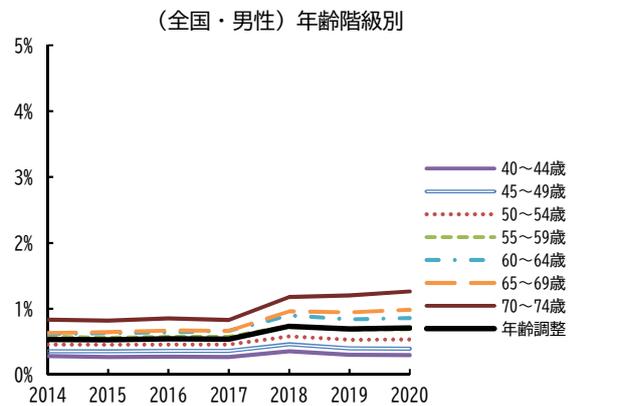
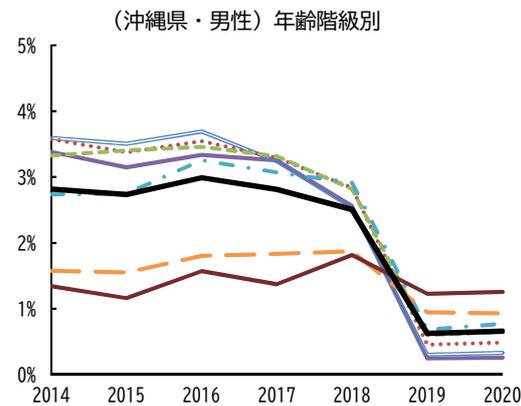
質問項目4：医師から、脳卒中（脳出血、脳梗塞等）にかかっているといわれたり、治療を受けたことがある者の割合の経年推移



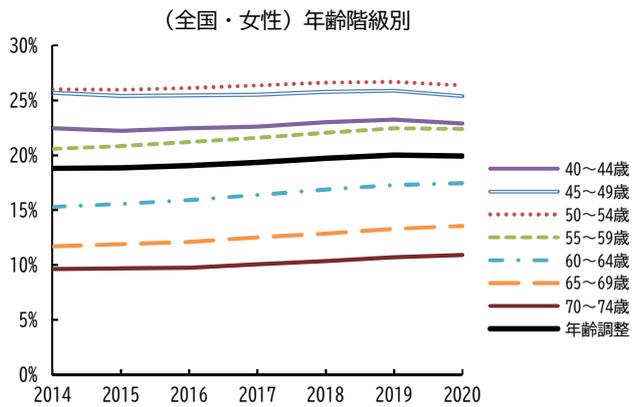
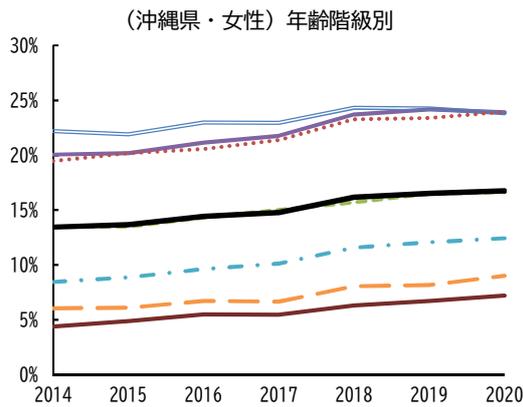
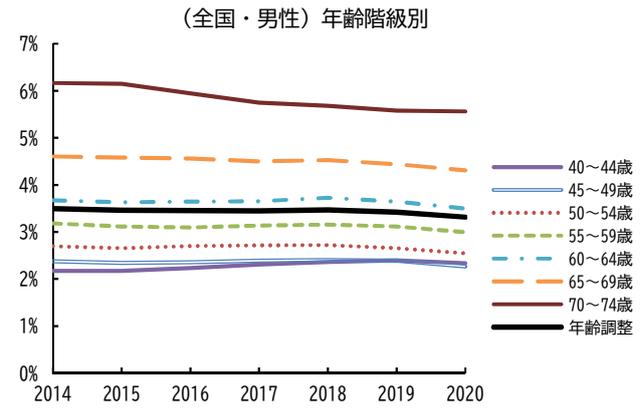
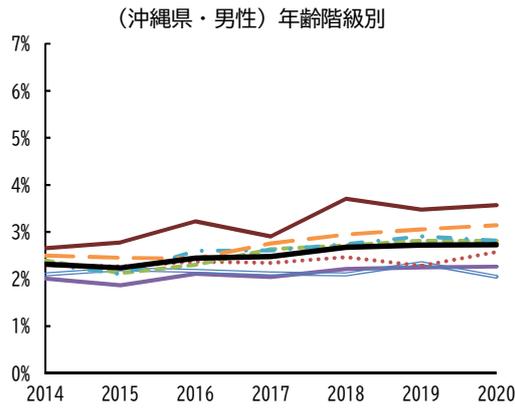
質問項目5：医師から、心臓病（狭心症、心筋梗塞等）にかかっているといわれたり、治療を受けたことがある者の割合の経年推移



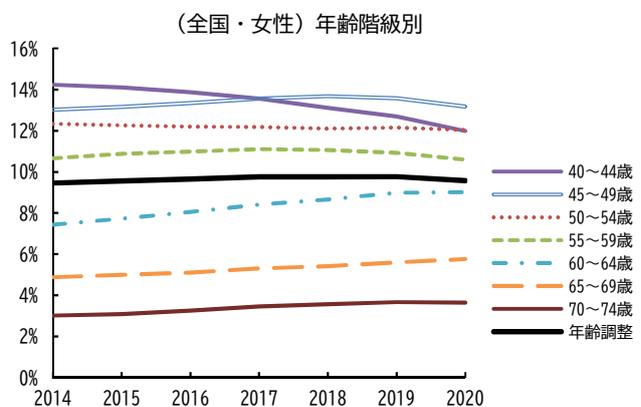
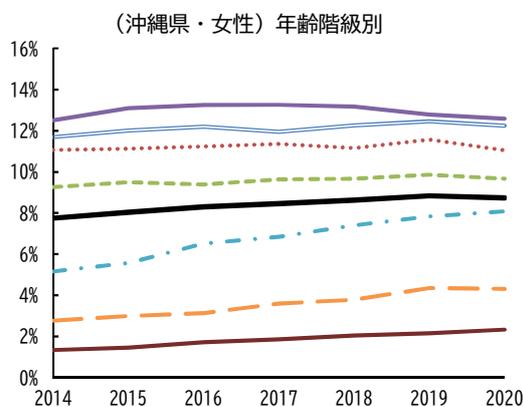
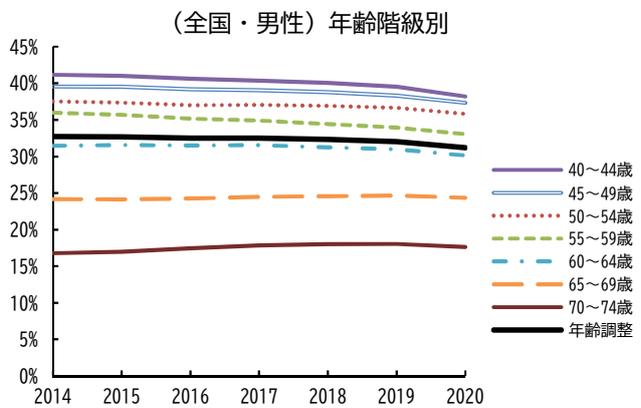
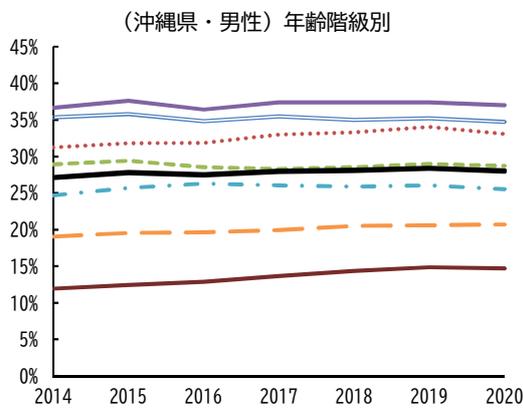
質問項目6：医師から、慢性腎臓病や腎不全にかかっているといわれたり、治療（人工透析など）を受けたことがある者の割合の経年推移



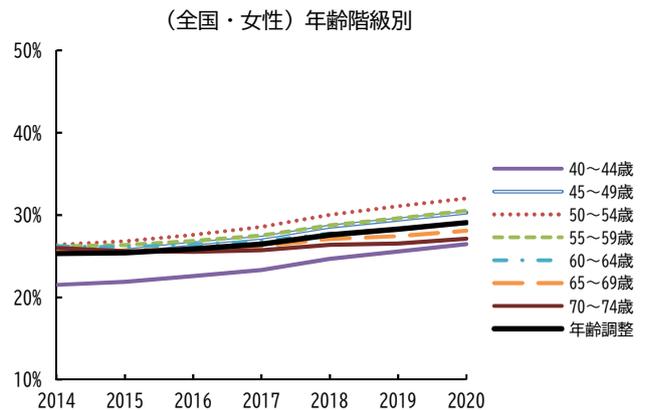
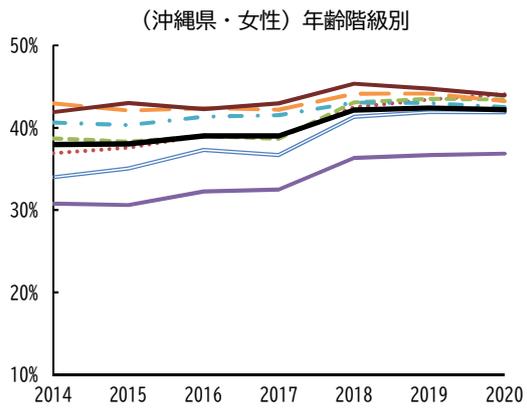
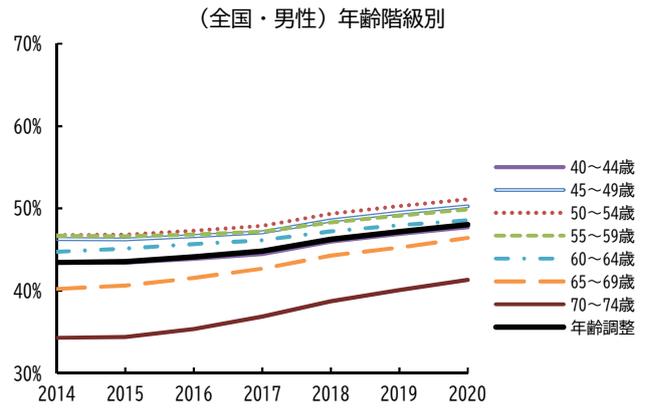
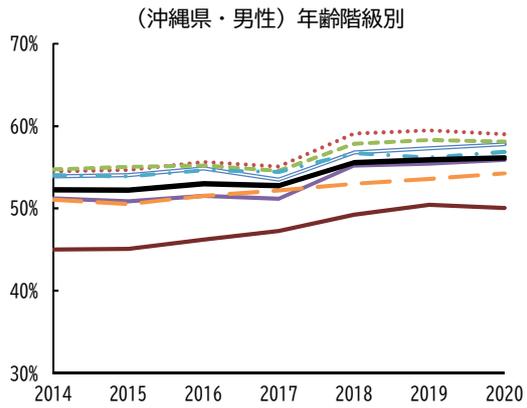
質問項目7：医師から、貧血といわれたことがある者の割合の経年推移



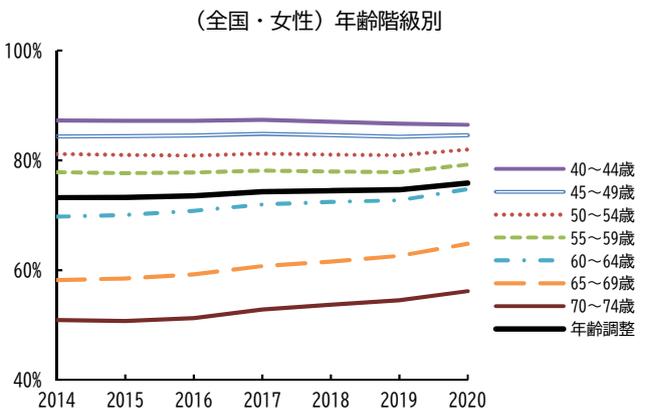
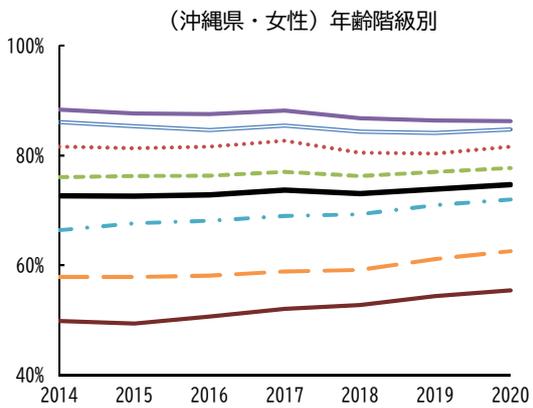
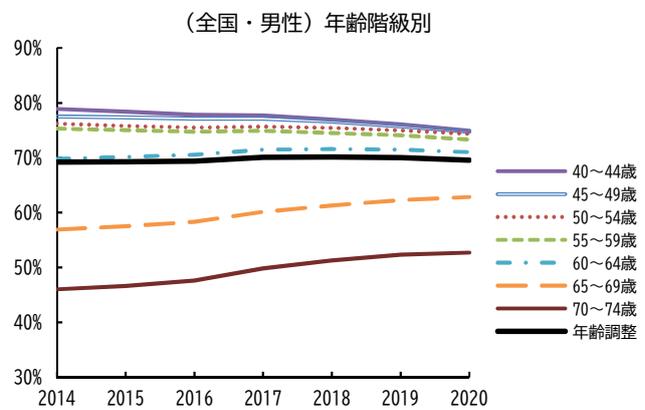
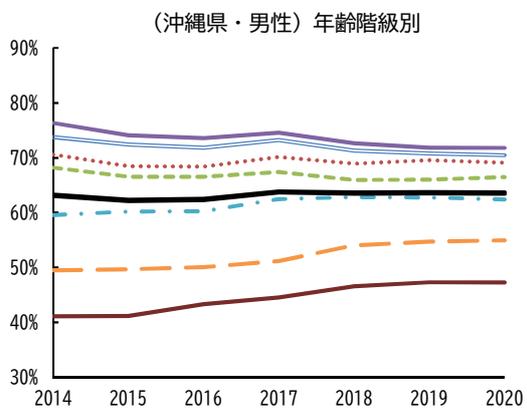
質問項目8：現在、たばこを習慣的に吸っている者の割合の経年推移



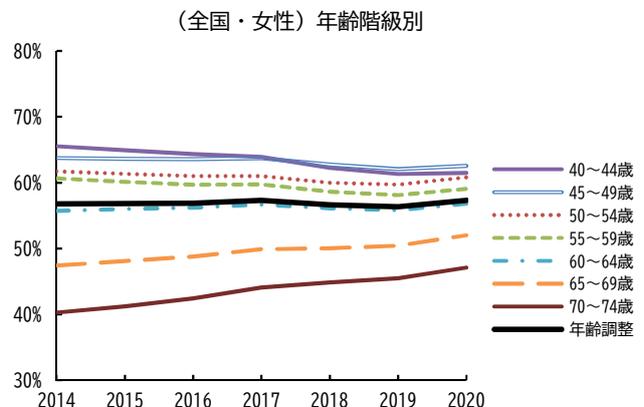
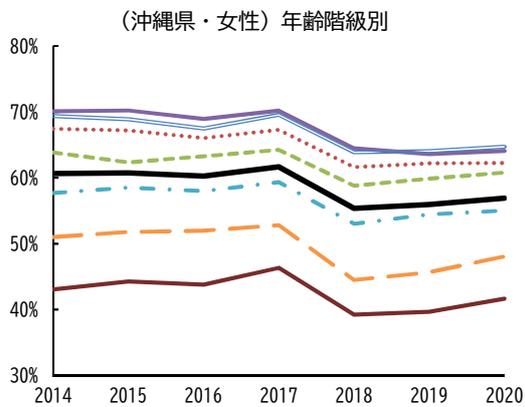
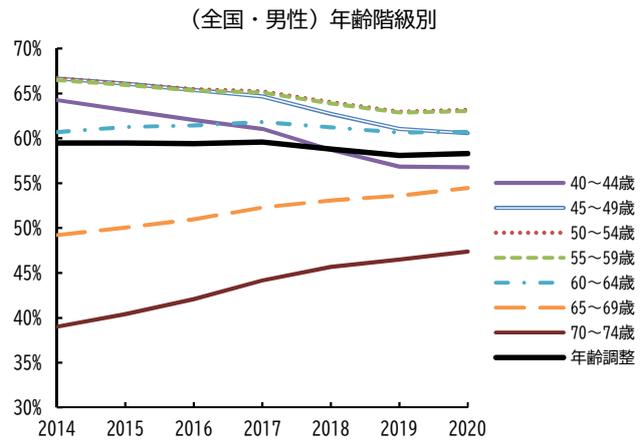
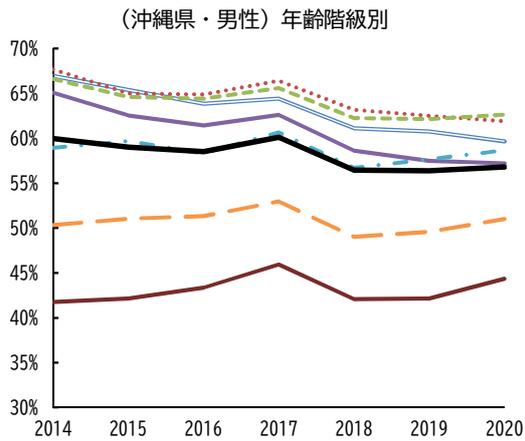
質問項目 9：20歳の時の体重から10kg以上増加している者の割合の経年推移



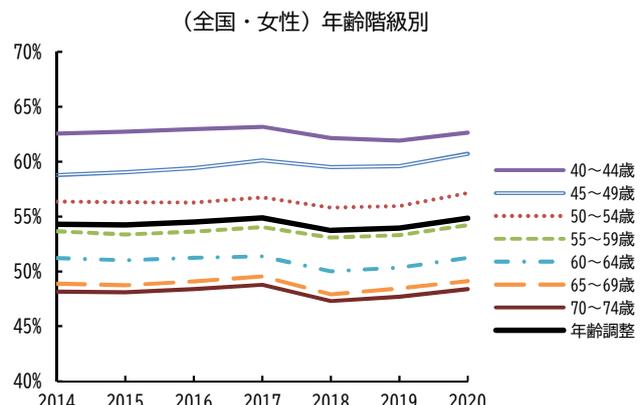
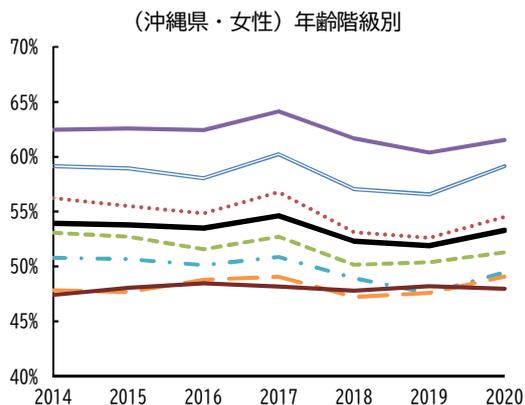
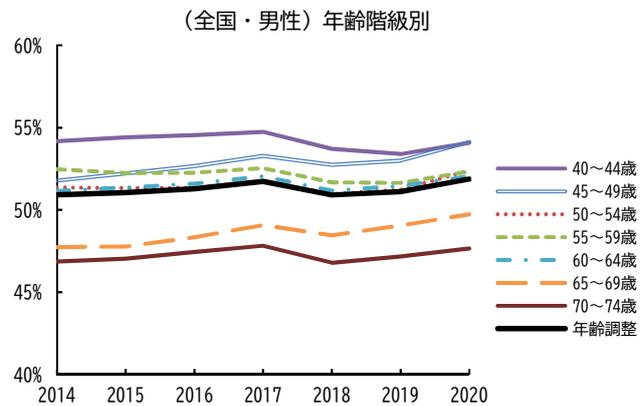
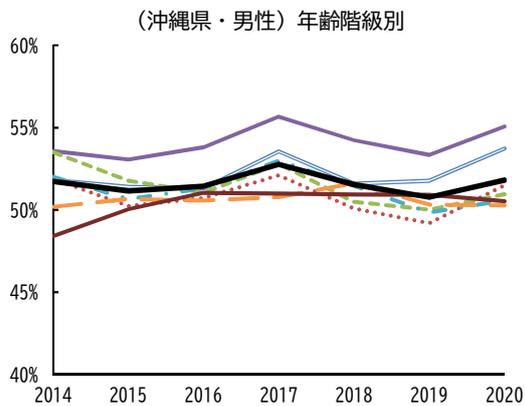
質問項目 10：1回30分以上の軽く汗をかく運動を週2日以上、1年以上実施していない者の割合の経年推移



質問項目 11：日常生活において歩行又は同等の身体活動を1日1時間以上実施していない者の割合の経年推移

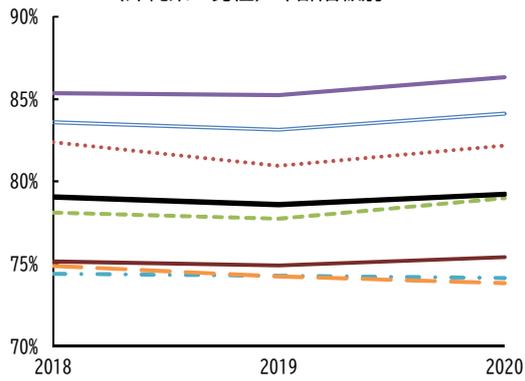


質問項目 12：ほぼ同じ年齢の同性と比較して歩く速度が遅い者の割合の経年推移

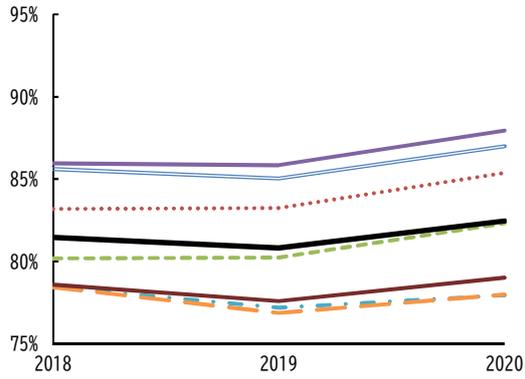


質問項目 13：食事をかんで食べる時の状態①

(沖縄県・男性) 年齢階級別

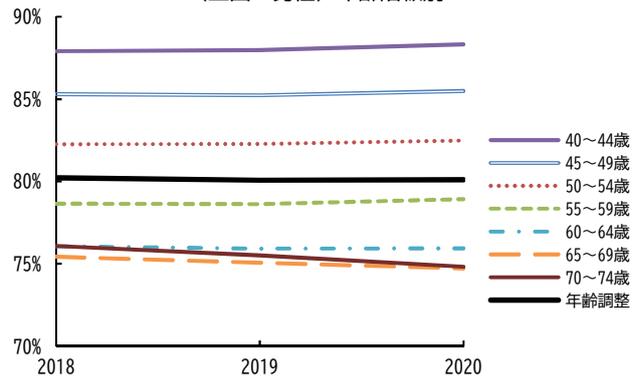


(沖縄県・女性) 年齢階級別

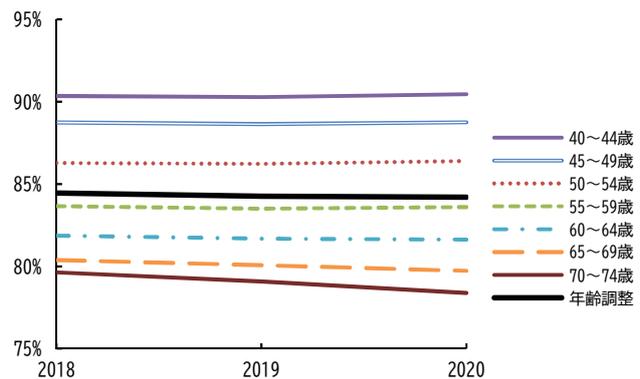


なんでもかめる者の割合の経年推移

(全国・男性) 年齢階級別

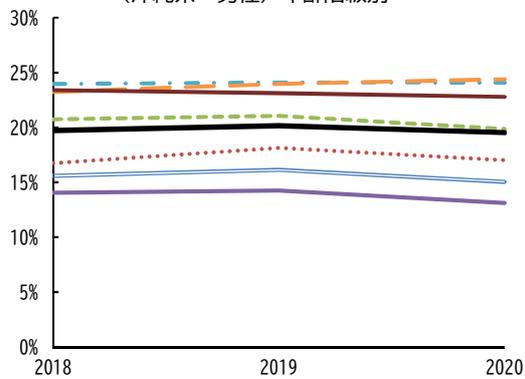


(全国・女性) 年齢階級別

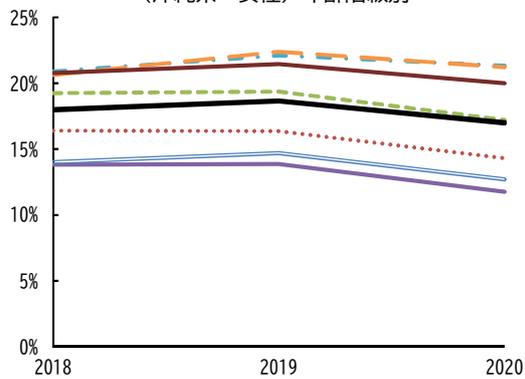


質問項目 13：食事をかんで食べる時の状態②

(沖縄県・男性) 年齢階級別

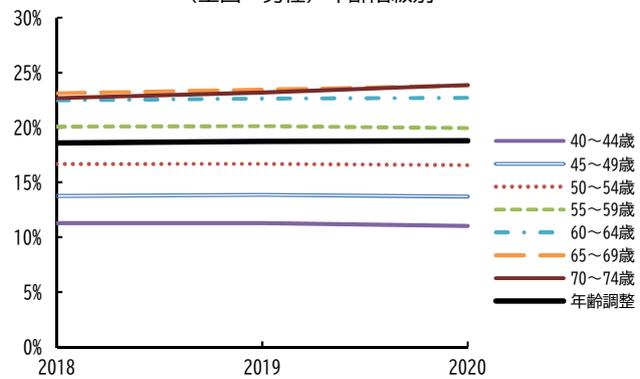


(沖縄県・女性) 年齢階級別

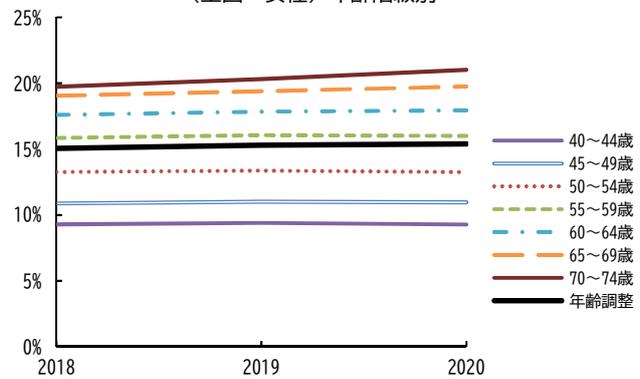


かみにくいことがある者の割合の経年推移

(全国・男性) 年齢階級別

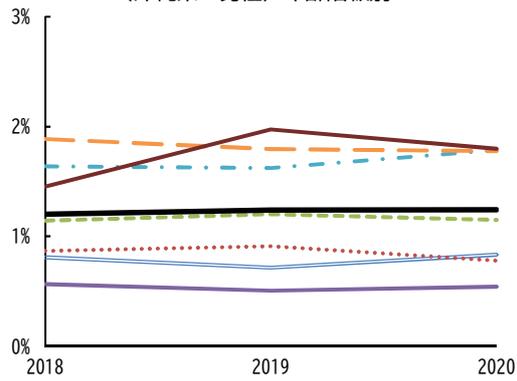


(全国・女性) 年齢階級別

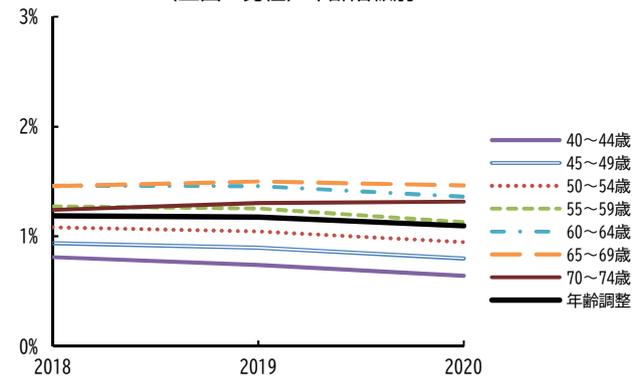


質問項目 13：食事をかんで食べる時の状態③ ほとんどかめない者の割合の経年推移

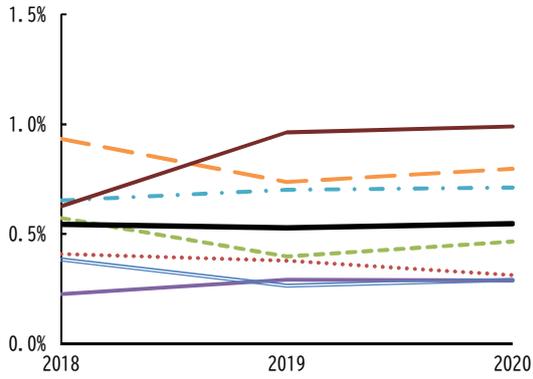
(沖縄県・男性) 年齢階級別



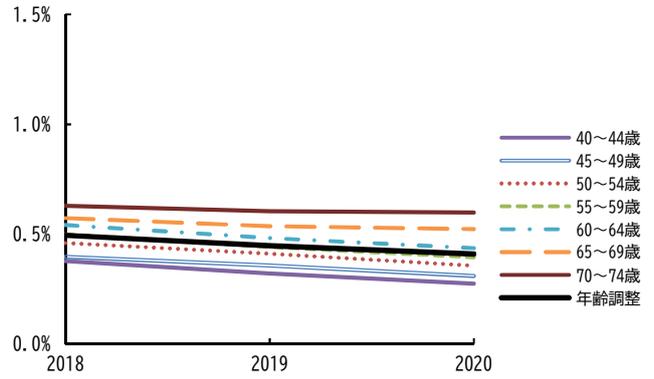
(全国・男性) 年齢階級別



(沖縄県・女性) 年齢階級別

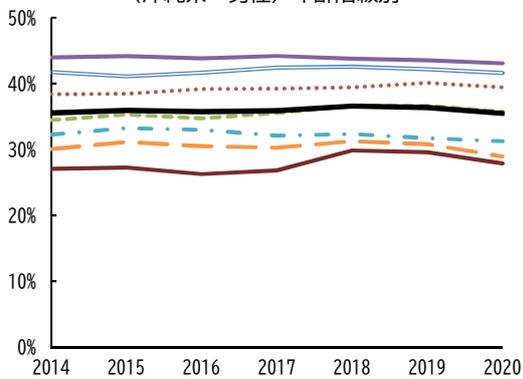


(全国・女性) 年齢階級別

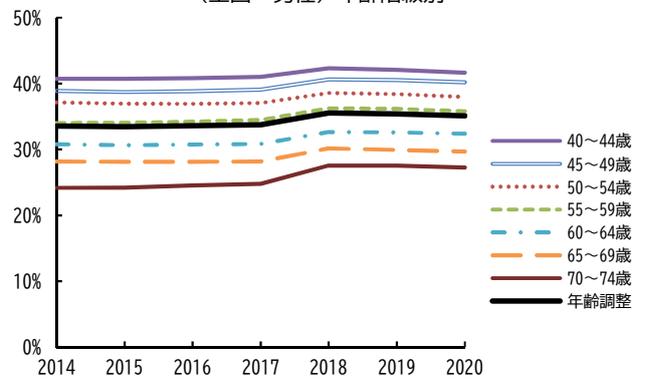


質問項目 14：人と比較して食べる速度が速い者の割合の経年推移

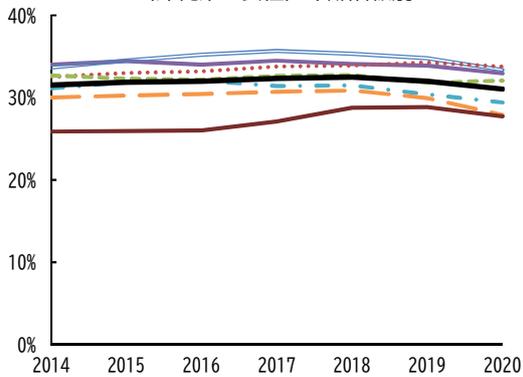
(沖縄県・男性) 年齢階級別



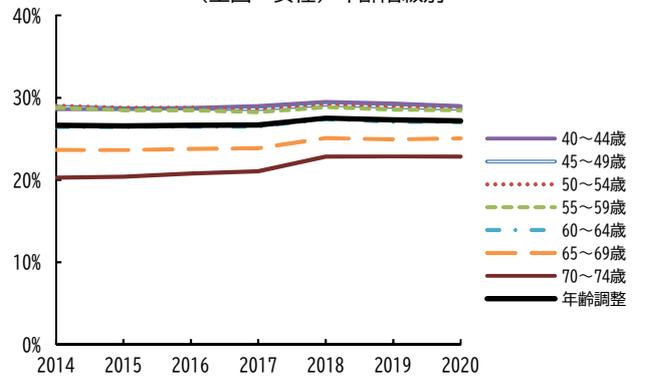
(全国・男性) 年齢階級別



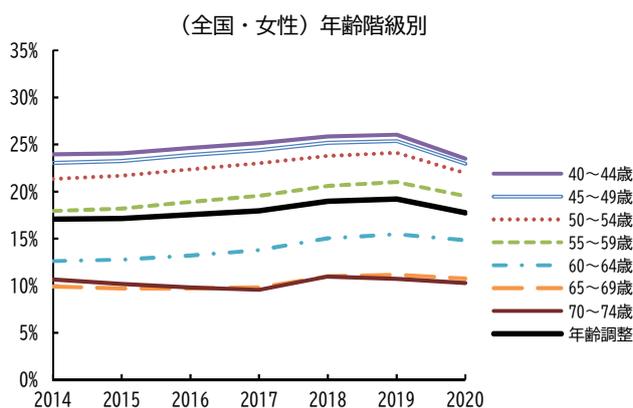
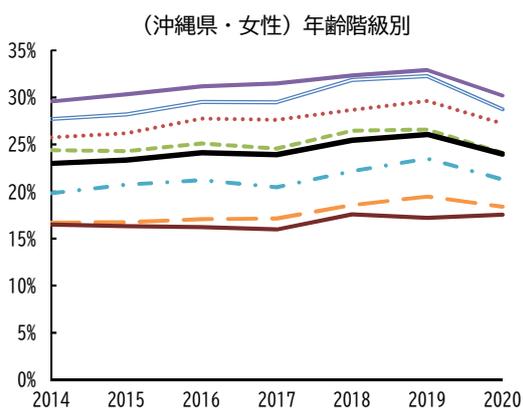
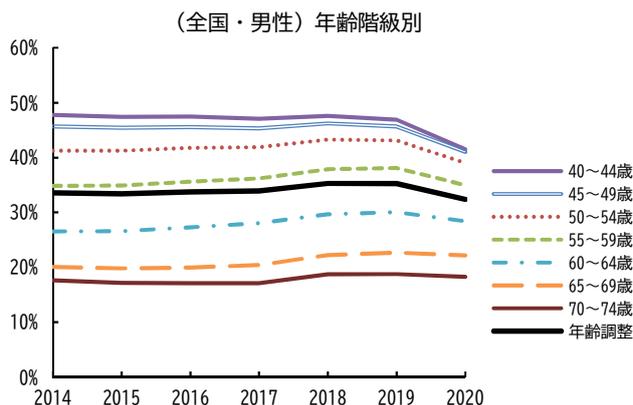
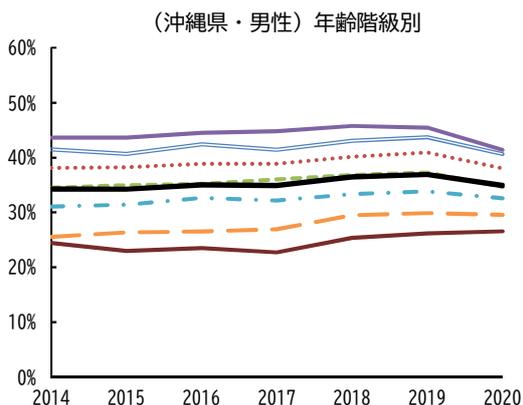
(沖縄県・女性) 年齢階級別



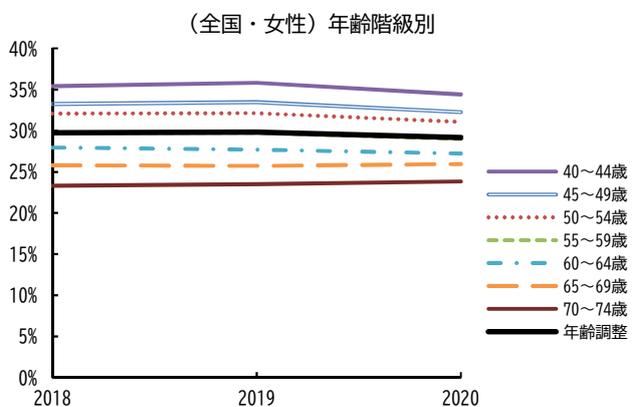
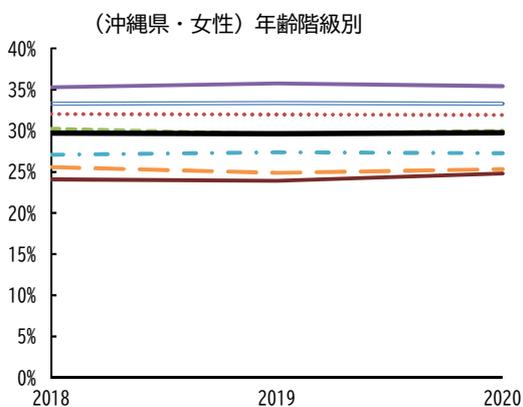
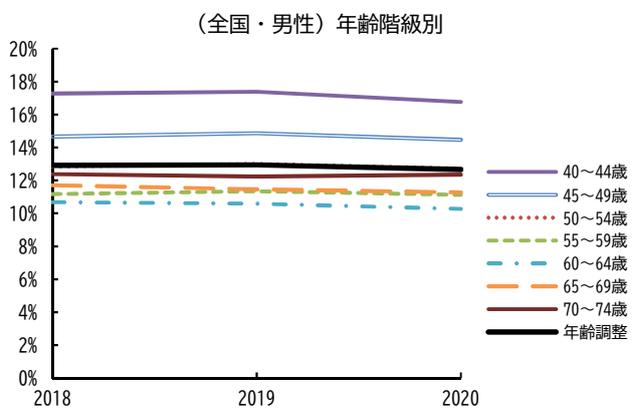
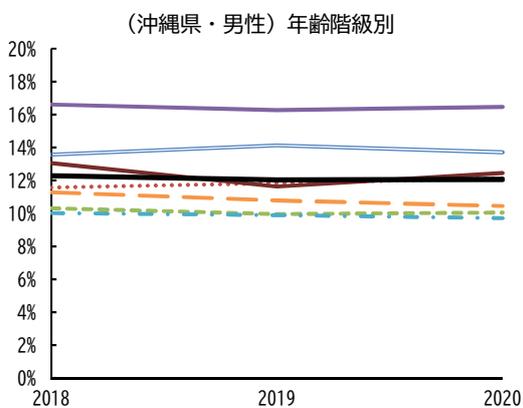
(全国・女性) 年齢階級別



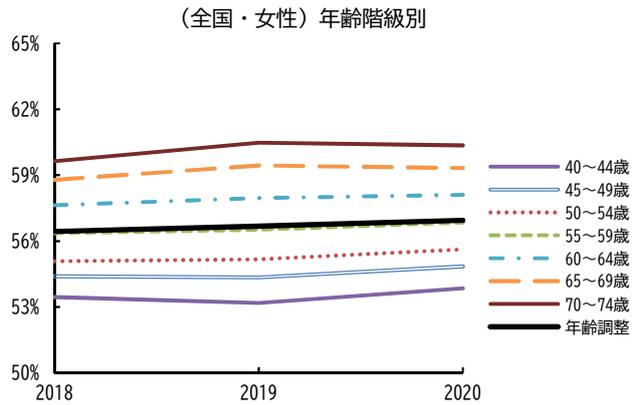
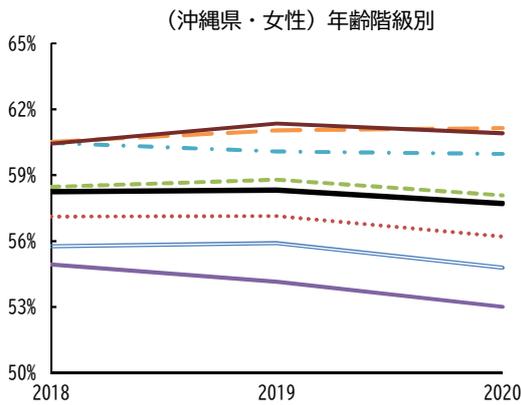
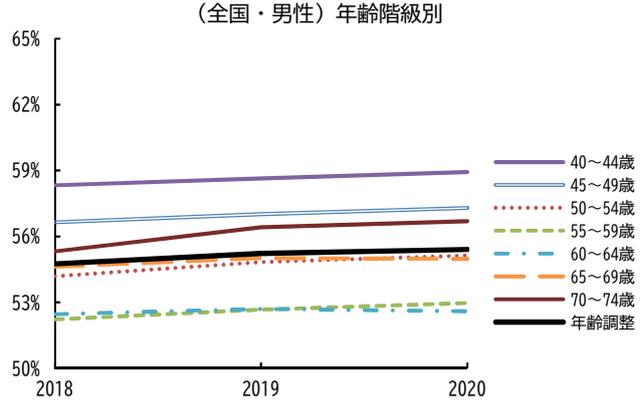
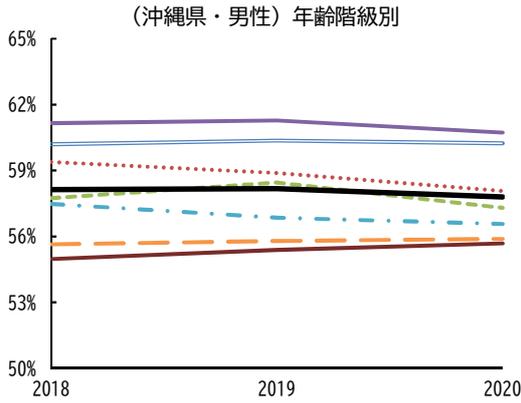
質問項目 15：就寝前の2時間以内に夕食をとることが週に3回以上ある者の割合の経年推移



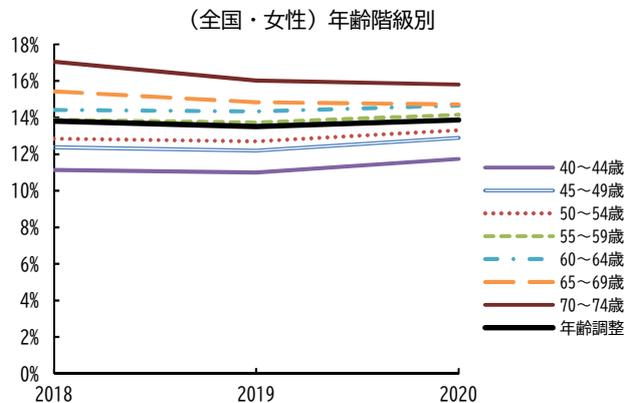
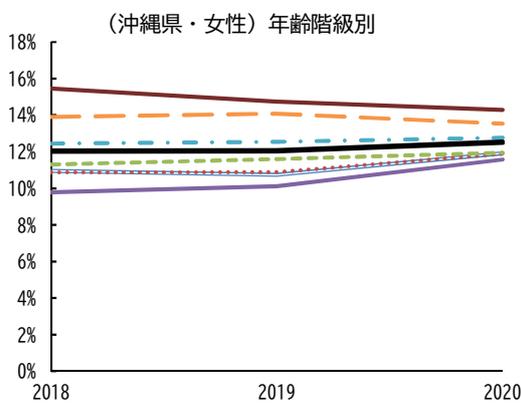
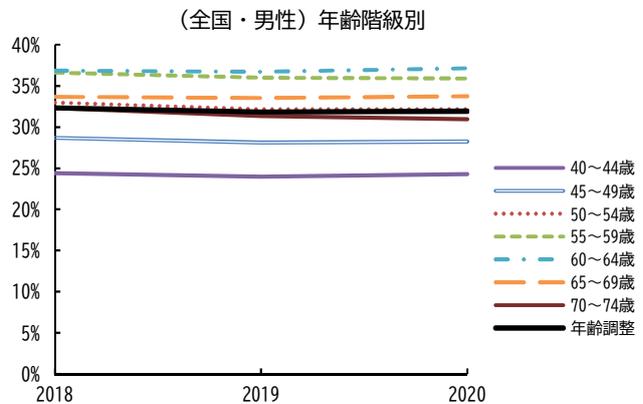
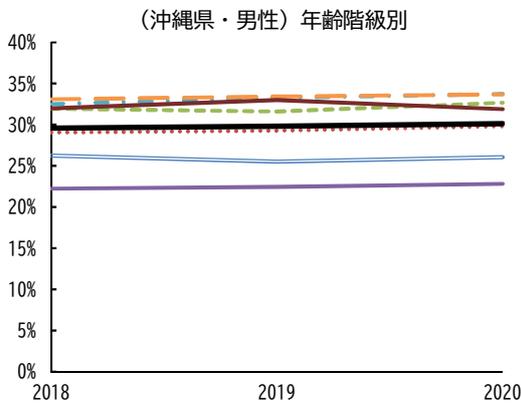
質問項目 16：朝昼夕の3食以外に間食や甘い飲み物を「毎日」摂取している者の割合の経年推移①



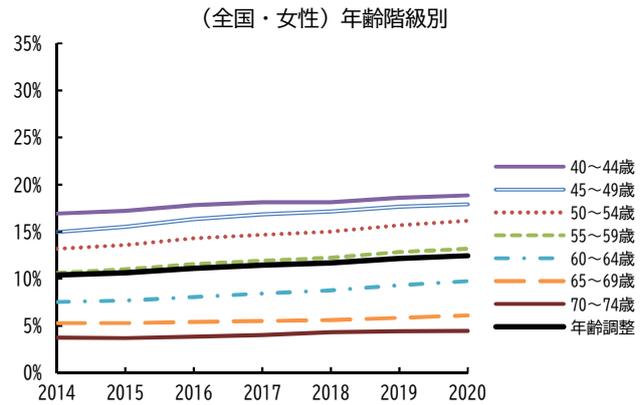
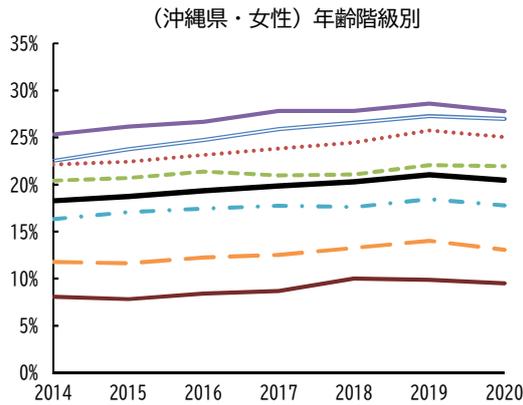
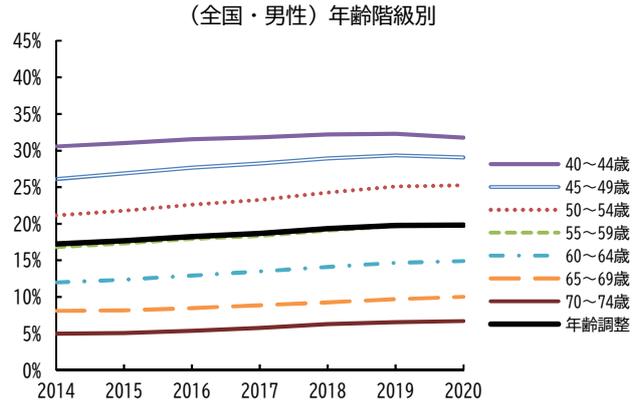
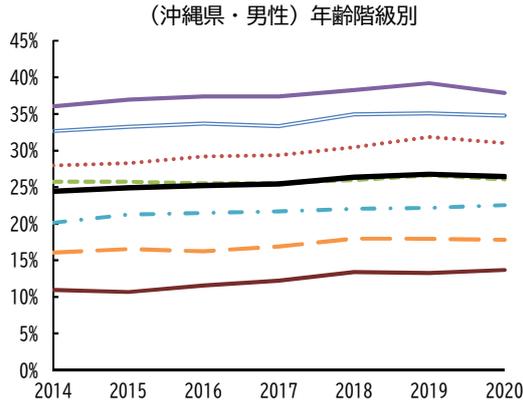
質問項目 16：朝昼夕の3食以外に間食や甘い飲み物を「時々」摂取している者の割合の経年推移②



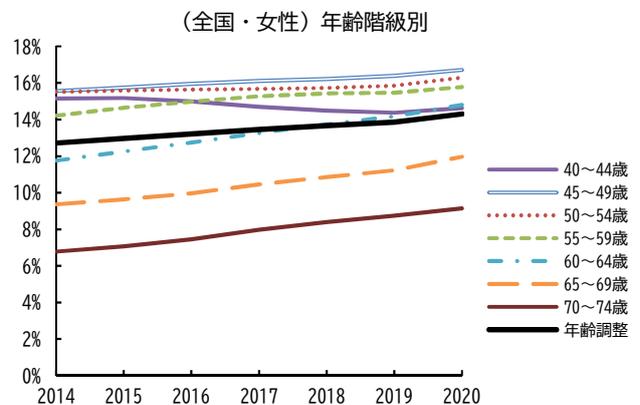
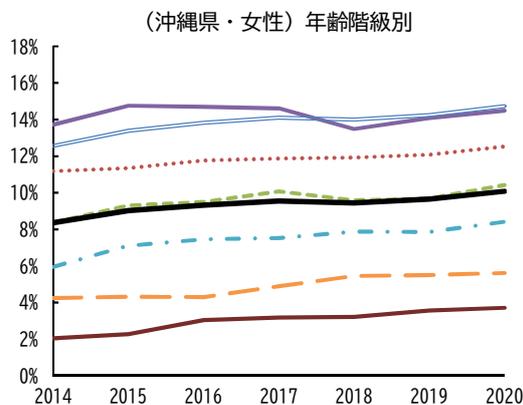
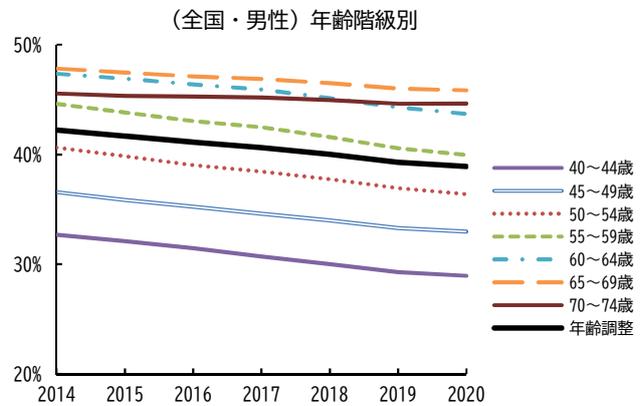
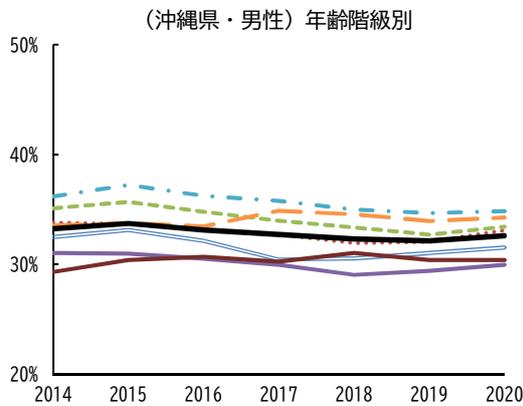
質問項目 16：朝昼夕の3食以外に間食や甘い飲み物をほとんど摂取しない者の割合の経年推移③



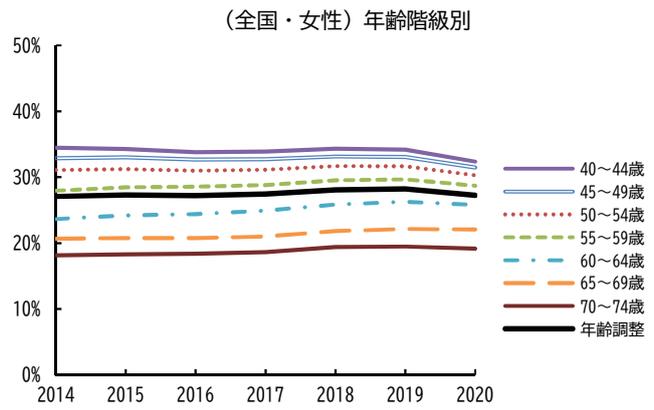
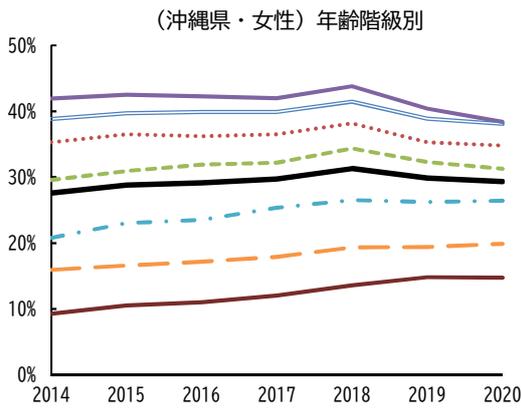
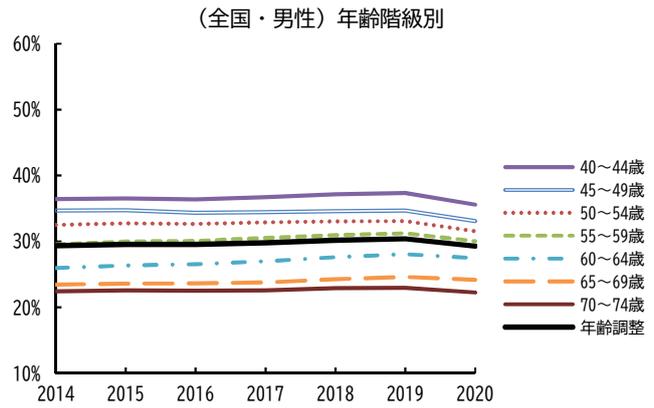
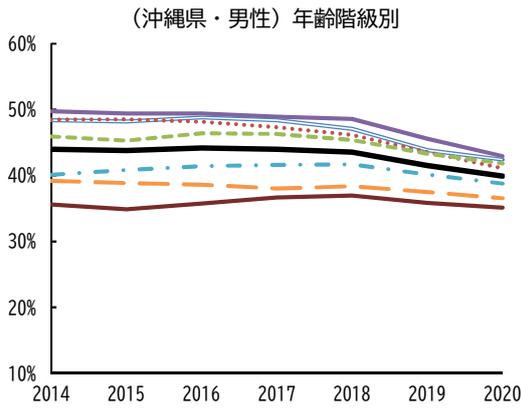
質問項目 17：朝食を抜くことが週に3回以上ある者の割合の経年推移



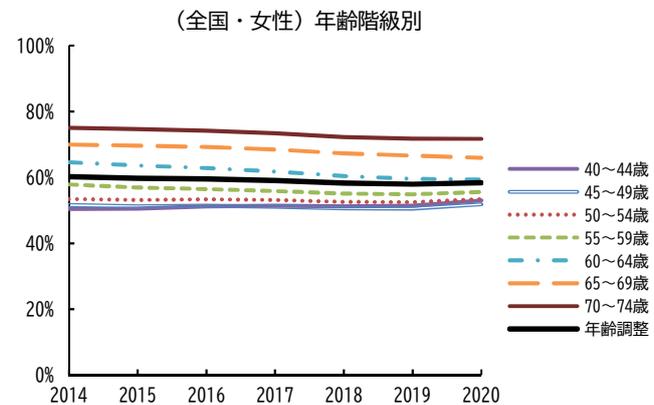
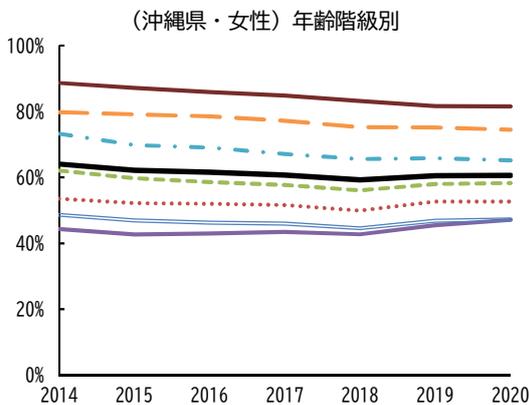
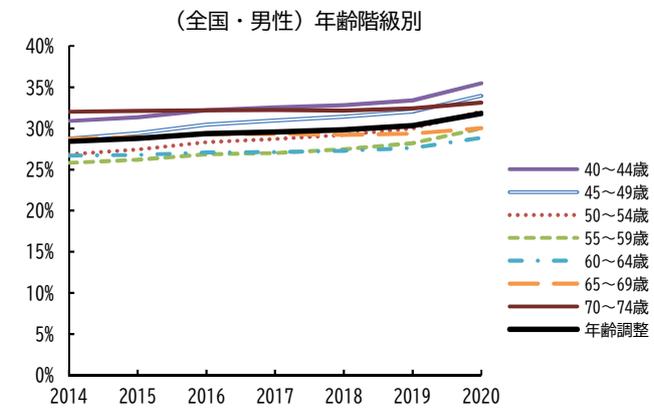
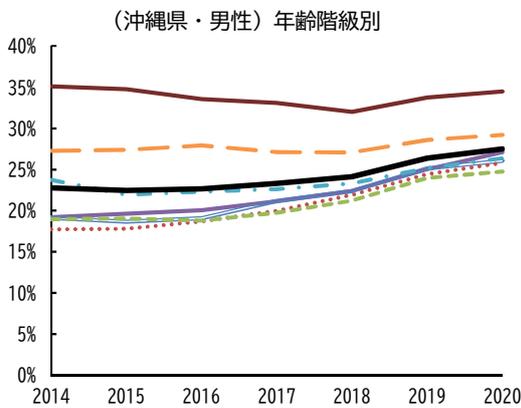
質問項目 18：お酒（日本酒、焼酎、ビール、洋酒など）を飲む頻度① 毎日の割合の経年推移



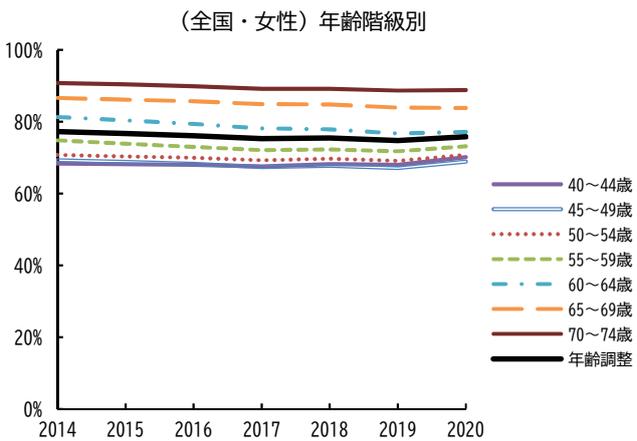
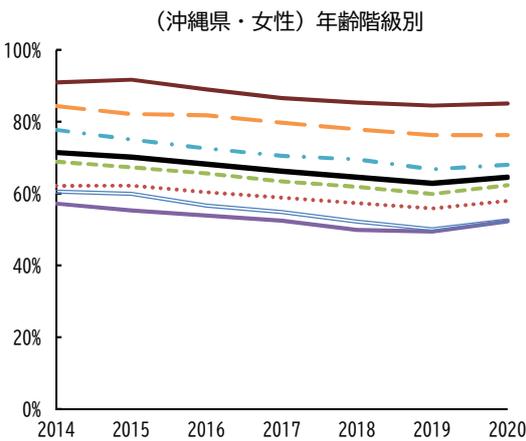
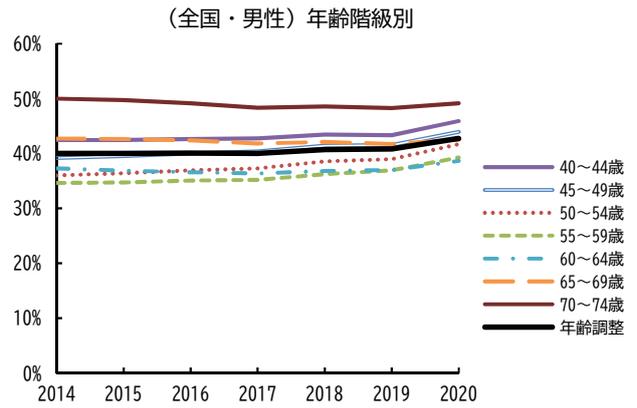
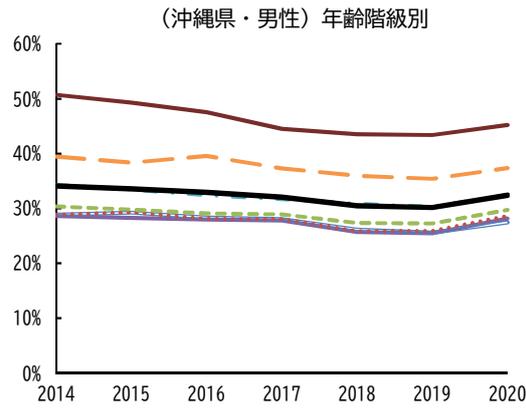
質問項目 18：お酒（日本酒、焼酎、ビール、洋酒など）を飲む頻度② 時々割合の経年推移



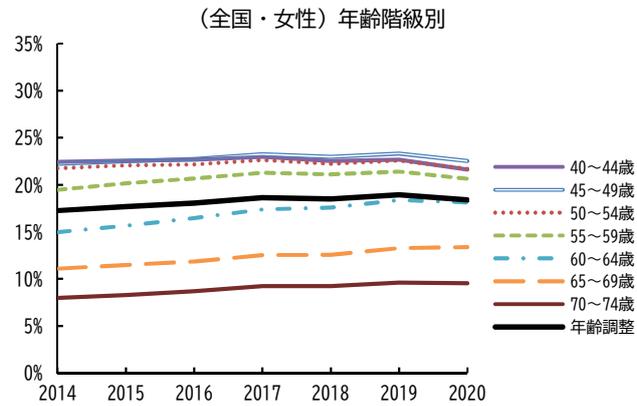
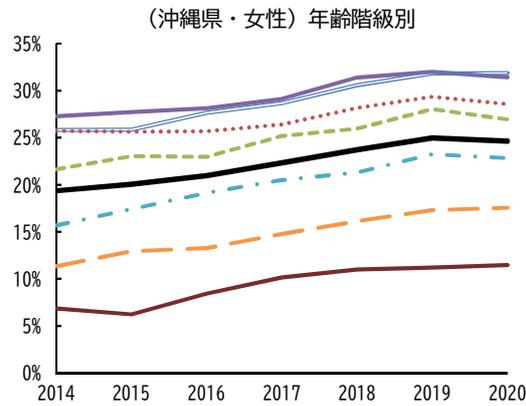
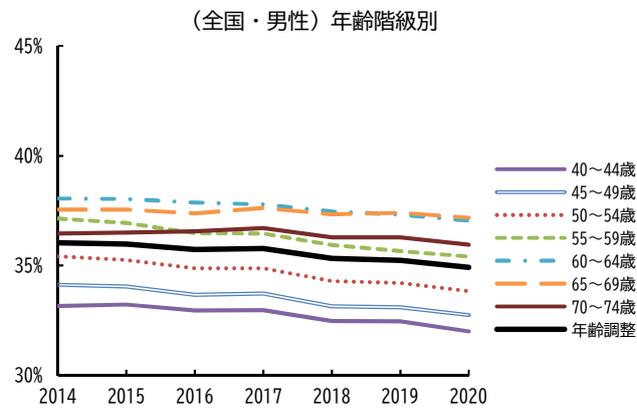
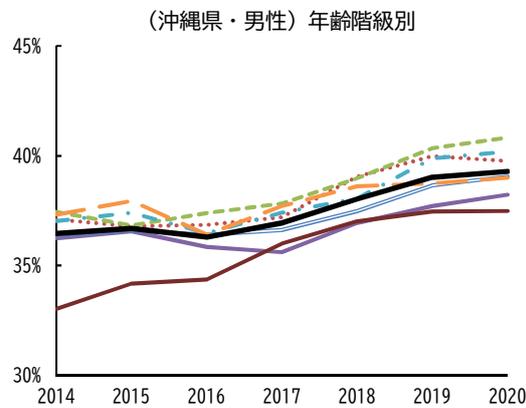
質問項目 18：お酒（日本酒、焼酎、ビール、洋酒など）を飲む頻度③ ほとんど飲まない割合の経年推移



質問項目 19：飲酒日の1日当たりの飲酒量① 1合未満

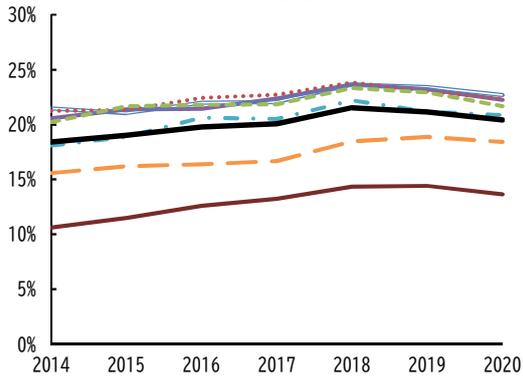


質問項目 19：飲酒日の1日当たりの飲酒量② 1~2合未満

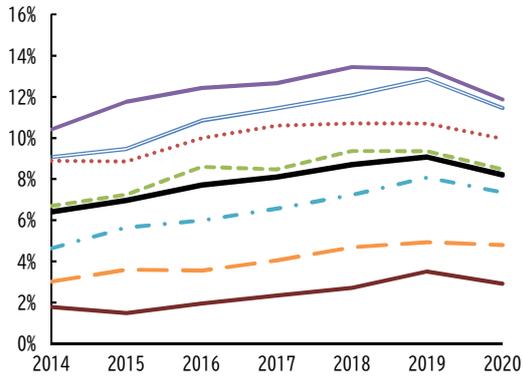


質問項目 19：飲酒日の1日当たりの飲酒量③

(沖縄県・男性) 年齢階級別

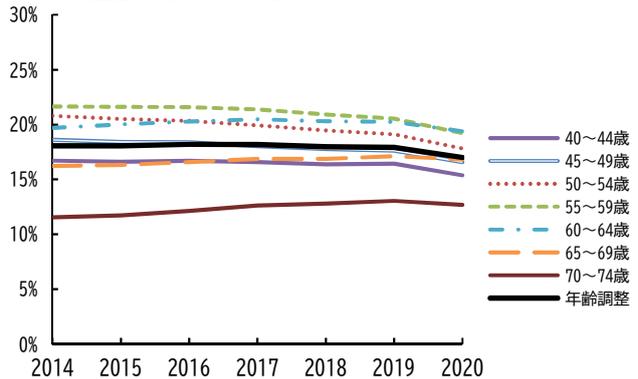


(沖縄県・女性) 年齢階級別

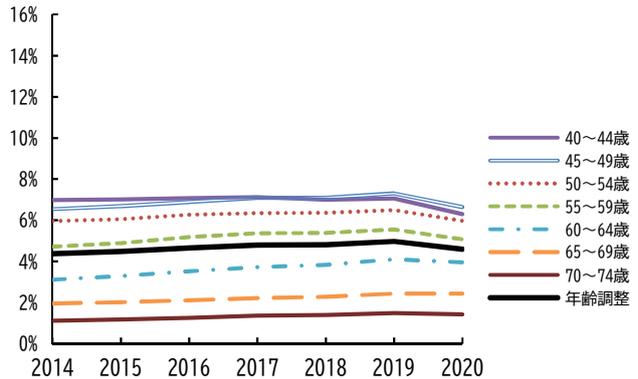


2~3 合未満

(全国・男性) 年齢階級別

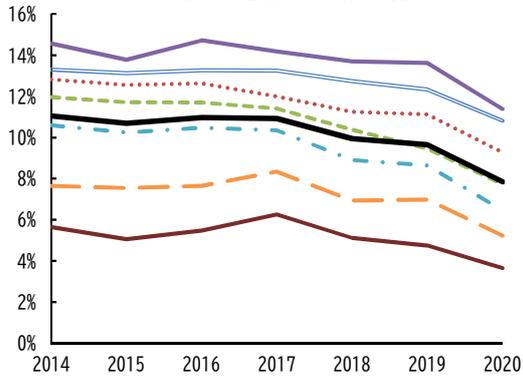


(全国・女性) 年齢階級別

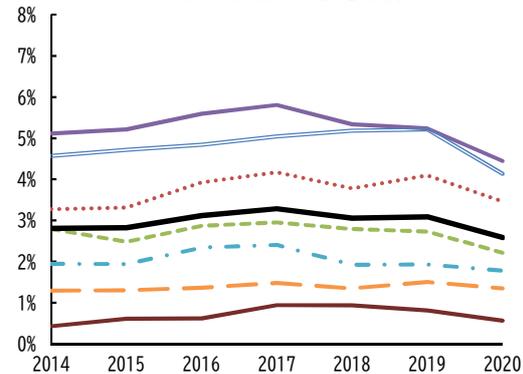


質問項目 19：飲酒日の1日当たりの飲酒量④

(沖縄県・男性) 年齢階級別

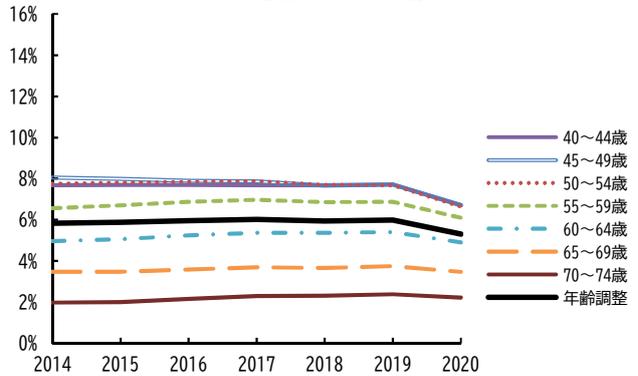


(沖縄県・女性) 年齢階級別

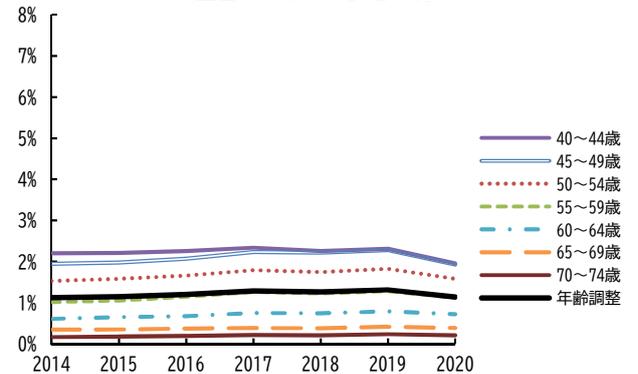


3 合以上

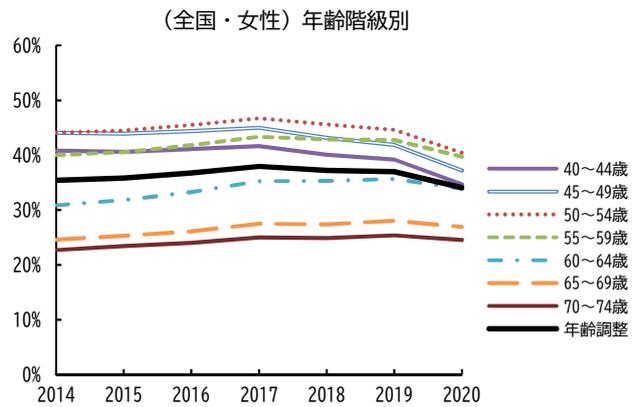
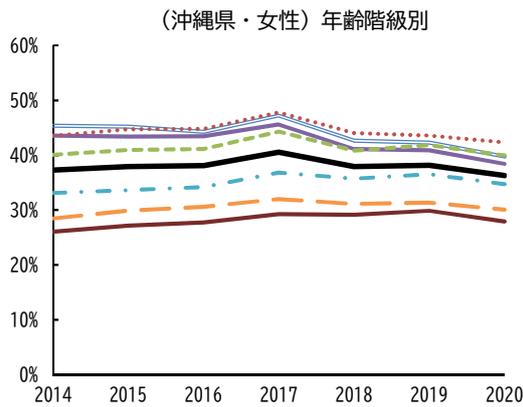
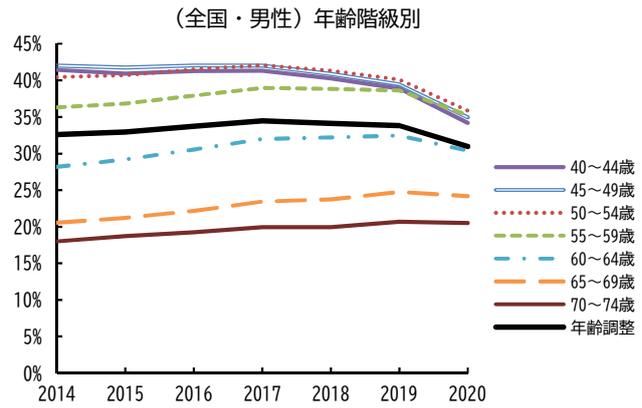
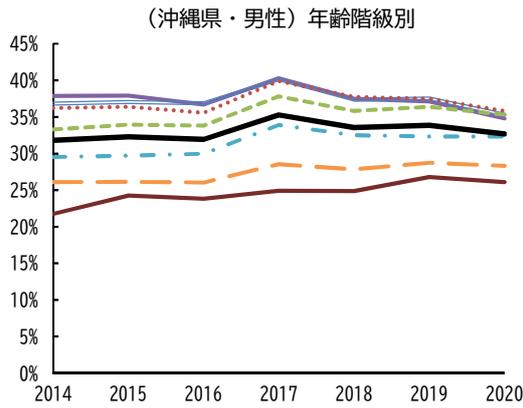
(全国・男性) 年齢階級別



(全国・女性) 年齢階級別

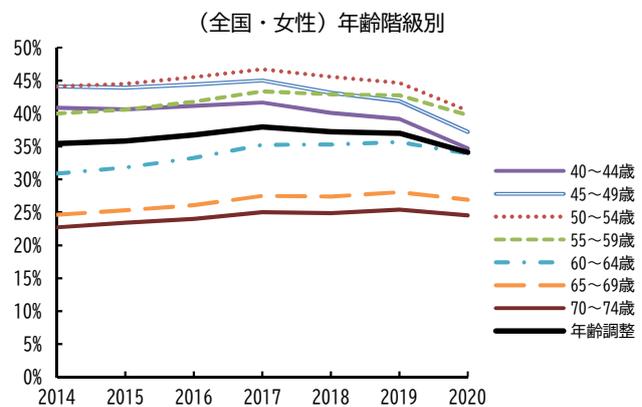
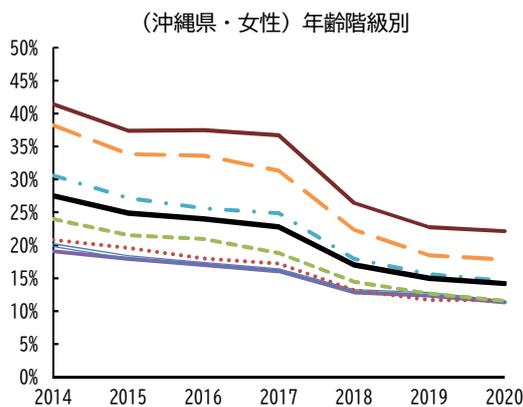
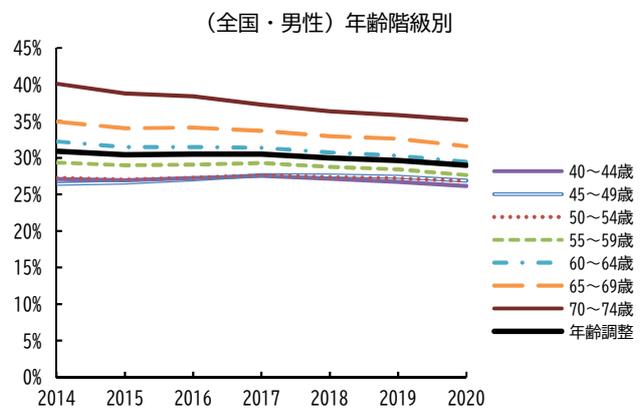
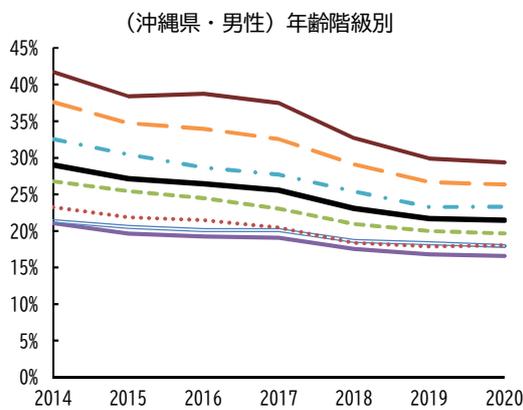


質問項目 20：睡眠で休養が十分とれていない者の割合の経年推移



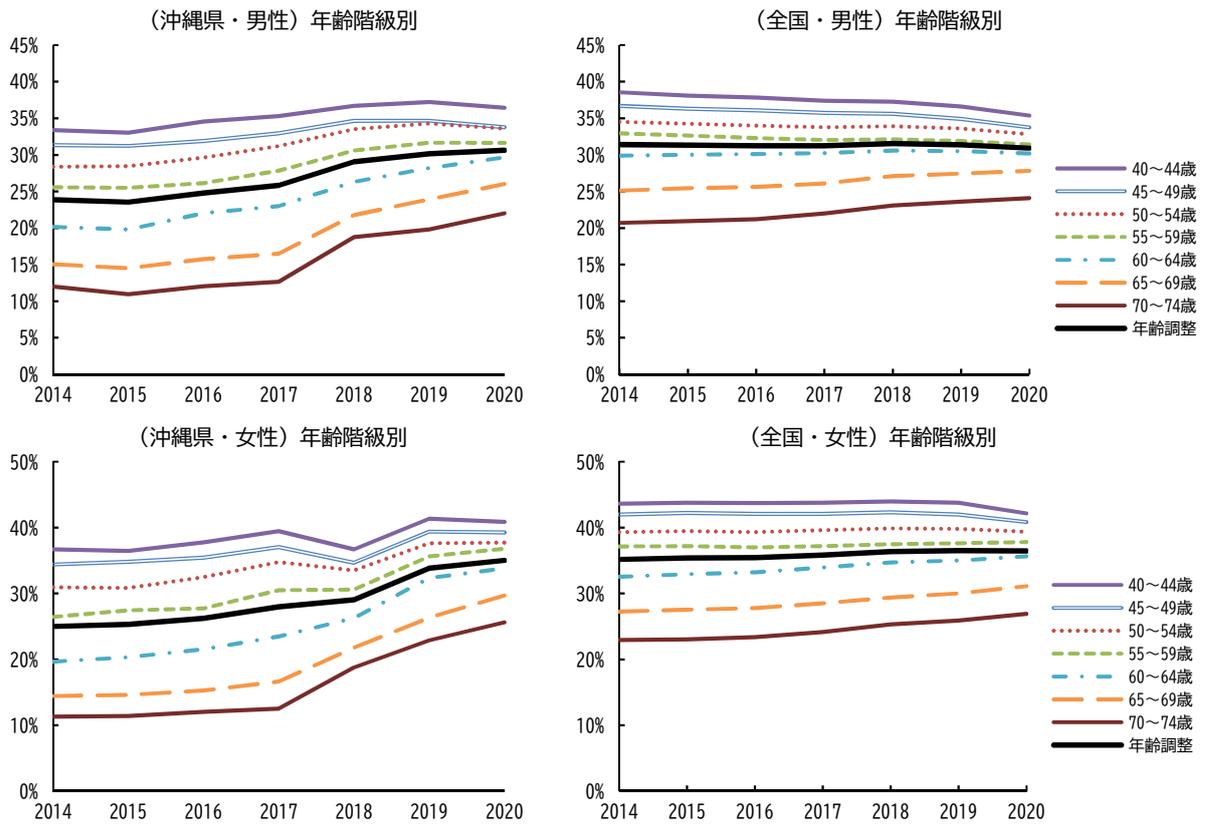
質問項目 21：運動や食生活等の生活習慣を改善してみようと思いますか①

改善するつもりはない者の割合の経年推移



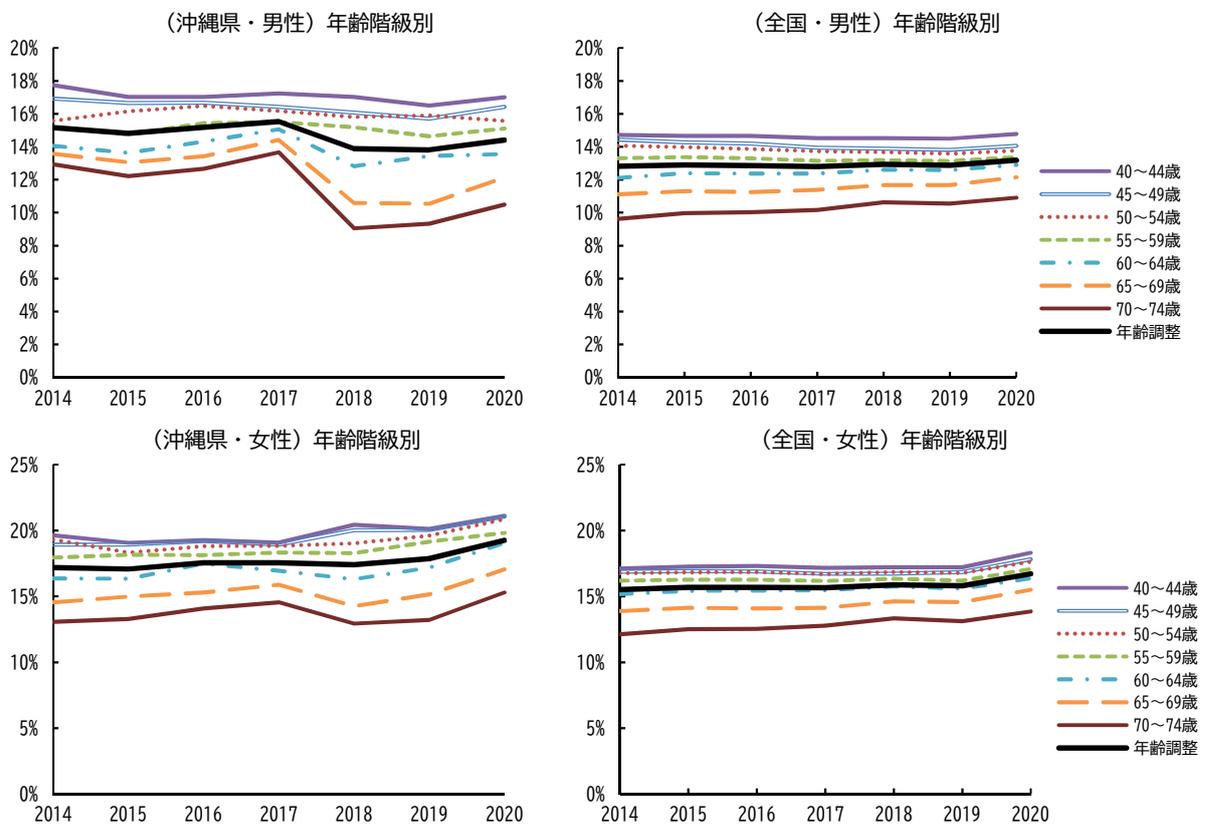
質問項目 21：運動や食生活等の生活習慣を改善してみようと思いますか②

改善するつもりである者の割合の経年推移



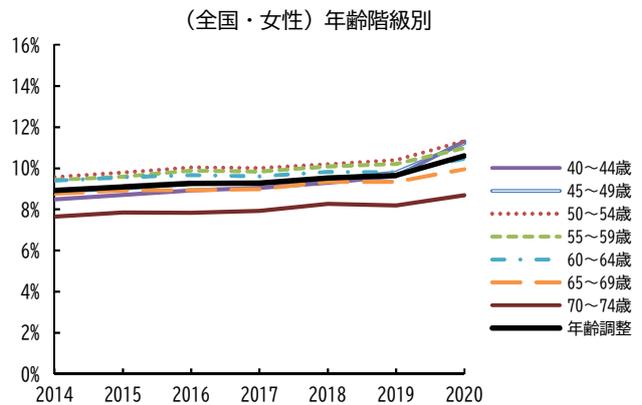
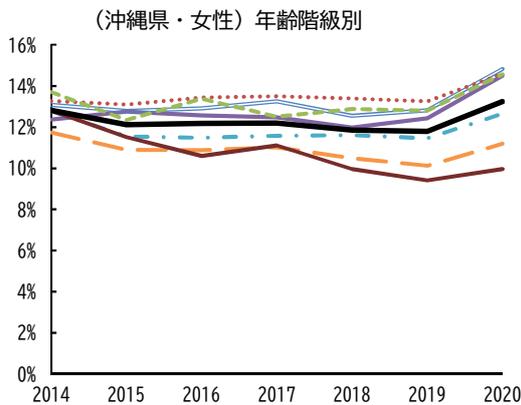
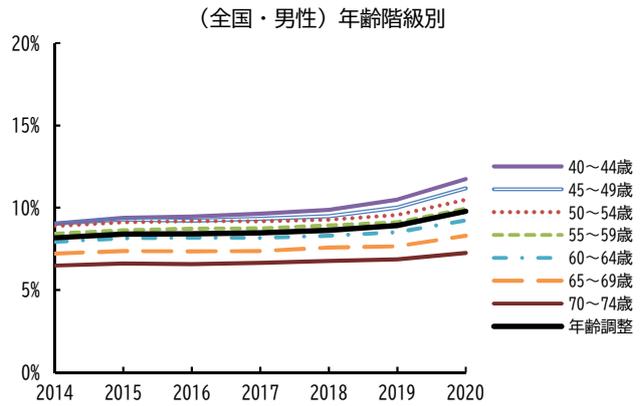
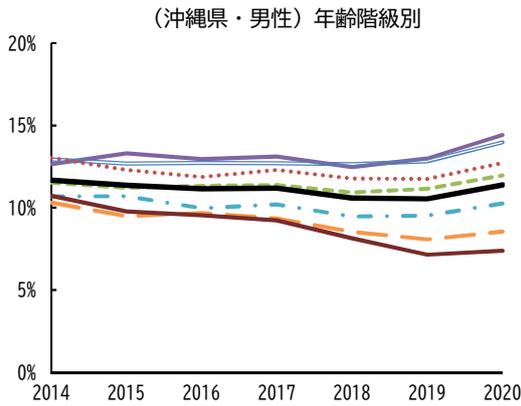
質問項目 21：運動や食生活等の生活習慣を改善してみようと思いますか③

近いうちに改善するつもりである者の割合の経年推移



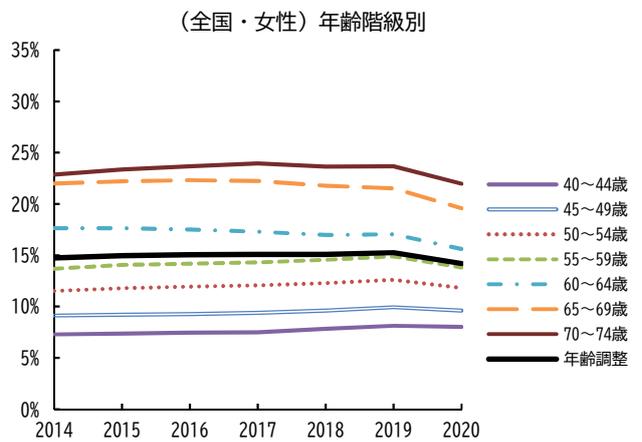
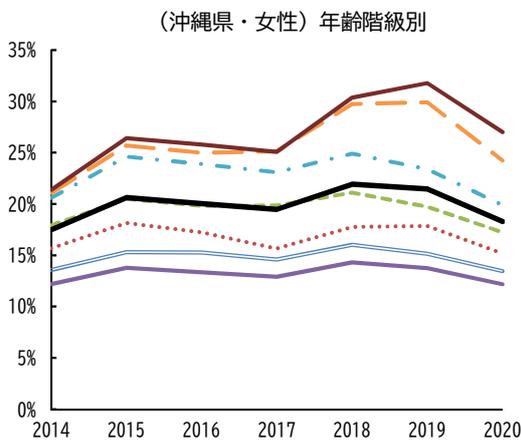
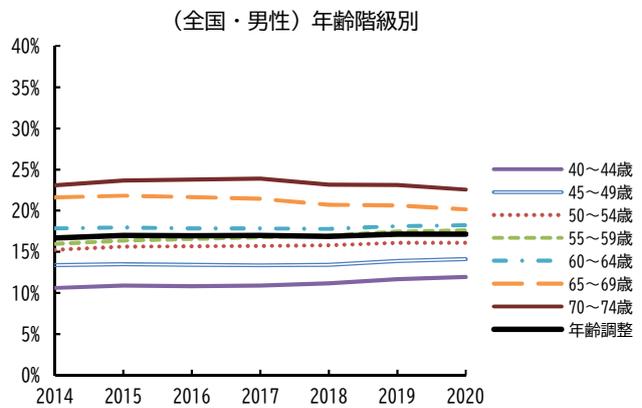
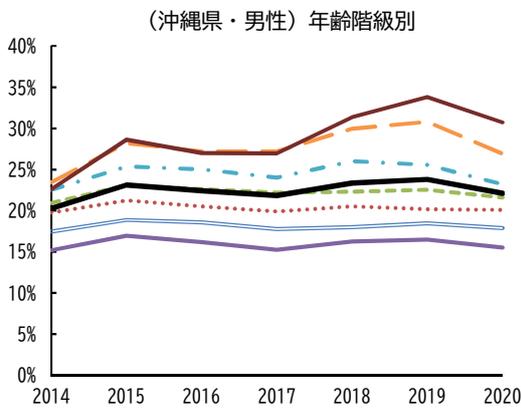
質問項目 21：運動や食生活等の生活習慣を改善してみようと思いますか④

既に改善に取り組んでいる(6ヶ月以内)者の割合の経年推移

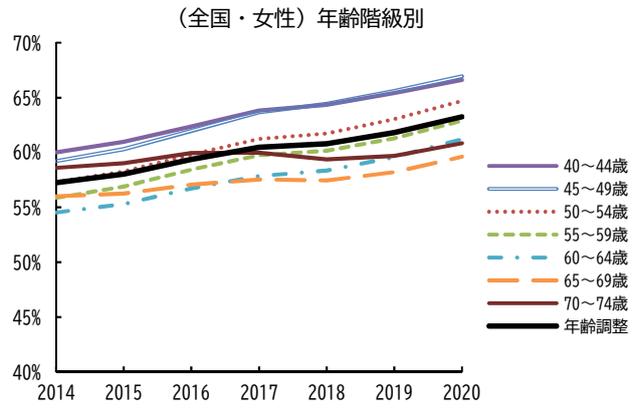
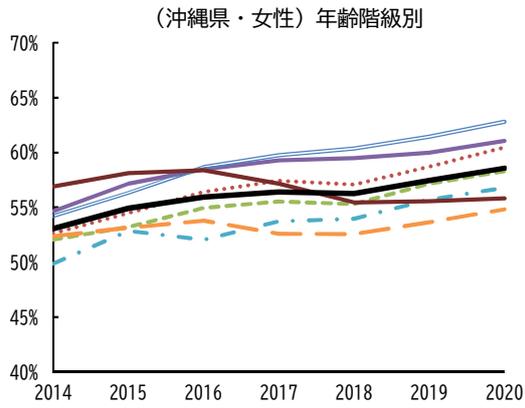
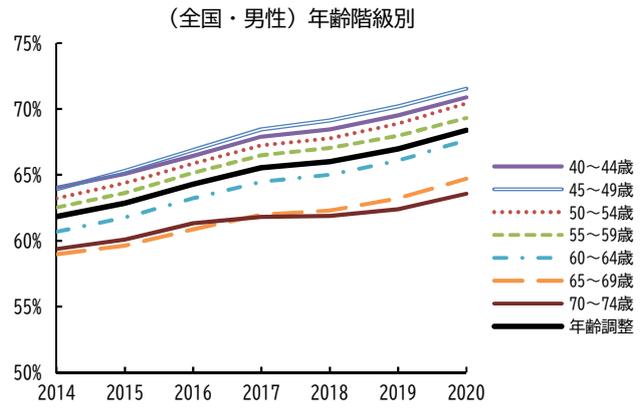
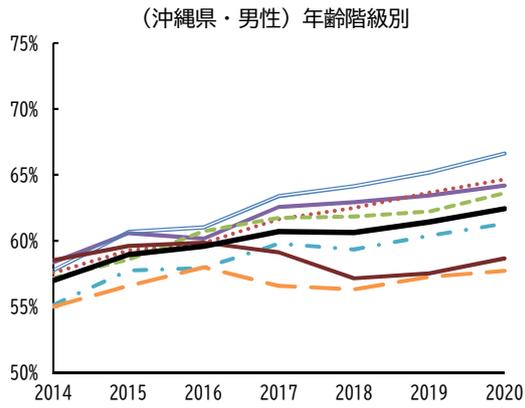


質問項目 21：運動や食生活等の生活習慣を改善してみようと思いますか⑤

既に改善に取り組んでいる(6ヶ月以上)者の割合の経年推移



質問項目 22：生活習慣の改善について保健指導を利用しない者の割合の経年推移

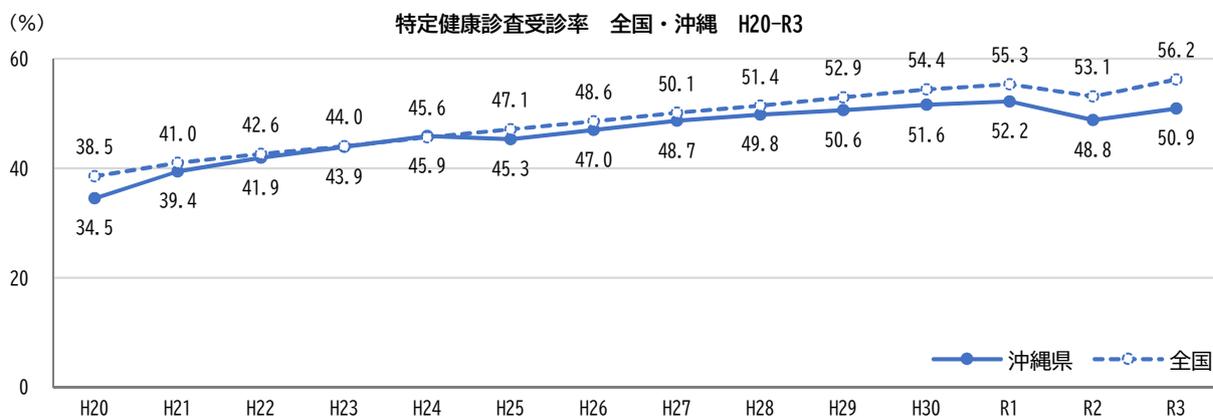


7 参考

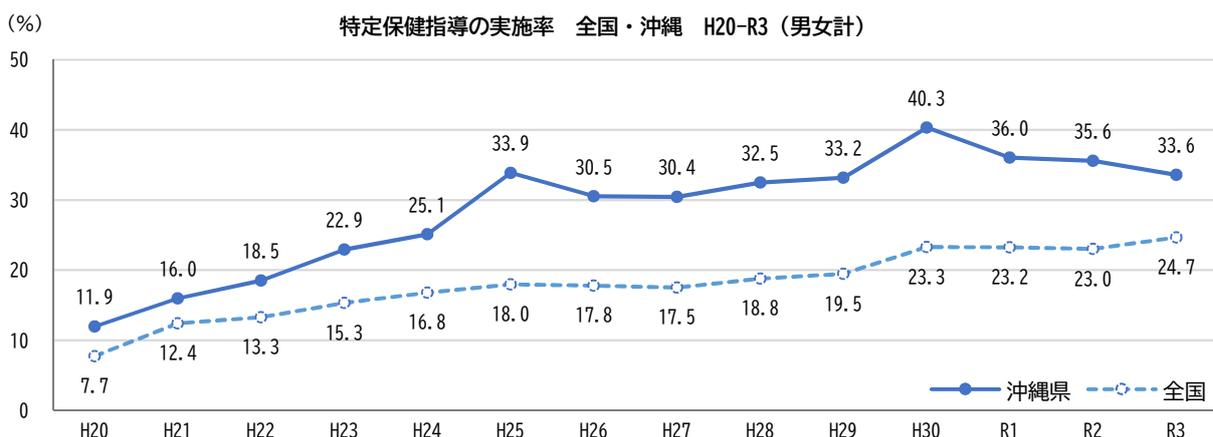
特定健康診査・特定保健指導に関するデータ(厚生労働省)を特定検診の受診率、メタボリックシンドロームについて年次推移、年代別に集計し参考資料として掲載した。

(https://www.mhlw.go.jp/stf/newpage_03092.html)

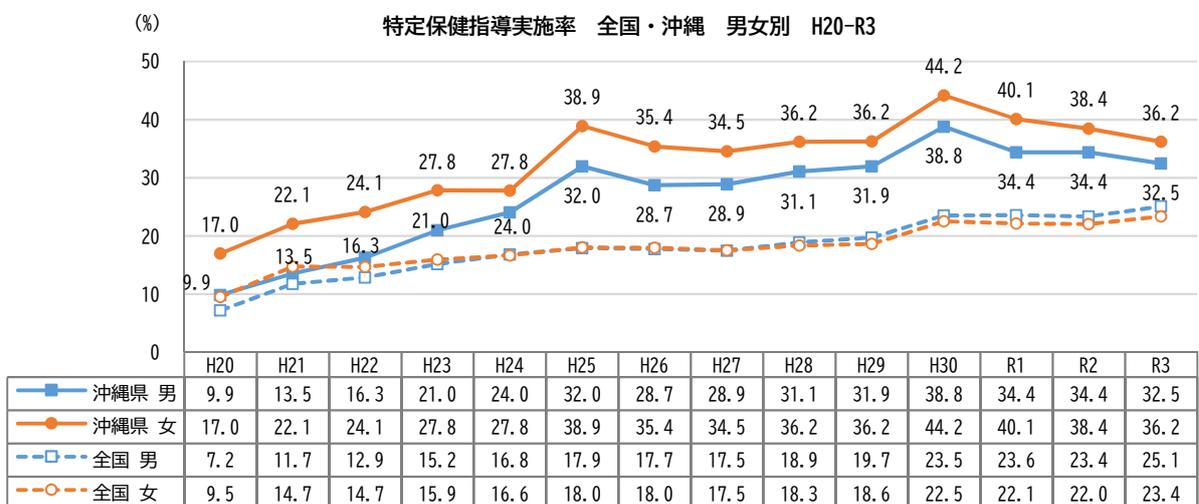
(1) 特定健康診査受診率・特定保健指導実施率の推移



*全国を受診率は、全都道府県を合計した特定健康診査受診者÷健康診査対象者で算定。

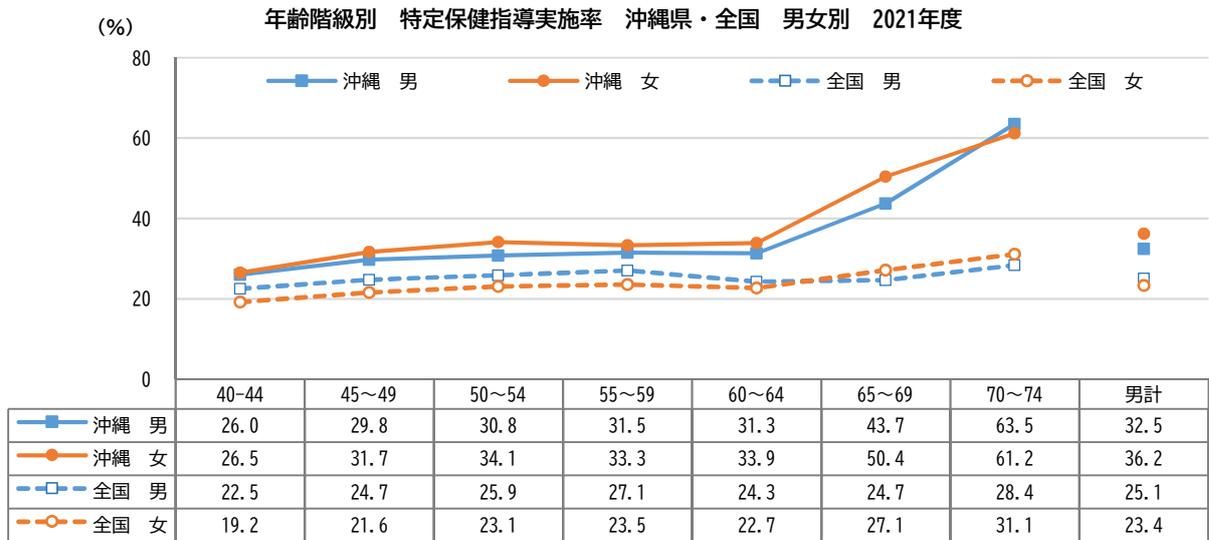


*全国の特保健指導実施率は、全都道府県を合計した特定保健指導の修了者÷特定保健指導の対象者で算定。

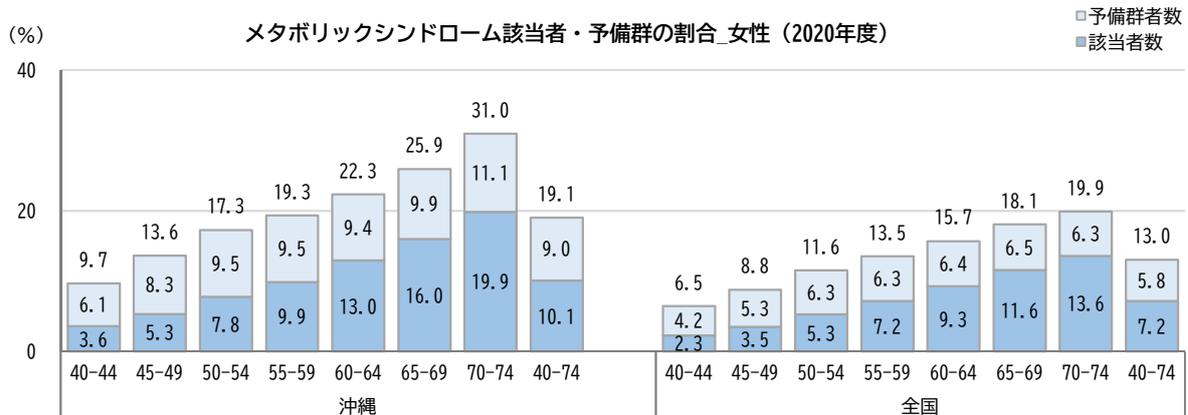
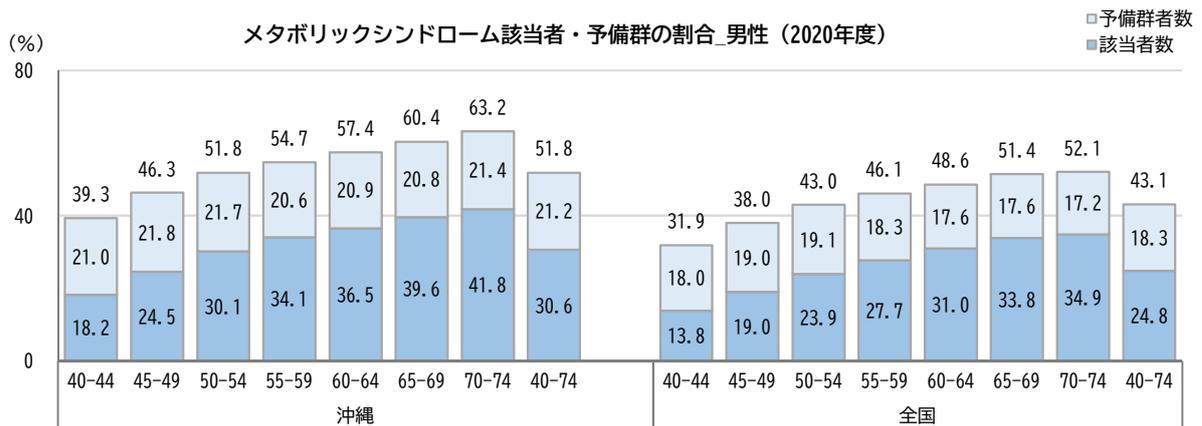


*受診率は、特定保健指導終了者数÷特定保健指導対象者数で算定。

(2) 年齢階級別の状況

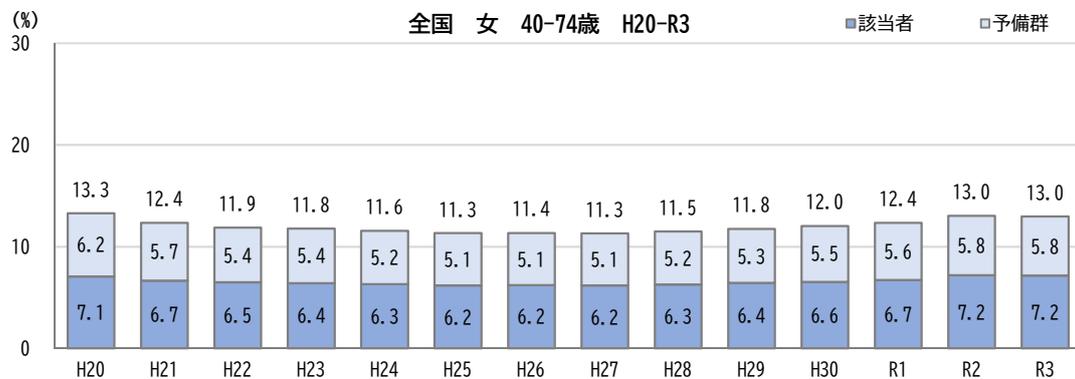
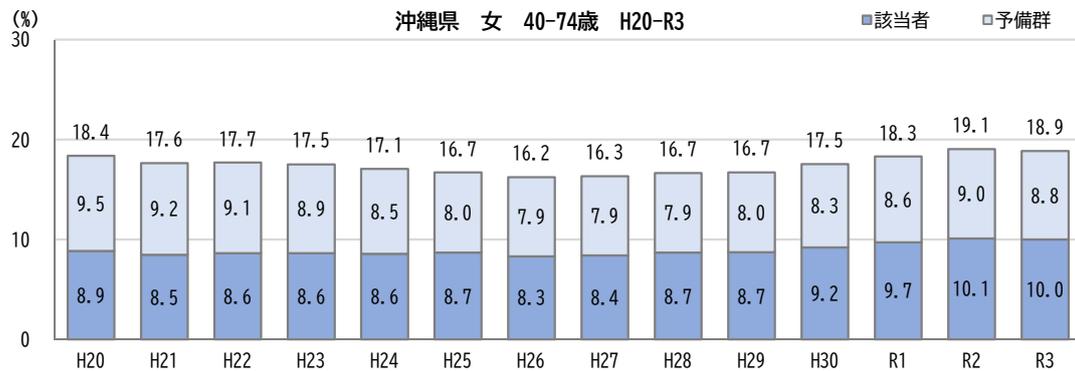
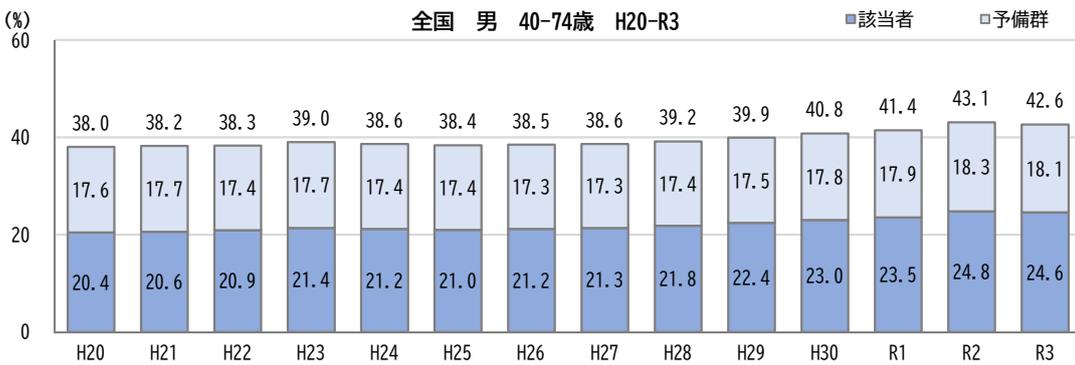
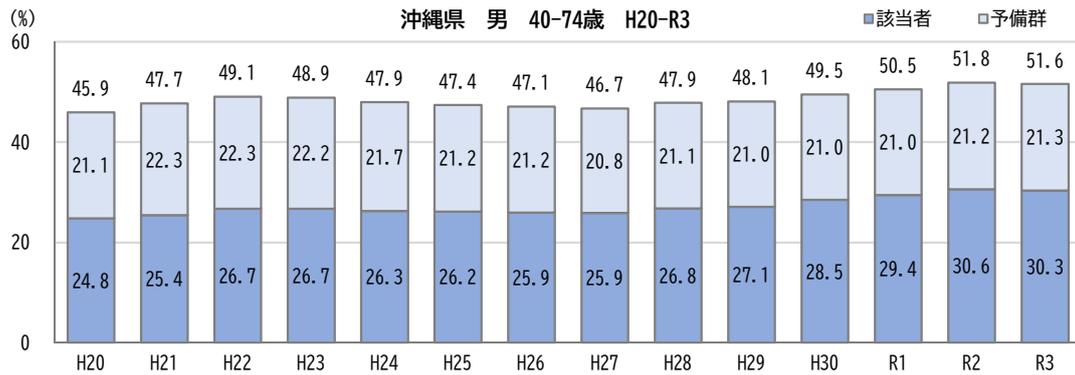


*受診率は、特定保健指導終了者数÷特定保健指導対象者数で算定。



※ メタボリックシンドローム該当者の割合は、該当者数÷特定健康診査受診者数で計算。
 メタボリックシンドローム予備群の割合は、予備群者数÷特定健康診査受診者数で計算。
 メタボリックシンドローム該当者+予備群は、(該当者+予備群)÷特定健康診査受診者数で計算。

(3) メタボリックシンドローム該当者・予備群の割合の年次推移



※ メタボリックシンドローム該当者の割合は、該当者数÷特定健康診査受診者数で計算。
 メタボリックシンドローム予備群の割合は、予備群者数÷特定健康診査受診者数で計算。
 メタボリックシンドローム該当者+予備群は、(該当者+予備群) ÷ 特定健康診査受診者数で計算。